

 **Affordable elegance is the ultimate advantage.** The Arbors Assisted living makes a wonderful option for many of today's families — and yes you can afford it. When you reflect on the rich amenities, when you consider the highly skilled team, when you measure the magnitude of our commitment to caring— all included in one monthly rate, it's easy to see how wonderful life at The Arbors can be. You can simply have it all at The Arbors. All care. All services. All amenities. All included. The Arbors monthly rate includes it all. To discover all that awaits you at The Arbors, schedule your personal tour today. Give it a try for a month and see how much you love it!



Our Mission at The Arbors is to enhance the quality of life for our residents by providing care and support while fostering independence and choices in a social home-like environment.

 **Our Heroes Welcome Program** A program created by The Arbors in recognition of our American Heroes that have served and continue to serve our country — Veterans, Healthcare Professionals and First Responders such as police officers, firefighters, and EMS workers. This special program is our way of saying thank you. We salute all who have served and continue to serve in America's wars and communities. We would like to say "Thank You", by offering a very special Arbors discount to all our Heroes and their immediate families.

 **The Path to Home™ Starts at The Arbors.**
Our 30 day step-down program. We understand that individuals being discharged from hospitals or short term rehabilitation programs often need time to regain strength and the confidence of being on their own. Our Path to Home™ at The Arbors Assisted Living helps foster a successful transition by offering the extra care and support needed.

To discover all that awaits you at The Arbors, schedule your personal tour today.


ASSISTED LIVING COMMUNITIES

THE ARBORS AT ISLANDIA EAST, 1515 VETERANS HIGHWAY | 631-232-3131

THE ARBORS AT ISLANDIA WEST, 1515 VETERANS HIGHWAY | 631-582-3600

THE ARBORS AT HAUPPAUGE, 1740 EXPRESSWAY DRIVE SOUTH | 631-582-3334

THE ARBORS AT WESTBURY, 45 JERICHO TURNPIKE | 516-333-6400

THE ARBORS AT BOHEMIA, 1065 SMITHTOWN AVENUE | 631-567-3113

THEARBORSASSISTEDLIVING.COM

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ASSISTED LIVING COMMUNITIES



COME LIVE
AT THE ARBORS



An all-inclusive community of caring.

It means more than living in a wonderful place with all the comforts of home. It's about quality. Companionship. And ultimately, compassion. The Arbors is the premier all-inclusive assisted living option on Long Island - providing a nurturing, supportive and active environment that fosters independence yet offers assistance if needed. Where you can feel free to embrace possibilities. Create new friendships. And, to make the most of every day in a place you'll be proud to call home.

- Specially trained health care professionals are available around the clock.
- Committed to life enrichment and enhancement.
- Unparalleled compassion and care meets your every need.
- The Arbors is fully licensed by the New York State Department of Health.
- Our services and amenities surpass industry standards.
- We value the power of family.

Experience all that assisted living can bring. Come discover The Arbors.

At your side, at your service.

- Personalized care that promotes general wellness.
- Assistance with bathing, dressing and grooming, if needed.
- Restaurant-style cuisine served three times daily.
- Support with managing day-to-day tasks.
- Medication management.
- Recreation and social activities that foster independence.
- Housekeeping and linen services.

And what about the food?

- Extraordinary cuisine with exceptional choices.
 - A full range of healthy entrées and homemade desserts.
 - Restaurant-style table service offered 3x daily.
 - Festively themed dinners for holidays and other occasions.
- Plus, our nutritionist helps the kitchen accommodate any resident's dietary needs.

More ways to enjoy every day.

- Engage in a full itinerary of activities.
- Schedule one of many exercise programs tailored to your needs.
- Challenge a friend to a game of chess or cards.
- Get out and go shopping, or take in a show.
- Easily take care of physician and dental appointments with visiting doctors on site.
- Make an appointment at our on-site salon.
- Visit one of our Internet stations to email family and friends.



A higher degree of individualized attention and caring.

Respite Program Our Preferred Guest Respite Care program is the perfect choice if you're going on vacation, or out of town on business and it's simply not possible to bring mom or dad along. We offer affordable, short-term assisted living stays. Guests receive the same outstanding amenities and services that come with full-time living at The Arbors.

At The Arbors Islandia East and West, we've developed different neighborhoods to address individual circumstances.

SafeCare Neighborhood For loved ones living with the difficulties of dementia challenges, The Arbors offers SafeCare, a secure and safe neighborhood where staff provides residents with the specific and therapeutic support they need.