

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PLEASE PRACTICE Facemask Required SOCIAL DISTANCING The Arbors RESTORED LEARNING COMMUNITIES THIS CALENDAR OF ACTIVITIES IS LIMITED DUE TO THE STRICT GUIDELINES OF THE DEPARTMENT OF HEALTH FOR CORONA VIRUS PREVENTION	2021 HAPPY NEW YEAR	STAFF KEY G=Gina, Director of Recreation K=Kelley S=Sheryl GB=Gabby P=Patti RS=Recreation staff I= INDEPENDENT V=Volunteer AC=Activity Channel ***=Call 381 for Appt. LOCATION KEY LV=LIVING ROOM L=LOUNGE AREA BI=BISTRO M=MEDIA ROOM LI=LIBRARY UP=UPPER PARLOR RR=RESIDENT'S ROOM 3F=3RD FLOOR CM=COMMUNITY CY=COURTYARD DR=DINING ROOM ES=EAST SIDE S=SALON O=OUTING	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Recreation Director Gina Scaffedi will be happy to answer any questions you may have regarding this calendar.	1 NEW YEARS DAY 9:00 MUSICAL MELODIES P SB 9:30 CHAIR ZUMBA P AC 10:00 WEEKDAY IN REVIEW S LV 10:45 FITNESS CLUB P CM 11:00 BIOGRAPHY ON PAUL REVERE S LV 11:30 NEW YEARS DAY TRIVIA S LV 1:00 TGIF CLASSICS: THE HONEYMOONERS P AC 1:30 BIG WIN BINGO*** S LV 1:30 AROMATHERAPY P BI 3:00 HAPPY HOUR S&P RR 4:15 SHABBAT SERVICE G BI 6:00 SPECIAL SHOWING: "NO RESERVATIONS" G AC	2 9:00 MUSIC IN THE MORNING K SB 9:30 STRETCH AND FLEX GB AC 10:00 SATURDAY MORNING POST GB LV 10:30 FINISH THE PHRASE GB BI 11:00 WHO WANTS TO BE A MILLIONAIRE GB SB SATURDAY SERIES: GREAT BRITISH BAKING SHOW" K AC 11:30 JANUARY BIRTHDAY QUIZ GB 1:30 CLAY CRAFTS WITH GABBY GB LV 1:30 SHORT STORY CLUB G BI 3:00 HOT CHOCOLATE SOCIAL ALL RR 4:15 USE YOUR NOODLE GB LV 6:00 SUNSET MOVIE G AC	
3 9:30 SUNRISE EXERCISE GB SB 10:00 SUNDAY MASS GB AC 10:00 TOP STORIES GB LV 10:30 CASH CAB QUESTIONS GB LV 11:00 KEEP IT UP BALLOON GB LV 1:30 NAIL BAR *** GB LV 3:00 ICE CREAM SANDWICH SOCIAL GB RR 4:15 ROLL A STORY GB B 5:00 WEEKEND MOVIE REVIEW S AC	4 NATIONAL TRIVIA DAY! 9:00 MUSIC IN THE MORNING GB SB 9:30 DAILY DEVOTIONALS WITH MAGGIE M BI 9:30 SIT AND GET FIT GB AC 10:00 NEWS & VIEWS S LV 10:30 WALKING CLUB GB CM 10:30 HISTORY OF TRIVIA S LV 11:00 QUIPO QUIZ S LV 11:00 VISITS FROM STAFF GB RR 1:30 BINGO FOR PRIZES *** S LV 1:30 BISTRO BOARD GAMES GB BI 3:00 THE HAPPIEST HOUR ALL RR 4:15 TRIVIA SHOWDOWN S&GBLV 6:00 MOVIES, MOVIES, MOVIES S AC	5 9:00 MUSIC, MUSIC, MUSIC P SB 9:30 THAI CHI CLASS P M 10:00 TODAY'S NEWS P LV 10:30 DAILY WALKS AB 10:30 WHAT YEAR WAS IT? P M 11:00 MORNING ROOM VISITS AB 11:15 WORD-IN-A-WORD P SB 1:00 BARBARA STREISAND LIVE P SB 1:30 JUMBO BOWLING P&ABLV 3:00 HOMEMADE SOCIAL ALL RR 4:15 SCATTAGORIES G AC 6:00 MOVIES AT NIGHT G AC	6 FEAST OF THE EPIPHANY "LITTLE CHRISTMAS" 9:00 MORNING TUNES P SB 9:30 DAILY DEVOTIONALS WITH MAGGIE M LV 10:00 DAILY NEWS AB LV 10:30 WEDNESDAY WALKABOUT P CM 10:30 WHAT YEAR WAS IT? AB 11:00 ABOUT THE FEAST OF THE EPIPHANY AB LV 11:00 VIRTUAL PET THERAPY W/ ZIGGY & DELILAH P 11:15 DEAL OR NO DEAL AB LV 1:30 BINGO FOR PRIZES *** AB LV 1:30 MIDWEEK MANICURES P 3:00 HAPPIEST HOUR ALL AC 4:15 WINTER POETRY G LV 6:00 DINNER & A MOVIE G AC	7 9:00 MUSICAL MORNING G SB 9:30 GENTLE CHAIR YOGA WITH PATTY P M 10:00 HAPPENINGS AND HOROSCOPES P LV 10:45 WHAT'S YOUR ADVICE? P LV 10:30 WALKING CLUB AB 11:00 IT HAPPENED ON LONG ISLAND DAILY STAFF VISITS P LV 11:00 MIND TEASERS AB 1:30 TRAVEL TO...NEW ZEALAND G AC 1:30 REINDEER HUNT ALL LV 3:00 CHEFS CHOICE SOCIAL ALL LV 4:15 CHICKEN SOUP FOR THE SOUL G RR 6:00 LET'S GO TO THE MOVIES G AC	8 ELVIS PRESLEY BIRTHDAY 9:00 MUSICAL MUSINGS P SB 9:30 PRIVATE PRAYER WITH MAGGIE M BI 9:30 CHAIR ZUMBA P AC 10:00 NEWSDAY S LV 10:30 MUSICAL BALL TOSS P LV 11:00 BIOGRAPHY ON ELVIS PRESLEY P SB 11:30 VIOLIN WITH SHERYL S LV 1:00 TGIF CLASSICS: THREE IS COMPANY G AC 1:30 BINGO FOR PRIZES*** S LV 1:30 ART SKETCHING P B 3:00 SIPPIN' SOCIAL ALL RR 4:15 SHABBAT SERVICE G&S BI 6:00 MOVIES AT NIGHT S AC	9 9:00 TUNE TIME G SB 9:30 LETS GET MOVING GB AC 10:00 DAILY NEWS REPORT GB LV 10:30 URBAN MYTHS GB LV 11:00 WHAT THE MEME?! GB LV 1:00 SATURDAY SERIES: GREAT BRITISH BAKING SHOW" G AC 1:30 SHORT STORY CLUB GB BI 1:30 SCRABBOOKING CLUB GB LV 3:00 HOT CHOCOLATE SOCIAL ALL RR 4:15 MAGAZINE SCAVENGER HUNT GB LV 6:00 SUNSET MOVIE G AC
10 9:30 SUNRISE EXERCISE GB AC 10:00 SUNDAY MASS GB AC 10:00 SUNDAY MORNING NEWS REVIEW GB LV 10:30 GUESS THAT FAMOUS PLACE GB LV 11:00 QUIPO QUIZ GB SB 1:30 NAIL BAR *** GB S 3:00 ICE CREAM SANDWICH SOCIAL GB RR 4:15 WHEEL OF FORTUNE GB LV 5:00 MOVIES, MOVIES, MOVIES GB AC	11 9:00 MORNING TUNES GB SB 9:00 DAILY DEVOTIONS WITH MAGGIE M BI 9:30 SIT AND GET FIT GB AC 10:00 TODAY'S NEWS S LV 10:30 WALKABOUT GB CM 10:30 STRETCH AND FLEX GB LV 11:00 ONE TO ONE VISITS S RR 11:00 TEXT TWIST GB LV 11:30 LEARN YOUR NAME IN MORSE CODE GB SB 1:00 A&E BIOGRAPHY ON:JOE FRAZIER GB AC 1:30 BINGO FOR PRIZES *** GB LV 1:30 AROMATHERAPY/MEDITATIVE COLORING S B 3:00 AFTERNOON SOCIAL GB RR 4:15 SHOUT-OUT TRIVIA GB LV 6:00 MOVIES WE LOVE S AC	12 NATIONAL HOT TEA DAY 9:00 WONDERFUL MELODIES P SB 9:30 THAI CHI CLASS P M 10:00 WHATS IN THE NEWS? P LV 10:30 WALKING CLUB AB CM 10:30 BALLOON VOLLEYBALL P LV 11:00 YOU BE THE JUDGE P LV 11:00 SPILL THE TEA VISITS AB RR 11:30 20 QUESTIONS P LV 1:00 LIVE: TONY BENNETT RS SB 1:30 THE PRICE IS RIGHT AB&GLV 1:30 KNITTING CIRCLE P BI 3:00 HOMEMADE SOCIAL ALL RR 4:15 MAD-LIBS G LV 6:00 TONIGHT AT THE MOVIES G AC	13 9:00 ACOUSTIC SUNRISE AB SB 9:30 STRETCHING WITH SCARVES P AC 9:30 DAILY DEVOTIONALS M BI 10:00 DAILY NEWS AB LV 10:30 MORNING STROLL P CM 10:30 WHO AM I? TRIVIA AB LV 11:00 ARE YOU SMARTER THAN A 5TH GRADER AB B 11:00 FRIENDLY VISITS P RR 11:30 NAME THAT FAMOUS FACE AB LV 1:30 BINGO FOR PRIZES*** AB LV 1:30 MIDWEEK MANICURES P RR 3:00 HAPPIEST HOUR ALL RR 4:15 YOU BE THE JUDGE G LV 6:00 MEET ME AT THE CINEMA G AC	14 RESIDENT COUNCIL 9:00 MUSICAL MORNING P SB 9:30 YOGA WITH PATTY P M 10:00 NEWS IN REVIEW P LV 10:30 SIT AND GET FIT P LV 11:00 ONE TO ONE VISITS AB SB 11:00 TRIVIAL PURSUIT P LV 11:30 NAME 10 GAME P SB 1:00 TRAVEL TO...ARGENTINA G AC 1:30 CREATIVE CREATIONS P LV 1:30 DISCOVER YOUR ANCESTRY AB BI 3:00 CHEFS CHOICE SOCIAL ALL RR 4:15 FAMILY FEUD G LV 6:00 SUNSET MOVIE G AC	15 9:00 MELODIES IN THE MORNING P SB 9:30 CHAIR ZUMBA P AC 9:30 PRIVATE PRAYER WITH MAGGIE M RR 10:00 HOROSCOPES AND HAPPENINGS S LV 10:30 WALKING CLUB P LV 11:00 MUSICAL HANGMAN S SB 11:30 URBAN MYTHS S SB 1:00 TGIF MARATHON "M*A*S*H" P AC 1:30 BINGO FOR PRIZES*** S LV 1:30 WHAT YEAR WAS IT? P BI 3:00 70'S SOCIAL HOUR ALL RR 4:15 MUSIC APPRECIATION: ETHEL MERMAN G&S BI 6:00 MOVIE NIGHT S AC	16 9:30 SUNRISE STRETCHING K AC 9:30 CRISP AIR STROLL GB CM 10:00 WEEKEND UPDATE GB LV 10:30 GABBING WITH GABBY GB LV 11:00 JUMBO BOWLING GB&GLV SATURDAY SERIES: GREAT BRITISH BAKING SHOW" G AC 1:30 SHORT STORY CLUB G BI 1:30 CLAY CRAFTS GB LV 3:00 HOT CHOCOLATE SOCIAL ALL RR 4:15 MUSIC APPRECIATION: ETHEL MERMAN G&S BI 6:00 SATURDAY AT THE MOVIES K AC
17 9:30 WEEKEND WORKOUT GB AC 10:00 DAILY CHRONICLES GB LV 10:00 SUNDAY MASS GB AC 10:30 SUNDAY STROLL GB CM 11:00 QUIPO QUIZ GB LV 11:30 GIANT WORD SEARCH GB LV 1:30 NAIL BAR *** GB LV 3:00 SUNDAY SUNDAES ALL RR 4:15 WHO WANTS TO BE A MILLIONAIRE? GB LV 5:00 SUNSET MOVIES GB AC	18 MARTIN LUTHER KING DAY 9:30 MONDAY MOVES GB AC 9:30 DEVOTIONS WITH MAGGIE M 10:00 HOROSCOPES & NEWS S LV 10:15 ARMCHAIR TRIVIA S LV 11:00 WEEKDAY VISITS GB LV 11:00 WHO WAS MARTIN LUTHER KING JR. S LV 11:30 I HAVE A DREAM SPEECH S LV 1:00 A&E BIOGRAPHY ON: MLK S AC 1:30 BINGO FOR PRIZES*** S LV 1:30 LRC DICE GAME GB B 3:00 HAPPY HOUR SOCIAL ALL RR 4:15 ABOUT WINNIE THE POOH S LV 6:00 MONDAY MOVIE MANIA S AC	19 9:00 MUSICAL MUSINGS P SB 9:30 THAI CHI CLASS P BI 10:00 TODAY'S HEADLINERS P LV 10:30 WALKING ABOUT AB CM 10:30 STRETCH AND FLEX P LV 11:00 FAMOUS FOLKS TRIVIA AB LV 11:00 DAILY VISITS FROM STAFF P RR 1:00 DOLLY PARTON LIVE P SB 1:30 MATCH GAME P&ABLV 3:00 HOMEMADE SOCIAL ALL RR 4:15 HAPPY BIRTHDAY DOLLY G LV 6:00 NIGHTLY MOVIE G AC	20 9:00 TOP OF THE MORNING TUNES P AC 9:30 DAILY DEVOTIONALS WITH MAGGIE M BI 9:30 LET'S STRETCH P AC 10:00 DAILY DOSE AB LV 10:45 NOODLING AROUND AB LV 11:00 CASH CAB TRIVIA AB LV 11:15 VIRTUAL PET THERAPY W/ ZIGGY & DELILAH P LV 1:30 BINGO FOR PRIZES P LV 1:30 FRIENDLY DEBATES AB BI 3:00 THE HAPPIEST HOUR ALL RR 4:15 DART BOARD COMPETITION G B 6:00 MOVIE AT DUSK G AC	21 9:00 MUSIC, MUSIC, MUSIC P SB 9:30 YOGA WITH PATTI P BI 10:00 NEWS IN REVIEW P LV 10:30 WALKING CLUB AB LV 11:00 WORD-IN-A-WORD P LV 11:00 IN ROOM VISITS AB RR 11:30 A-Z WORD GAME P LV 1:00 TRAVEL TO...MADAGASCAR P AC 1:30 CRAFTY CREATIONS P LV 1:30 HORSE RACING AB B 3:00 CHEF'S CHOICE SOCIAL P RR 4:15 REMEMBER WHEN G LV 6:00 MEET ME AT THE CINEMA G AC	22 9:00 MELODIC MORNINGS P SB 9:30 CHAIR ZUMBA P AC 9:30 PRIVATE PRAYER WITH MAGGIE M RR 10:00 GOOD NEWS REPORT S LV 10:30 WALK WITH ME P CM 11:00 NAME THAT MUSICAL INSTRUMENT P LV 11:30 VIOLIN CONCERT WITH SHERYL S LV 1:00 TGIF CLASSICS: BONANZA S AC 1:30 BINGO FOR PRIZES*** S LV 1:30 ART SKETCHING P B 3:00 SOCIAL HOUR ALL RR 4:15 CHARADES S LV 6:00 FRIDAY NIGHT SHOWING G AC	23 9:00 SATURDAY SONGS G SB 9:30 WINTER WALK GB CM 9:30 EXERCISE IN THE MORNING GB AC 10:00 DAILY NEWS UPDATE GB LV 10:45 BALLOON VOLLEYBALL GB LV 11:00 MIND JOGGERS GB LV 11:00 SATURDAY SERIES G AC 1:30 SHORT STORY CLUB G BI 1:30 PAINT AND SIP GB LV 3:00 HOT CHOCOLATE SOCIAL ALL RR 4:15 CHICKEN SOUP FOR THE SOUL GB LV 6:00 MOVIE AT DUSK G AC
24/31 9:30 SUNDAY STRETCHING GB AC 10:00 TOP NEW STORIES GB LV 10:00 SUNDAY MASS GB AC 11:00 Pictionary GB LV 11:30 QUIPO QUIZ GB LV 1:30 NAIL BAR *** GB S 3:00 ICE CREAM SANDWICH SOCIAL GB RR 4:15 WHO AM I? BIOGRAPHY GAME GB LV 5:00 SUNSET MOVIES GB AC	25 9:00 MUSIC IN THE MORNING GB SB 9:30 MORNING EXERCISE GB AC 9:30 DAILY DEVOTIONALS M BI 10:00 NEWS & VIEWS GB LV 10:30 WEEKDAY WALK GB SB 11:00 HOT SEAT CHALLENGE GB&SLV 11:30 FACT OR FICTION GB LV 1:00 A&E BIOGRAPHY: BENJAMIN FRANKLIN S AC 1:30 BINGO FOR PRIZES *** GB LV 1:30 AROMATHERAPY/MEDITATIVE COLORING S B 3:00 HAPPY HOUR SOCIAL ALL RR 4:15 JEOPARDY TRIVIA S LV 6:00 MOVIES AT NIGHT S AC	26 AUSTRALIA DAY 9:00 MUSIC APPRECIATION P SB 9:30 THAI CHI CLASS P M 10:00 WHAT'S IN THE NEWS AB LV 10:30 REFLECTION QUESTIONS AB LV 10:30 WAKE UP WORK-OUT P LV 11:00 ALL ABOUT AUSTRALIA AB LV 11:00 DAILY VISITS P RR 11:15 TRAVEL SERIES: AUSTRALIA AB SB 1:00 BILLY JOEL LIVE P SB 1:30 JUMBO BOWLING P&AB LV 3:00 HOMEMADE SOCIAL ALL RR 4:15 LEARN TO SPEAK AUSTRALIAN MATE G LV 6:00 MOVIES & POPCORN RS AC	27 9:00 CLASSICAL WAKE UP P SB 9:30 DAILY DEVOTIONALS M BI 10:00 MORNING NEWS REVIEW P LV 10:30 WEDNESDAY WALKING AB 10:45 GUESSTURES P LV 11:00 MINUTE TO WIN IT ALL LV 1:30 BINGO FOR PRIZES*** AB LV 1:30 MIDWEEK MANICURES P 3:00 HAPPIEST HOUR ALL LRR 4:15 AMERICA SAYS G LV 6:00 SUNSET MOVIES G AC	28 9:00 MORNING JAZZ P AC 9:30 GENTLE FLOW YOGA WITH PATTY P SB 10:00 NEWS WEEK P LV 10:30 WALK ABOUT S 10:45 MOVE TO MUSIC P LV 11:00 WORD WATERFALL P 11:00 VISITS FROM STAFF S LV 11:30 NAME 10 GAME P 1:00 TRAVEL TO: U.S NATIONAL PARKS S SB 1:30 CRAFTY CREATIONS P LV 3:00 CHEF'S CHOICE SOCIAL P RR 4:15 20 QUESTIONS S LV 6:00 MOVIE LOUNGE NIGHT S AC	29 NATIONAL PUZZLE DAY 9:00 MUSICAL MORNINGS P SB 9:30 CHAIR ZUMBA P AC 9:30 PRIVATE PRAYER WITH MAGGIE M RR 10:00 NEWSDAY S LV 10:30 WALKING CLUB P CM 11:00 1:1 VISITS P RR 11:00 WORD PUZZLES S LV 1:00 TGIF: HAPPY DAYS P AC 1:30 BINGO FOR PRIZES*** P LV 1:30 GROUP PUZZLE PARTY S B 3:00 HAPPY HOUR ALL RR 4:15 CRAZY EIGHTS P LV 6:00 MOVIE AT DUSK S AC	30 9:00 SUNRISE ACOUSTIC GB SB 9:30 MORNING STROLL GB CM 10:00 HOROSCOPES AND HAPPENINGS GB LV 10:30 WHAT'S YOUR ADVICE GB LV 11:00 SATURDAY SERIES GB AC 11:00 NAME THAT TUNE GB LV 11:30 SING-A-LONG GB LV 1:30 SHORT STORY CLUB G BI 1:30 CLAY CRAFTS GB LV 3:00 HOT CHOCOLATE SOCIAL ALL RR 4:15 YAHTZEE GB LV 6:00 SUNSET MOVIE G AC