The Arbors At WESTBURY Tel: 516-333-6400 www.thearborsassistedliving.com

| T | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------|--|---|---|--|--|--|---|
| NDAR | 10.15 | Proceed | 3 | MERRICK BALLROOM DANCE | 9:00 MORNING DELIGHT Y GR 9:00 TRIP TO HAIR SALON B O 10:15 MIDWEEK NEWS Y GR 10:30 MORNING EXERCISE F GR 11:15 SB: HANGMAN F GR 12:00 INDEPENDENT CARD GAMES I GR 1:30 SB: WHO WANTS TO BE A MILLIONAIRE Y GR 2:00 MEN'S BARBERSHOP B O 2:00 MOVIE MATINEE Y GR 3:30 SOCIAL HOUR E GR 4:00 SB: BEST OF CELINE DION H GR 5:30 INDEPENDENT CARD GAMES F GR 7:00 EVENING BINGO H GR 8:15 MOVIE AT SUNSET H M | 9:00 MUSIC APPRECIATION B GR 10:15 NEWS AND VIEWS B GR 10:30 STRETCH TO MUSIC F GR 10:30 PENNY ANTE B GR 10:30 PENNY ANTE B GR 11:15 20 QUESTIONS F GR 12:00 INDEPENDENT WORD SEARCH I GR 13:00 SB: WORDS THAT START WITH B GR 13:00 REMINISCING BY THAT START WITH B GR 13:00 REMINISCING BY THE FIREPLACE F GR 2:00 MOVIE MATINEE F M 2:00 SHABBAT SERVICES F GR 2:30 BALLOON VOLLEYBALL B GR 3:30 SOCIAL HOUR E GR 4:00 SB: ELTON JOHN TUNES F GR 5:30 INDEPENDENT CARD GAMES I GR 7:00 BINGO FUN N M 8:15 MOVIE AT EIGHT N M | POKENO |
| CALE | B | 9:00 MORNING TUNES Y GR 10:15 SB: ROSARY SERVICE Y GR 10:30 NEW RESIDENT TEA A M 10:45 NEWS AND VIEWS Y GR 11:30 SB: WHO WANTS TO BE A MILLIONAIRE Y GR 11:30 SB: WHO WANTS TO BE A MILLIONAIRE Y GR 11:30 SB: RICE GAME TRIVIA Y GR 12:00 INDEPENDENT WORD SEARCH I GR 1:30 SB: RICE GAME TRIVIA Y GR 1:30 SB: RICE GAME TRIVIA Y GR 2:00 MOVIE MATINEE N GR 2:15 WALKING CLUB Y GR 3:30 SOCIAL HOUR GR 4:00 SB: BARBRA STREISAND GREATEST HITSY GR 4:00 WRITING CLUB N GR 5:30 INDEPENDENT FIRESIDE CHAT I GR 5:30 INDEPENDENT FIRESIDE CHAT I GR 7:00 BINGO BASH H GR | 10 10 10 10 10 10 10 10 | 11 | 12 MAD LIBS 9:00 MORNING DELIGHT M GR 9:15 TRIP TO HAIR SALON B O 10:15 MIDWEEK NEWS Y GR 10:30 MORNING EXERCISE F GR 11:15 MAD LIBS F GR 12:00 INDEPENDENT COLORING I GR 1:30 NAIL SALON F GR 1:30 SB: CROSSWORDS S GR 2:00 TRIP TO DOLLAR TREE B O 2:00 MOVIE MATINEE Y GR 2:30 BIBLE STUDY & PRAYERS F GR 3:30 SOCIAL HOUR E GR 4:00 SB: BEETHOVEN HITS F GR 7:00 BINGO NIGHT H GR 8:15 MOVIE AT SUNSET H M | 9:00 MORNING MUSIC B GR 10:15 TODAY'S NEWS B GR 10:30 MORNING FITNESS F GR 11:15 PENNY ANTE B GR 12:00 INDEPENDENT CHIT CHAT I GR 1:30 WHAT WOULD YOU DO? B GR 1:30 SB: NATIONAL DAYS WORD GAME N M 2:00 MOVIE MATINEE N GR 2:00 SHABBAT SERVICES F GR 2:30 SB: KARAOKE B GR 3:30 SOCIAL HOUR E GR 4:00 SB: LOUIS ARMSTRONG TUNES F GR 4:00 CROCHET& KNITTING W/FATIMA F GR 5:30 INDEPENDENT READING I GR 5:10 BINGO BLITZ N M | 14 MUSIC BINGO 9:00 MUSIC ENJOYMENT B M 10:15 WEEKEND NEWS B GR 10:30 EXERCISE F GR 10:30 CHECKERS W/ BLAKE B GR 11:15 RING TOSS F GR 11:30 20 QUESTIONS B GR 12:00 INDEPENDENT READING I GR 1:30 WHAT WOULD YOU DO? F GR 2:00 MOVIE MATINEE F M 2:30 MUSIC BINGO F GR 3:30 SOCIAL HOUR E GR 4:00 SB: BEST OF OLIVIA NEWTON-JOHN B GR 5:30 INDEPENDENT CARD GAMES I GR 7:00 BINGO MANIA S GR 8:15 MOVIE NIGHT S M |
| ATION | 9:00 MORNING TUNES Y GR 10:15 CATHOLIC SERVICES Y GR 10:45 RECREATION MEETING Y GR 11:30 YOU BE THE JUDGE Y GR 11:30 YOU BE THE JUDGE Y GR 11:30 INDEPENDENT CARD GAMES I GR 1:00 SPORTS CENTER: MEDIA ROOM N M 1:30 SPA MANICURE N GR 1:30 TECH TUTORING A GR 1:30 TECH TUTORING A GR 1:30 SB: HANGMAN Y GR 2:30 MAH JONGG I GR 2:30 UNLIMITED CARDS BINGO N GR 3:30 SOCIAL HOUR E M 4:00 SB: BROADWAY TUNES Y GR 5:30 INDEPENDENT CROSSWORDS I GR 5:30 INDEPENDENT CROSSWORDS I GR 7:00 BINGO FEVER H GR | 9:00 | 17 ST. PATRICK'S DAY | Residence Resi | 9:00 MORNING MUSIC F GR 9:15 TRIP TO HAIR SALON B O 10:15 TODAY'S NEWS F GR 10:30 EXERCISE TO MUSIC F GR 11:15 BEAN BAG TOSS F GR 12:00 INDEPENDENT READING I GR 1:30 SB: NATIONAL DAYS WORD GAME H GR 1:30 SB: NATIONAL DAYS WORD GAME H GR 2:00 MOVIE MATINEE F GR 2:00 MOVIE MATINEE F GR 2:00 MEN'S BARBERSHOP TRIP B O 2:15 ST. PATRICK'S DAY CRAFT W/ GIRL SCOUTS F GR 3:30 BIRTHDAY SOCIAL E GR 4:00 SB: 1960'S MUSICALS F GR 5:30 INDEPENDENT WORD SEARCH I GR 7:00 BINGO BONANZA N GR 8:15 MOVIE NIGHT N M | DEOPARDY CHALLENGE | 9:00 MORNING TUNES G GR 10:15 CURRENT EVENTS G GR 10:30 SENIOR FITNESS W/ HOME ADVANTAGE PT I GR 10:30 CHECKERS W/ BLAKE B GR 11:00 SB: HANGMAN F GR 11:30 BEAN BAG TOSS F GR 12:00 INDEPENDENT PUZZLES I GR 1:30 SB: WORDS THAT START WITH B GR 2:00 MOVIE MATINEE N M 2:00 TZU CHI YOUTH ORCHESTRA E GR 3:30 SOCIAL HOUR E GR 4:00 SB: BEST OF NAT KING COLE F GR 5:30 INDEPENDENT BOARD GAMES I GR 7:00 BINGO NIGHT S GR 8:15 MET ME AT THE MOVIES S M |
| ECRE | PET THERAPY | 9:00 MUSIC DELIGHT Y GR 10:15 SB: ROSARY SERVICE Y GR 10:45 NEWS AND VIEWS Y GR 11:30 EXERCISE TO THE MUSIC Y GR 11:30 TABLE TALK Y GR 11:30 CARD GAMES I GR 1:30 CARD GAMES Y GR 1:30 GOLF Y GR 1:30 GOLF Y GR 2:15 WALKING CLUB Y GR 2:15 WALKING CLUB Y GR 2:30 MEDITATIVE COLORING Y GR 3:30 SOCIAL HOUR E GR 4:00 WRITING CLUB N GR 4:00 WRITING CLUB H GR 4:00 SB: JOSH GROBAN GREATEST HITS E GR 5:30 INDEPENDENT BOARD GAMES I GR 5:30 INDEPENDENT BOARD GAMES I GR 7:00 BINGO BONANZA H GR | POOD COUNCIL MEETING | 8:30 CATHOLIC MASS TRIP B 0 9:00 MUSIC DELIGHT M GR 10:15 NEWS AND DISCUSSION Y GR 10:15 TRIP TO WALLMART B 0 10:30 SENIOR FITNESS W/ METRO PT GR 11:00 BAKING CLUB: GREEN VELVET SHAMROCK CAKE F GR 12:00 INDEPENDENT READING GR 1:30 SB: DR. MARTIN LUTHER KING DOCUMENTARY Y GR 1:30 SB: DR. MARTIN LUTHER KING DOCUMENTARY Y GR 2:00 TRIP TO JERICHO LIBRARY B 0 2:15 WALKING CLUB 2:15 WALKING CLUB 2:30 LEVITTOWN SENIOR CENTER PERFORMANCE Y GR 3:30 SOCIAL HOUR E GR 3:45 BOOK CLUB W/ JOY Y GR 4:00 SB: BEN. EKING TUNES F GR 5:30 INDEPENDENT PUZZLES I GR 7:00 EVENING BINGO H GR 8:15 LET'S GO 10 THE MOVIES H M | P60 CROSSWORDS 9:00 MUSIC DELIGHT F GR 9:15 TRIP TO HAIR SALON B O 10:15 TODAY'S NEWS F GR 10:30 EXERCISE TO MUSIC F GR 11:15 US HISTORY TRIVIA F GR 1:200 INDEPENDENT COLORING I GR 1:30 NAIL SALON F GR 1:30 SB: CROSSWORDS Y GR 2:00 MOVIE MATINEE F M 2:30 BIBLE STUDY & PRAYERS F GR 3:15 DREAMGIRLS SHOW AT WESTBURY HS B O 3:30 SOCIAL HOUR E GR 4:00 SB: BEST OF BILLY HOLIDAY E GR 7:00 BINGO BLITZ N GR 8:15 MOVIE NIGHT N M | Page | 28 BIRTHDAY PARTY W/BOBBY G. 9:00 MUSIC ENJOYMENT G GR 10:15 NEWS AND VIEWS G GR 10:30 CHECKERS W/BLAKE B GR 10:30 WEEKEND STRETCH F GR 11:00 WHAT WOULD YOU DO F GR 11:30 BOCCEE BALL B GR 12:00 INDEPENDENT PUZZLES I GR 1:30 MEDITATIVE COLORING F GR 1:30 SEINTONAL DAYS WORD GAME G GR 2:00 MOVIE MATINEE F GR 2:30 BIRTHDAY PARTY W/BOBBY G. E GR 3:30 SOCIAL HOUR E GR 4:00 SB: BESTOF CHUBBY CHECKERS E GR 7:00 BINGO FUN S GR 8:15 MOVIE AT SUNSET S M |
| | 9:00 MORNING MUSIC Y GR 10:15 CATHOLIC SERVICES Y GR 10:45 SUNDAY NEWS Y GR 11:00 MORNING EXERCISE N GR 11:30 SB: WORDS THAT START WITH Y GR 11:30 SB: WORDS THAT START WITH Y GR 12:00 INDEPENDENT PUZZLES I GR 1:00 SPORTS CENTER: MEDIA ROOM N M 1:30 SPA MANICURE N GR 1:30 SPA MANICURE N GR 1:30 TECH TUTORING A GR 2:30 MAH JONGG I GR 2:30 WAH JONGG I GR 2:30 WILLIMITED CARDS BINGO N GR 3:30 SOCIAL HOUR E GR 4:00 SB: BEST OF MOZART E GR 5:30 INDEPENDENT BOARD GAMES I GR 5:15 MEET ME AT THE MOVIES H M | 30 WRITING CLUB | 31 THE PRICE IS RIGHT 9:00 MUSIC DELIGHT Y GR 10:15 TRIP TO TARGET B O 10:15 CURRENT EVENTS Y GR 10:30 LET'S STRETCH F GR 11:00 GOLF F GR 11:00 GOLF F GR 12:00 INDEPENDENT CARD GAMES I GR 13:30 SB: WHO WANTS TO BE A MILLIONAIRE Y GR 1:30 TECH TUTORING A GR 2:00 MOVIE MATINEE Y M 2:00 TRIP TO DOLLAR TREE B O 2:30 THE PRICE IS RIGHT F GR 3:15 MEXICAN TRAIN DOMINOES I GR 3:30 SOCIAL HOUR E GR 4:00 SB: CLASSIC DANCE TUNES E GR 5:30 INDEPENDENT PUZZLES I GR 7:00 BINGO NIGHT N GR R:15 MOVIE NIGHT N M | STAFF KEY A-Andrilisa R-Margaret B - Bistro B-Blake S-Stephanie D - Dining Room F-Fatima Y-Joy GR - Great Room H-Ann E-All Staff M - Media Room J-Jessica P I - Independent O - Outings N-Nancy P - Patio UN - Upper Nook SB - Smart Board | BANKING HOURS MONDAY - FRIDAY 11:00 AM - 3:00 PM TECH TUTORING TUESDAYS & SATURDAYS 1:30 PM MAH JONGG SUNDAYS BREAKFAST SERVED 7:30 AM & 8:45 AM TUNCH SERVED 11:30 AM & 12:45 PM 11:30 AM & 5:45 PM DINNER SERVED 4:30 PM & 5:45 PM | *All trips are if weather permits. *All programs are subject to change. Change will be reflected on the Daily Board. Your Recreation Director Andrilisa Read- Iglesias Lopes will be happy to answer any questions you may have regarding this calendar. | |