

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 TONE & SCULPT P RS 10:30 BIRD WATCHING ON THE PATIO P RS 11:00 "WHAT'S COOKIN?!" WITH ISLANDIA CHEFS! AC RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE M RS 2:00 PARACHUTE POP! LR RS 3:00 BIG BAND HAPPY HOUR P RS 4:00 FINISH THE LYRICS P RS 6:00 EVENING ENTERTAINMENT M RS	2 9:30 WEDNESDAY WORKOUT P RS 10:00 CROCK-POT COOKING CLUB DR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE M RS 2:00 KARAOKE HOUR! P RS 3:00 SNACKIN SOCIAL HOUR P RS 4:00 LAUNDRY FOLDING & SORTING LR RS 6:00 HAND MASSAGES & RELAXATION LR RS	3 9:30 BALANCE & AGILITY P RS 10:30 OPEN ART STUDIO LR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 BEST OF SINATRA M RS 2:00 CHAIR VOLLEYBALL P RS 3:00 50'S HITS HAPPY HOUR P RS 4:00 TRIVIA FOR PRIZES P RS 6:00 LAP FIDGET SQUARES LR RS	4 9:30 SIT N BE FIT P RS 10:30 CATEGORIES BALL TOSS P RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:15 I LOVE LUCY RERUNS M RS 2:00 NOODLE HOCKEY LR RS 3:00 FRIDAY HAPPY HOUR P RS 4:00 10 PIN BOWLING! P RS 6:00 THERAPEUTIC COLORING LR RS	5 9:30 MORNING MOVE N GROOVE P RS 10:00 MORNING SING A LONGS P RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE: ROMANCE M RS 2:00 BINGO LR RS 3:00 DISCO FEVER HAPPY HOUR LR RS 4:00 NAPKIN FOLDING PRACTICE DR RS 6:00 HAND MASSAGES & RELAXATION LR RS
6 9:30 SUNDAY SUNRISE STRETCH P RS 10:00 SUNDAY MASS AC RS 11:00 BEAN BAG TOSS CHALLENGE P RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE! LR RS 2:00 BINGO LR RS 3:00 SUNDAY ICE CREAM SOCIAL LR RS 4:00 WALKING CLUB BEFORE DINNER P RS 6:00 CLASSICAL MUSIC & CARD WRITING LR RS	7 9:30 FITNESS & FUN P RS 10:00 GROUP SING A LONGS P RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 A&E BIOGRAPHY: FREDDIE MERCURY AC RS 2:00 DECK MATCH LR RS 3:00 MOTOWN MONDAY HAPPY HOUR P RS 4:00 VANISHING PROFESSIONS IN HISTORY P RS 6:00 MONDAY NIGHT MOVIE M RS	8 9:30 TONE & SCULPT P RS 10:30 STAFF CHECK INS/FAMILY FACETIMES LR RS 11:00 "WHAT'S COOKIN?!" WITH ISLANDIA CHEFS! AC RS 11:30 HAND WASHING BEFORE LUNCH! D RS 1:00 AFTERNOON MOVIE M RS 2:00 WHAT'S IN THE BOX? LR RS 3:00 BIG BAND HAPPY HOUR P RS 4:00 NAME THAT TUNE P RS 6:00 EVENING ENTERTAINMENT M RS	9 9:30 WEDNESDAY WORKOUT P RS 10:00 CROCK-POT COOKING CLUB DR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE M RS 2:00 KARAOKE HOUR! P RS 3:00 COUNTRY WESTERN HAPPY HOUR P RS 4:00 COUPON CLIPPING LR RS 6:00 HAND MASSAGES & RELAXATION LR RS	10 9:30 BALANCE & AGILITY P RS 10:30 CRAFTING CORNER LR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 BEST OF GLENN MILLER M RS 2:00 BALLOON NOODLE TAP LR RS 3:00 50'S HITS HAPPY HOUR P RS 4:00 COMEDY HOUR - JOKES, RIDDLES P RS 6:00 LAP FIDGET SQUARES LR RS	11 9:30 SIT N BE FIT P RS 10:30 MORNING BRAIN BUSTERS P RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:15 THE HONEYMOONERS RERUNS M RS 2:00 HOT POTATO PASS P RS 3:00 FRIDAY HAPPY HOUR P RS 4:00 10 PIN BOWLING! P RS 6:00 POETRY READ ALOUD LR RS	12 9:30 MORNING MOVE N GROOVE P RS 10:00 RHYTHM & SHAKERS P RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE: ACTION M RS 2:00 BINGO LR RS 3:00 DISCO FEVER HAPPY HOUR P RS 4:00 SENSORY SOAP DR RS 6:00 HAND MASSAGES & RELAXATION LR RS
13 ASSISTED LIVING WEEK GRANDPARENT'S DAY 9:30 SUNDAY SUNRISE STRETCH P RS 10:00 SUNDAY MASS AC RS 11:00 REMINISCING: BEING A GRANDPARENT LR RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 GRANDPARENT'S DAY TRIBUTE LR RS 2:00 BINGO LR RS 3:00 SUNDAY ICE CREAM SOCIAL P RS 4:00 WALKING CLUB BEFORE DINNER P RS 6:00 CLASSICAL MUSIC & CARD WRITING LR RS	14 ASSISTED LIVING WEEK GRATITUDE IS THE ATTITUDE 9:30 FITNESS & FUN P RS 10:00 SCRAPBOOK REMINISCING LR RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 A&E BIOGRAPHY: LAUREN BACALL AC RS 2:00 GRATITUDE TREE LR RS 3:00 MOTOWN MONDAY HAPPY HOUR P RS 4:00 KINDNESS ROCK PAINTING P RS 6:00 MONDAY NIGHT MOVIE M RS	15 ASSISTED LIVING WEEK WELCOME TO HOLLYWOOD 9:30 TONE & SCULPT P RS 10:30 FAMOUS SCENES FROM MOVIES LR RS 11:00 "WHAT'S COOKIN?!" WITH ISLANDIA CHEFS! AC RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE M RS 2:00 MOST MEMORABLE MOVIE QUOTES P RS 3:00 SHOW TUNES HAPPY HOUR P RS 4:00 CELEBRITY TRIVIA & GOSSIP P RS 6:00 EVENING ENTERTAINMENT M RS	16 ASSISTED LIVING WEEK EAST V. WEST ISLANDIA GAMES! 9:30 WEDNESDAY WORKOUT P RS 10:00 CROCK-POT COOKING CLUB DR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE M RS 2:00 KARAOKE HOUR! P RS 3:00 COUNTRY WESTERN HAPPY HOUR P RS 4:00 LAUNDRY FOLDING & SORTING LR RS 6:00 HAND MASSAGES & RELAXATION LR RS	17 ASSISTED LIVING WEEK STAFF APPRECIATION DAY 9:30 BALANCE & AGILITY P RS 10:30 OPEN ART STUDIO LR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 BEST OF PERRY COMO M RS 2:00 FREEZE DANCE! P RS 3:00 50'S HITS HAPPY HOUR P RS 4:00 LIVE STAND UP SKITS WITH MALIK P RS 6:00 LAP FIDGET SQUARES LR RS	18 ASSISTED LIVING WEEK ROSH HASHANA BEGINS 9:30 SIT N BE FIT LR RS 10:30 ROSH HASHANA TRADITIONS LR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:15 THE DICK VAN DYKE SHOW RERUNS M RS 2:00 MANICURES & MASSAGES P RS 3:00 FRIDAY HAPPY HOUR P RS 4:00 THANK YOU LETTER WRITING LR RS 6:00 THERAPEUTIC COLORING LR RS	19 ASSISTED LIVING WEEK CARING IS ESSENTIAL 9:30 MORNING MOVE N GROOVE P RS 10:00 MUSIC & DANCE ON THE PATIO P RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE: COMEDY M RS 2:00 BINGO GR RS 3:00 HONEY & APPLES SOCIAL LR RS 4:00 NAPKIN FOLDING PRACTICE DR RS 6:00 HAND MASSAGES & RELAXATION LR RS
20 9:30 SUNDAY SUNRISE STRETCH P RS 10:00 SUNDAY MASS AC RS 11:00 BEACH BALL TAP P RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE! LR RS 2:00 BINGO LR RS 3:00 SUNDAY ICE CREAM SOCIAL P RS 4:00 WALKING CLUB BEFORE DINNER P RS 6:00 CLASSICAL MUSIC & CARD WRITING LR RS	21 9:30 FITNESS & FUN P RS 10:00 GROUP SING A LONGS P RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 A&E BIOGRAPHY: STEPHEN KING AC RS 2:00 TABLETOP PUZZLES DR RS 3:00 MOTOWN MONDAY HAPPY HOUR LR RS 4:00 SPA HOUR: MANICURES & MASSAGE LR RS 6:00 MONDAY NIGHT MOVIE M RS	22 9:30 TONE & SCULPT P RS 10:30 MUSIC ON THE PATIO P RS 11:00 "WHAT'S COOKIN?!" WITH ISLANDIA CHEFS! AC RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE M RS 2:00 CHARADES SHOWDOWN P RS 3:00 BIG BAND HAPPY HOUR P RS 4:00 COIN & CARD SORTING LR RS 6:00 EVENING ENTERTAINMENT M RS	23 9:30 WEDNESDAY WORKOUT P RS 10:00 CROCK-POT COOKING CLUB DR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE M RS 2:00 KARAOKE HOUR! P RS 3:00 COUNTRY WESTERN HAPPY HOUR P RS 4:00 COUPON CLIPPING LR RS 6:00 HAND MASSAGES & RELAXATION LR RS	24 9:30 BALANCE & AGILITY P RS 10:30 OPEN ART STUDIO LR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 BEST OF SHIRLEY TEMPLE M RS 2:00 CHARADES SHOWDOWN P RS 3:00 HAPPY HOUR M RS 4:00 TRIVIA FOR PRIZES M RS 6:00 LAP FIDGET SQUARES LR RS	25 9:30 SIT N BE FIT P RS 10:30 MAKE IT YOURSELF: SENSORY POUCHES LR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:15 THE BRADY BUNCH RERUNS M RS 2:00 PARACHUTE POP UP! P RS 3:00 FRIDAY HAPPY HOUR P RS 4:00 10 PIN BOWLING! P RS 6:00 POETRY READ ALOUD LR RS	26 9:30 MORNING MOVE N GROOVE P RS 10:00 YOGA ON THE PATIO P RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE: DRAMA M RS 2:00 BINGO P RS 3:00 DISCO FEVER HAPPY HOUR P RS 4:00 SENSORY SOAP DN RS 6:00 HAND MASSAGES & RELAXATION LR RS
27 9:30 SUNDAY SUNRISE STRETCH P RS 10:00 SUNDAY MASS AC RS 11:00 KEEP IT UP! P RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE! LR RS 2:00 BINGO LR RS 3:00 SUNDAY ICE CREAM SOCIAL P RS 4:00 WALKING CLUB BEFORE DINNER P RS 6:00 CLASSICAL MUSIC & CARD WRITING LR RS	28 9:30 FITNESS & FUN P RS 10:00 TABLETOP DOMINOES LR RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 A&E BIOGRAPHY: OLIVIA NEWTON-JOHN AC RS 2:00 WATERCOLOR PAINTING DR RS 3:00 MOTOWN MONDAY HAPPY HOUR LR RS 4:00 SPA HOUR: MANICURES & MASSAGE LR RS 6:00 MONDAY NIGHT MOVIE M RS	29 9:30 TONE & SCULPT P RS 10:30 I SPY... P RS 11:00 "WHAT'S COOKIN?!" WITH ISLANDIA CHEFS! AC RS 11:30 HAND WASHING BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE M RS 2:00 CHAIR VOLLEYBALL P RS 3:00 BIG BAND HAPPY HOUR P RS 4:00 JOKE CORNER P RS 6:00 EVENING ENTERTAINMENT M RS	30 9:30 WEDNESDAY WORKOUT P RS 10:00 CROCK-POT COOKING CLUB DR RS 11:30 HAND WASHING REMINDER BEFORE LUNCH! DR RS 1:00 AFTERNOON MOVIE M RS 2:00 BINGO P RS 3:00 COUNTRY WESTERN HAPPY HOUR P RS 4:00 KEEP IT UP! LR RS 6:00 HAND MASSAGES & RELAXATION LR RS	 STAFF KEY B - AnnMarie L - Marilyn K - Kerry A - Anne T. T - Tami M - Michelle F - Fran H - Heidi S - Heather J - Josephine C - Katie I - Independent V - Volunteer RS - Recreation Staff LOCATION KEY A - Activity Room DR - Dining Room 2F - Second Floor FL - Family Living Room O - Outing CY - Courtyard		FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Ann Marie Brew will be happy to answer any questions you may have regarding this calendar.