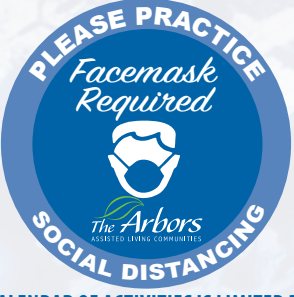


January 2021

The Arbors At HAUPPAUGE  
Tel: 631-582-3334  
www.thearborsassistedliving.com

## RECREATION CALENDAR

| Sunday                                                                                                                                                                                                                                                                                                                                                                                                                        | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Saturday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
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|  <p><b>PLEASE PRACTICE<br/>Facemask<br/>Required<br/>SOCIAL DISTANCING</b></p> <p><b>THIS CALENDAR OF ACTIVITIES IS LIMITED DUE TO THE STRICT GUIDELINES OF THE DEPARTMENT OF HEALTH FOR CORONA VIRUS PREVENTION</b></p>                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <p><b>CLUB SCHEDULES</b><br/> <b>Veterans Club</b><br/>           Second Tuesday of the month at 3pm<br/> <b>Mens Club</b><br/>           Every Friday at 10am<br/> <b>Women's Club/Ana</b><br/>           Every Friday at 10am<br/> <b>Program Planning Group</b><br/>           Last Friday of the month at 11am when posted</p> <p><b>Baking Club</b><br/>           when posted</p> <p><b>Cooking Club/Chef Dorothy</b><br/>           Third Wednesday of the month at 2pm</p> <p><b>Wii Class</b><br/>           Monday, Tuesday &amp; Friday at 3:30pm when posted</p> | <p>Breakfast @ 8:00<br/>           Lunch Served @ 12:00<br/>           Dinner Served @ 5:00</p> <p><b>Sign up at the recreation calendar desk for weekly trips and special events.</b><br/>           All programs are subject to change.<br/>           All changes will be reflected on the Daily Board.<br/>           *All trips are if weather permits.</p> <p>Your Recreation Director Yvonne Coward will be happy to answer any questions you may have regarding this calendar.</p>                                                                 | <p><b>LOCATION KEY</b><br/>           F - Fire Place<br/>           B - Bistro Area<br/>           O - Outside Patio<br/>           L - Lobby<br/>           S - Sunroom<br/>           AC - Activity Channel</p> <p>1 - 1st Floor<br/>           2 - 2nd Floor TV Room<br/>           T - Trip<br/>           C - Chapel/Media Room<br/>           D - Dining Room<br/>           M - Multipurpose Room<br/>           R - In Rooms<br/>           BP - Beauty Parlor</p> <p><b>STAFF KEY</b><br/>           A - Ana Donis<br/>           Y - Yvonne Coward<br/>           LR - Lucille Rodriguez<br/>           G - Geovanni Donis</p> <p>D - Dana Edwards<br/>           F - Fidel Torres<br/>           AV - Ariana Valerio<br/>           AL - Astrid Lopez</p> | <p><b>1 HAPPY NEW YEAR</b></p> <p>9:45 WORK YOUR MUSCLES L<br/>           10:00 WORD GAMES L A/C<br/>           10:00 WII BOWLING L F<br/>           10:00 EXPRESSIONS WITH ART L<br/>           11:00 THE BOOK OF GENESIS W JANET C<br/>           1:45 JACKPOT BINGO L M<br/>           2:00 MOVIE MATINEE C<br/>           2:30 POKER CLUB 2<br/>           3:30 TRIVIA L<br/>           3:00 HAPPY HOUR L F<br/>           4:30 SHABBAT SERVICES C<br/>           4:30 STAFF VISITS C<br/>           5:30 MOVIE NIGHT ON ACTIVITY CHANNEL AC</p>                                                                                                                             | <p><b>2</b></p> <p>9:00 MUSIC APPRECIATION L AL<br/>           9:30 FITNESS FUN L AL<br/>           10:00 LCR- DICE GAME L AL<br/>           10:00 WORD GAMES ON THE SMART BOARD L M<br/>           11:00 LAUGH OUT LOUD COMEDY SPECIALS L<br/>           11:00 MANICURES L AL<br/>           3:00 HAPPY HOUR L A<br/>           3:00 POKER F M<br/>           3:00 CRAFTS L<br/>           3:30 WII BOWLING L A<br/>           3:30 TABLE GAMES L L<br/>           5:30 MOVIE NIGHT/ RUMMIKUB CLUB 2 L</p>  |
| <p><b>3</b></p> <p>9:45 MORNING EXERCISE AC C<br/>           10:00 SUNDAY MASS LIVE STREAM CH 40 AC<br/>           10:30 BINGO L F<br/>           2:00 ICE CREAM SOCIAL L D/F<br/>           2:45 CLASSIC MOVIE MATINEE L D/F<br/>           3:00 GAMES IN THE MEDIA ROOM B<br/>           2:30 POKER CLUB 2</p>                                                                                                              | <p><b>4</b></p> <p>9:00 MUSIC APPRECIATION L Y<br/>           9:45 SITTING EXERCISES L D<br/>           10:00 WORDS GAMES L A<br/>           10:00 ART EXPRESSION L A<br/>           11:00 FOOD COUNCIL D<br/>           1:45 MOVIE MATINEE C<br/>           2:00 LCR DICE GAME L<br/>           2:00 BIBLE STUDY C A<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR L Y<br/>           3:15 HEAD BANDS F A<br/>           3:00 TABLE GAMES L<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL L A</p>              | <p><b>5</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 STANDING EXERCISES L D<br/>           9:30 FITNESS FUN L D<br/>           10:00 WORD GAMES L Y<br/>           11:00 ROSARY C<br/>           1:45 BINGO L A<br/>           2:00 DANA'S DISCUSSION GROUP C D<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR: L<br/>           3:30 Pictionary L A/D<br/>           3:30 SMART PHONE CLASS L F<br/>           3:30 CARD SHARKS L A<br/>           4:00 STAFF VISITS C<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL L F</p>       | <p><b>6</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 FITNESS FUN L D<br/>           10:00 WORD GAMES ON THE SMART BOARD L D<br/>           10:00 EXPRESSION WITH COLOR L A<br/>           11:00 CARD CLUB L<br/>           2:00 SING-A-LONG L Y<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR L A<br/>           3:15 BOARD GAME BONANZA L A<br/>           3:30 SCRABBLE L D<br/>           3:45 MUSIC APPRECIATION L<br/>           4:00 STAFF VISITS C A<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p> | <p><b>7</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 DANCERSIZE L F<br/>           10:00 WORD CHALLENGE ON THE SMART BOARD LA<br/>           10:00 INDEPENDENT GAMES L<br/>           11:00 CHAPLET OF DIVINE MERCY C<br/>           11:00 MANICURES L<br/>           1:45 BATTLE OF THE SEXES L<br/>           3:00 HAPPY HOUR C<br/>           3:30 RUMMIKUB L Y<br/>           3:30 SCRABBLE L D<br/>           3:30 COOKING CLUB W ANA L A<br/>           4:00 STAFF VISITS C<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p>                                                                                                                                                                                                       | <p><b>8 ELVIS BIRTHDAY</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 WORKS YOUR MUSCLES L F<br/>           10:00 WORD GAMES ON THE SMART BOARD L Y<br/>           10:00 WII BOWLING L F<br/>           11:00 THE BOOK OF MATTHEW W JANET C<br/>           1:45 JACKPOT BINGO L M<br/>           2:00 MOVIE MATINEE: JAIL HOUSE ROCK C<br/>           2:30 POKER CLUB 2<br/>           3:00 MONTHLY BIRTHDAY PARTY L F/G/Y<br/>           3:15 ELVIS CONCERT ON THE SMARTBOARD C<br/>           3:30 BOARD GAME BONANZA L F<br/>           4:30 SHABBAT SERVICES C<br/>           4:30 STAFF VISITS B<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p> | <p><b>9</b></p> <p>9:00 MUSIC APPRECIATION L AL<br/>           9:30 FITNESS FUN L AL<br/>           10:00 LCR- DICE GAME L AL<br/>           11:00 COMEDY HOUR L A<br/>           11:00 MANICURES L AL/1<br/>           2:00 INDEPENDENT GAMES L<br/>           3:00 HAPPY HOUR L AL/<br/>           3:30 CONCERT ON THE SMART BOARD L<br/>           3:00 POKER F<br/>           3:30 WII BOWLING L M<br/>           4:30 STAFF VISITS C<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL L</p>      |
| <p><b>10</b></p> <p>9:45 MORNING EXERCISE L F<br/>           10:00 SUNDAY MASS LIVE STREAM CH 40 AC F<br/>           10:30 BINGO L D<br/>           2:00 ICE CREAM SOCIAL L D/F<br/>           2:30 POKER CLUB 2<br/>           2:45 MOVIE CLASSIC L D<br/>           3:00 BOARD GAME BONANZA B<br/>           4:00 STAFF VISITS R<br/>           5:30 MOVIE MATINEE ON ACTIVITY CHANNEL AC</p>                               | <p><b>11</b></p> <p>9:45 SITTING EXERCISES L D<br/>           10:00 WORD SEARCH L A<br/>           10:00 TABLE GAMES L D<br/>           11:00 BIBLE STUDY C A<br/>           1:45 BALLOON VOLLEY L D<br/>           2:00 BABY BOOMERS CLUB C D<br/>           2:00 HEAD BANDS F<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR L D<br/>           3:30 RUMMIKUB L<br/>           4:00 STAFF VISITS L Y<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL L AL</p>                                                    | <p><b>12</b></p> <p>9:45 MUSIC APPRECIATION L<br/>           9:30 SITTING EXERCISES L D<br/>           10:00 LCR DICE GAME L D<br/>           11:00 ROSARY C<br/>           11:00 KINGS IN THE CORNER L Y<br/>           1:45 BINGO L F/Y/D/A<br/>           2:00 DEAN MARTIN ROASTS C<br/>           3:00 WINTER WONDERLAND HAPPY HOUR L<br/>           3:00 HAPPY HOUR L<br/>           3:30 COOKING CLUB: COOKIES L F<br/>           4:00 STAFF VISITS R<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p>                                                   | <p><b>13</b></p> <p>9:45 MUSIC APPRECIATION L A<br/>           9:30 TONING EXERCISES L D<br/>           10:00 WORD GAMES ON THE SMART BOARD L D<br/>           11:00 COMEDY HOUR ON THE SMART BOARD L A<br/>           2:00 CRAFTS CORNER L<br/>           2:00 MOVIE MATINEE: C<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR L<br/>           3:30 MUSIC APPRECIATION L D<br/>           3:30 BOARD GAME BONANZA C F<br/>           4:00 CROCHET CLASS F Y<br/>           4:00 STAFF VISITS R</p>                                      | <p><b>14</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 FITNESS FUN L F<br/>           10:00 WORD CHALLENGE L F<br/>           10:00 TABLE GAMES L A<br/>           11:00 MANICURES L<br/>           11:00 CHAPLET OF DIVINE MERCY C<br/>           2:00 JEOPARDY L F<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR L<br/>           3:30 MOVE TO MUSIC L F<br/>           3:30 CROCHET CLUB F<br/>           4:00 STAFF VISITS R<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p>                                                                                                                                                                                                                                       | <p><b>15</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 WORK YOUR MUSCLES L<br/>           10:00 ART EXPRESSION L A<br/>           10:00 WII BOWLING L F<br/>           10:00 WORD GAMES ON THE SMART BOARD L A<br/>           11:00 THE BOOK OF GENESIS W JANET C<br/>           1:45 JACKPOT BINGO L M<br/>           2:00 MOVIE MATINEE C A<br/>           3:00 HAPPY HOUR L Y<br/>           3:30 TRIVIA L F<br/>           4:30 SHABBAT SERVICES C<br/>           4:30 STAFF VISITS R<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p>                                                                                                            | <p><b>16</b></p> <p>9:00 MUSIC APPRECIATION L AL<br/>           9:30 FITNESS FUN L AL<br/>           10:00 LCR- DICE GAME L AL<br/>           10:00 WORD GAMES ON THE SMART BOARD L A<br/>           11:00 MANICURES L A<br/>           11:00 COMEDY HOUR L A<br/>           1:45 BINGO L<br/>           3:00 HAPPY HOUR L A/L<br/>           3:00 WII BOWLING L A<br/>           3:30 INDEPENDENT GAMES L<br/>           4:00 STAFF VISITS C<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p> |
| <p><b>17</b></p> <p>9:45 MORNING EXERCISE L D<br/>           10:00 SUNDAY MASS LIVE STREAM CH 40 AC<br/>           10:30 BINGO L F<br/>           2:00 ICE CREAM SOCIAL L D<br/>           2:30 POKER CLUB 2<br/>           2:30 MOVIE CLASSIC MATINEE C D/F<br/>           3:00 GAMES IN THE LOBBY L<br/>           4:00 STAFF VISITS R<br/>           5:30 MOVIE NIGHT AC</p>                                               | <p><b>18</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 SITTING EXERCISES L D<br/>           10:00 WORD GAMES L Y<br/>           11:00 BIBLE STUDY C A<br/>           1:45 KARAOKE L A<br/>           2:00 FIRESIDE CHAT W/ DANA C<br/>           2:00 MARTIN LUTHER KING MOVIE C<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR C<br/>           3:00 WII BOWLING L M<br/>           3:00 MOVE TO MUSIC L D<br/>           4:00 STAFF VISITS R<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p> | <p><b>19</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 STANDING EXERCISES L D<br/>           10:00 WORD GAMES L A<br/>           11:00 ROSARY C<br/>           11:00 INDEPENDENT GAMES A<br/>           2:00 NEW MOVIE RELEASE MATINEE L D<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR L A/D/AL<br/>           3:30 SING A LONG C D<br/>           3:30 TABLE GAMES C<br/>           3:30 SMART PHONE CLASS B F<br/>           4:00 STAFF VISITS R<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p>                           | <p><b>20</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 TONING EXERCISES L D<br/>           10:30 WORD GAMES D A<br/>           11:00 INSPIRATIONAL SING A LONG C A<br/>           2:00 LCR DICE GAME L D<br/>           2:30 POKER CLUB 2<br/>           3:00 CRAFTS L D<br/>           3:30 BOARD GAME BONANZA L A<br/>           3:30 CONCERT ON THE SMART BOARD L D<br/>           4:00 STAFF VISITS R<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p>                                                                      | <p><b>21</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 DANCERSIZE L A<br/>           10:00 WORD CHALLENGE ON THE SMART BOARD L Y<br/>           10:00 KINGS IN THE CORNER L A<br/>           11:00 CHAPLET OF DIVINE MERCY F<br/>           11:00 MANICURES L A<br/>           2:00 CRAFTS L A/D<br/>           2:00 BAKING CLASS: BANANA BREAD L A<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR L<br/>           3:00 TABLE GAMES L A<br/>           4:00 STAFF VISITS R</p>                                                                                                                                                                                                                                                        | <p><b>22</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 WORK YOUR MUSCLES L F<br/>           10:00 EXPRESSIONS WITH ART L<br/>           10:00 WORD GAMES D Y<br/>           10:00 WII BOWLING L F<br/>           10:30 RESIDENT COUNCIL D<br/>           1:45 JACKPOT BINGO L F<br/>           2:00 BIBLE STUDY C A<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR L Y<br/>           3:30 MUSIC APPRECIATION L F<br/>           4:30 SHABBAT SERVICES C<br/>           4:30 STAFF VISITS L A<br/>           5:30 MOVIE NIGHT ON THE AC</p>                                                                                                        | <p><b>23</b></p> <p>9:00 MUSIC APPRECIATION L AL<br/>           9:30 FITNESS FUN L AL<br/>           10:00 WORD SEARCH L AL<br/>           10:00 LCR- DICE GAME L AL<br/>           11:00 MANICURES L A<br/>           11:00 SING A LONG L A<br/>           2:00 TRIVIA L<br/>           3:00 HAPPY HOUR L A/A/M<br/>           3:00 WII BOWLING L G/AL<br/>           3:30 BOARD GAME BONANAZA L<br/>           4:00 STAFF VISITS R<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p>          |
| <p><b>24/31</b></p> <p>9:45 MORNING EXERCISE L D<br/>           10:00 SUNDAY MASS LIVE STREAM CH 40 AC<br/>           9:30 TABLE GAMES L C<br/>           10:30 BINGO L F<br/>           2:30 POKER CLUB 2<br/>           2:00 ICE CREAM SOCIAL L F/D<br/>           2:45 CLASSIC MOVIE MATINEE L F/D<br/>           3:00 GAMES IN THE MEDIA ROOM C<br/>           4:00 STAFF VISITS R<br/>           6:30 CARD NIGHT L F</p> | <p><b>25</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 SITTING EXERCISES L T<br/>           10:00 WORD GAMES L D<br/>           11:00 BIBLE STUDY L D<br/>           1:45 BALLOON VOLLEY L G<br/>           2:00 LCR DICE GAME L A<br/>           2:00 SCRABBLE/ GAMES 2<br/>           3:00 HAPPY HOUR C<br/>           3:30 MUSIC APPRECIATION L A<br/>           3:30 TABLE GAMES L<br/>           4:00 STAFF VISITS R<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p>                                       | <p><b>26</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 STANDING EXERCISE L D<br/>           10:00 WORD GAMES L D<br/>           10:30 INDEPENDENT GAMES L Y<br/>           11:00 ROSARY C<br/>           1:45 BINGO L<br/>           2:00 INSPIRATIONAL SING A LONG C A<br/>           3:00 HAPPY HOUR L A/D/F<br/>           3:30 BOWLING FOR DOLLARS L A<br/>           4:00 STAFF VISITS L F<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL AC</p>                                                                                                  | <p><b>27</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 TONING EXERCISES L D/T<br/>           10:00 WORD SEARCH L A<br/>           10:00 TABLE GAMES L Y<br/>           2:00 CRAFTS L D<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR L<br/>           3:00 POKER CLUB F<br/>           3:30 WHO WANTS TO BE A MILLIONAIRE L A/D<br/>           3:30 SCRABBLE D<br/>           4:00 STAFF VISITS L A<br/>           5:30 MOVIE NIGHT ON THE ACTIVITY CHANNEL C A</p>                                                         | <p><b>28</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 DANCERSIZE L A<br/>           10:00 CROSSWORDS ON THE SMART BOARD L A<br/>           10:00 INDEPENDENT GAMES L<br/>           11:00 CHAPLET OF DIVINE MERCY W/ TED C<br/>           11:00 MANICURES L A<br/>           2:00 THE PRICE IS RIGHT L Y/A/D/F/A<br/>           2:30 POKER CLUB 2<br/>           3:00 HAPPY HOUR L Y<br/>           3:00 POKER CLUB 2<br/>           3:30 MOVIE MATINEE C<br/>           4:00 STAFF VISITS R<br/>           5:30 MOVIE NIGHT AC</p>                                                                                                                                                                                                                    | <p><b>29</b></p> <p>9:00 MUSIC APPRECIATION L A<br/>           9:45 WORK YOUR MUSCLES L F<br/>           10:00 WII BOWLING L Y<br/>           10:00 EXPRESSIONS WITH ART L A/F<br/>           1:45 JACK POT BINGO L F<br/>           2:00 BIBLE STUDY C<br/>           2:30 POKER CLUB 2 A/G/F<br/>           3:00 CONCERT ON THE SMART BOARD L Y<br/>           3:30 BOARD GAMES F<br/>           4:30 SHABBAT SERVICES C<br/>           5:30 MOVIE NIGHT C L</p>                                                                                                                                                                                                               | <p><b>30</b></p> <p>9:00 MUSIC APPRECIATION L AL<br/>           9:30 FITNESS FUN L AL<br/>           10:00 LCR- DICE GAME L AL<br/>           10:00 WORD GAMES L M<br/>           11:00 MANICURES L<br/>           1:45 BINGO L AL<br/>           3:00 POKER 2<br/>           3:00 HAPPY HOUR L A/M/A<br/>           3:30 WII BOWLING L A/G<br/>           3:30 INDEPENDENT GAMES L<br/>           6:30 MOVIE NIGHT C<br/>           6:30 TRIVIA NIGHT L A</p>                                               |