

January 2021

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



THIS CALENDAR OF ACTIVITIES IS LIMITED DUE TO THE STRICT GUIDELINES OF THE DEPARTMENT OF HEALTH FOR CORONA VIRUS PREVENTION



STAFF KEY
C - Christopher
D - Diana
GE - Geo
G - Gale
FSD - Food Service Director
ALL - All Staff
I - Independent

LOCATION KEY
RL - Recreation Lounge
B - Bistro
TH - Theater
L - Library
A - Art Room
OC - Outdoor Courtyard
EL - Entrance Lounge
FL - Front Lawn

DAILY PROGRAMS

3:15 HAPPY HOUR RL
8:00 MOVIE TH

*All trips are if weather permits.
*All programs are subject to change.
Change will be reflected on the Daily Board.

Recreation Director Christopher Colantuono will be happy to answer any questions you may have regarding this calendar.

1 NATURE	9:00 MUSIC ENJOYMENT 36 I	2 MUSICAL!	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS 36 G		10:00 ARBORS NEWS RL C	
10:30 EXERCISE CLUB RL G		10:30 EXERCISE CLUB RL^ C	
11:00 MUSIC CLUB RL ALL		12:00 TRAVEL 36 I	
12:00 NATURE 36 I		2:00 MUSICAL MATINEE TH ALL	
2:00 MATINEE TH I		2:00 HAPPY HOUR R ALL	
2:15 FUN 'N' GAMES R ALL		3:15 BINGO R C	
3:15 BINGO RL S		4:00 AFTERNOON VISITS R ALL	
4:00 AFTERNOON VISITS R ALL		7:00 EVENING MOVIE TH I	
7:00 EVENING MOVIE TH ALL		7:00 CASH BINGO R S	

3 SUNDAY MASS	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS RL D	
10:30 EXERCISE CLUB RL D	
11:00 SUNDAY MASS TH D	
12:00 COMEDY TV 36 I	
2:00 MATINEE TH D	
2:00 HAPPY HOUR R ALL	
2:15 FUN 'N' GAMES R D	
3:15 BINGO R D	
4:00 AFTERNOON VISITS IR D	
7:00 CASH BINGO R S	
7:00 EVENING MOVIE TH ALL	

4 KNITTING CIRCLE	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS R D	
10:30 EXERCISE CLUB 36 D	
11:00 CROCHET CLUB RL D	
12:00 THE GOLDEN GIRLS 36 D	
2:00 MATINEE TH D	
2:00 HAPPY HOUR R D	
2:15 FUN 'N' GAMES RL D	
3:15 BINGO R D	
4:00 AFTERNOON VISITS R D	
7:00 EVENING MOVIE TH ALL	

5 NEW RESIDENT WELCOME!	9:00 MUSIC ENJOYMENT 36 I
9:00 NAILS BY DIANNA S D	
10:00 NEW RESIDENT TEA AND COFFEE RL C	
10:30 THE ARBORS NEWS RL T	
12:00 EXERCISE CLUB 36 I	
2:00 MATINEE 36 I	
2:00 HAPPY HOUR OC T	
3:15 BINGO R ALL	
4:00 AFTERNOON VISITS TH I	
7:00 CASH BINGO	
7:00 EVENING MOVIE	

6 CRAFT CLUB	9:00 MUSIC ENJOYMENT
11:00 HOLY COMMUNION 36	
11:30 EXERCISE CLUB 36 I	
12:00 CRAFT CLUB RL I	
2:00 MATINEE TH T	
2:00 HAPPY HOUR RL I	
3:15 BINGO R I	
4:00 AFTERNOON VISITS OC ALL	
7:00 EVENING MOVIE RTH T	

7 MUSIC CLUB	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS 36 I	
10:30 EXERCISE CLUB RL T	
11:00 MUSIC CLUB RL ALL	
11:45 GOLF 36 I	
2:00 MATINEE TH I	
2:00 HAPPY HOUR R ALL	
3:15 BINGO OC T	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH I	
7:00 CASH BINGO	

8 BINGO	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS 36 G	
10:30 EXERCISE CLUB RL G	
11:00 MUSIC CLUB RL ALL	
12:00 NATURE 36 I	
2:00 MATINEE TH I	
2:15 FUN 'N' GAMES R ALL	
3:15 BINGO RL S	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH ALL	
7:00 CASH BINGO RL G	

9 TRAVEL	9:00 MUSIC ENJOYMENT 36 I
10:00 ARBORS NEWS RL C	
10:30 EXERCISE CLUB RL^ C	
12:00 TRAVEL 36 I	
2:00 MUSICAL MATINEE TH ALL	
2:00 HAPPY HOUR R ALL	
3:15 BINGO R C	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH I	
7:00 CASH BINGO R S	

10 SUNDAY MASS	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS RL D	
10:30 EXERCISE CLUB RL D	
11:00 SUNDAY MASS TH D	
12:00 COMEDY TV 36 I	
2:00 MATINEE TH D	
2:00 HAPPY HOUR R ALL	
2:15 FUN 'N' GAMES R D	
3:15 BINGO R D	
4:00 AFTERNOON VISITS IR D	
7:00 CASH BINGO R S	
7:00 EVENING MOVIE TH ALL	

11 KNITTING CIRCLE	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS R D	
10:30 EXERCISE CLUB 36 D	
11:00 CROCHET CLUB RL D	
12:00 THE GOLDEN GIRLS 36 D	
2:00 MATINEE TH D	
2:00 HAPPY HOUR R D	
2:15 FUN 'N' GAMES RL D	
3:15 BINGO R D	
4:00 AFTERNOON VISITS R D	
7:00 EVENING MOVIE TH ALL	

12 RESIDENT COUNCIL	9:00 MUSIC ENJOYMENT RL T
10:00 RESIDENT COUNCIL 36 I	
11:00 EXERCISE CLUB TH I	
12:00 LUNCHBREAK COMEDY R ALL	
2:00 MATINEE OC T	
2:00 HAPPY HOUR R ALL	
3:15 BINGO TH I	
4:00 AFTERNOON VISITS	
7:00 EVENING MOVIE	
7:00 CASH BINGO	

13 WEDNESDAY COMEDY	9:00 MUSIC ENJOYMENT
11:00 HOLY COMMUNION 36	
11:30 EXERCISE CLUB 36 I	
12:00 CRAFT CLUB RL I	
2:00 MATINEE TH T	
2:00 HAPPY HOUR RL I	
3:15 BINGO R I	
4:00 AFTERNOON VISITS OC ALL	
7:00 EVENING MOVIE RTH T	

14 MUSIC CLUB	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS 36 I	
10:30 EXERCISE CLUB RL T	
11:00 MUSIC CLUB RL ALL	
11:45 GOLF 36 I	
2:00 MATINEE TH I	
2:00 HAPPY HOUR R ALL	
3:15 BINGO OC T	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH I	
CASH BINGO	

15 NATURE	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS 36 G	
10:30 EXERCISE CLUB RL G	
11:00 MUSIC CLUB RL ALL	
12:00 NATURE 36 I	
2:00 MATINEE TH I	
2:15 FUN 'N' GAMES R ALL	
3:15 BINGO RL S	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH ALL	
7:00 CASH BINGO RL G	

16 MUSICAL!	9:00 MUSIC ENJOYMENT 36 I
10:00 ARBORS NEWS RL C	
10:30 EXERCISE CLUB RL^ C	
12:00 TRAVEL 36 I	
2:00 MUSICAL MATINEE TH ALL	
2:00 HAPPY HOUR R ALL	
3:15 BINGO R C	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH I	
7:00 CASH BINGO R S	

17 SUNDAY MASS	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS RL D	
10:30 EXERCISE CLUB RL D	
11:00 SUNDAY MASS TH D	
12:00 COMEDY TV 36 I	
2:00 MATINEE TH D	
2:00 HAPPY HOUR R ALL	
2:15 FUN 'N' GAMES R D	
3:15 BINGO R D	
4:00 AFTERNOON VISITS IR D	
7:00 CASH BINGO R S	
7:00 EVENING MOVIE TH ALL	

18 KNITTING CIRCLE	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS R D	
10:30 EXERCISE CLUB 36 D	
11:00 CROCHET CLUB RL D	
12:00 THE GOLDEN GIRLS 36 D	
2:00 MATINEE TH D	
2:00 HAPPY HOUR R D	
2:15 FUN 'N' GAMES RL D	
3:15 BINGO R D	
4:00 AFTERNOON VISITS R D	
7:00 EVENING MOVIE TH ALL	

19 NAILS BY DIANNA	9:00 MUSIC ENJOYMENT RL T
10:00 THE ARBORS NEWS 36 I	
10:30 EXERCISE CLUB TH I	
12:00 LUNCHBREAK COMEDY R ALL	
2:00 MATINEE OC T	
2:00 HAPPY HOUR R ALL	
3:15 BINGO TH I	
4:00 AFTERNOON VISITS	
7:00 EVENING MOVIE	
CASH BINGO 36 I	

20 HOLY COMMUNION	9:00 MUSIC ENJOYMENT
11:00 HOLY COMMUNION 36	
11:30 EXERCISE CLUB 36 I	
12:00 CRAFT CLUB RL I	
2:00 MATINEE TH T	
2:00 HAPPY HOUR RL I	
3:15 BINGO R I	
4:00 AFTERNOON VISITS OC ALL	
7:00 EVENING MOVIE RTH T	

21 MUSIC CLUB	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS RL S	
10:30 EXERCISE CLUB RL S	
11:00 MUSIC CLUB RL ALL	
11:45 GOLF RL GT	
2:00 MATINEE TH I	
2:00 HAPPY HOUR R ALL	
3:15 BINGO RL S	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH I	

22 BINGO	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS 36 G	
10:30 EXERCISE CLUB RL G	
11:00 MUSIC CLUB RL ALL	
12:00 NATURE 36 I	
2:00 MATINEE TH I	
2:15 FUN 'N' GAMES R ALL	
3:15 BINGO RL S	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH ALL	

23 MUSICAL!	9:00 MUSIC ENJOYMENT 36 I
10:00 ARBORS NEWS RL C	
10:30 EXERCISE CLUB RL^ C	
12:00 TRAVEL 36 I	
2:00 MUSICAL MATINEE TH ALL	
2:00 HAPPY HOUR R ALL	
3:15 BINGO R C	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH I	
7:00 CASH BINGO R S	

24/31 SUNDAY MASS	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS RL D	
10:30 EXERCISE CLUB RL D	
11:00 SUNDAY MASS TH D	
12:00 COMEDY TV 36 I	
2:00 MATINEE TH D	
2:00 HAPPY HOUR R ALL	
2:15 FUN 'N' GAMES R D	
3:15 BINGO R D	
4:00 AFTERNOON VISITS IR D	
7:00 CASH BINGO R S	
7:00 EVENING MOVIE TH ALL	

25 KNITTING CIRCLE	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS R D	
10:30 EXERCISE CLUB 36 D	
11:00 CROCHET CLUB RL D	
12:00 THE GOLDEN GIRLS 36 D	
2:00 MATINEE TH D	
2:00 HAPPY HOUR R D	
2:15 FUN 'N' GAMES RL D	
3:15 BINGO R D	
4:00 AFTERNOON VISITS R D	
7:00 EVENING MOVIE TH ALL	

26 NAILS BY DIANNA	9:00 MUSIC ENJOYMENT RL T
10:00 THE ARBORS NEWS 36 I	
10:30 EXERCISE CLUB TH I	
12:00 LUNCHBREAK COMEDY R ALL	
2:00 MATINEE OC T	
2:00 HAPPY HOUR R ALL	
3:15 BINGO TH I	
4:00 AFTERNOON VISITS	
7:00 EVENING MOVIE	
CASH BINGO	

27 COMEDY MOVIE	9:00 MUSIC ENJOYMENT
11:00 HOLY COMMUNION 36	
11:30 EXERCISE CLUB 36 I	
12:00 CRAFT CLUB RL I	
2:00 MATINEE TH T	
2:00 HAPPY HOUR RL I	
3:15 BINGO R I	
4:00 AFTERNOON VISITS OC ALL	
7:00 EVENING MOVIE RTH T	

28 EXERCISE CLUB!	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS RL S	
10:30 EXERCISE CLUB RL S	
11:00 MUSIC CLUB RL ALL	
11:45 GOLF RL GT	
2:00 MATINEE TH I	
2:00 HAPPY HOUR R ALL	
3:15 BINGO RL S	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH I	

29 MUSIC CLUB	9:00 MUSIC ENJOYMENT 36 I
10:00 THE ARBORS NEWS 36 G	
10:30 EXERCISE CLUB RL G	
11:00 MUSIC CLUB RL ALL	
12:00 NATURE 36 I	
2:00 MATINEE TH I	
2:15 FUN 'N' GAMES R ALL	
3:15 BINGO RL S	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH ALL	

30 TRAVEL	9:00 MUSIC ENJOYMENT 36 I
10:00 ARBORS NEWS RL C	
10:30 EXERCISE CLUB RL^ C	
12:00 TRAVEL 36 I	
2:00 MUSICAL MATINEE TH ALL	
2:00 HAPPY HOUR R ALL	
3:15 BINGO R C	
4:00 AFTERNOON VISITS R ALL	
7:00 EVENING MOVIE TH I	
7:00 CASH BINGO R S	

RECREATION CALENDAR