March 2020

The Arbors At ISLANDIA EAST Tel: 631-232-3131 www.thearborsassistedliving.com

	Z
α	i
Y	
No.	
	j
Sec.	8
()	
	9
0	
Q	1
	d
E C C C C C C C C C C C C C C C C C C C	
ECAE	
RECERE	
RECERE	

11:15 KINGS IN THE CORNER

SACHEM LIBRARY

2:15 CROSSWORD CHALLENGE

7:00 SUNDAY NIGHT AT THE MOVIES

1:15 ISLE OF KLEZBOS AT

1:30 MOVIE MATINEE 1:30 SUNDAY BINGO

3:00 SUNDAY SUNDAES

6:00 EVENING BINGO

1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NATIONAL PEANUT BUTTER LOVERS DAY	2 9:30 MOVE YOUR MUSCLES MONDAY A M 10:15 OUTBURST A LO 10:30 TRIP TO STOP AND SHOP AND BANKS M/LRO 11:15 WHEEL OF FORTUNE K LO 1:30 MOVIE MATINEE A M 1:30 AFTERNOON BINGO A G 2:15 KEEP IT UP! M B 3:00 MIDDAY MONDAY APPS RS B 3:30 CANASTA CARD CLUB I M 4:15 WALKING CLUB TO THE WEST M LO 6:00 MONDAY NIGHT BINGO L A 7:00 EVENING MOVIE L M	3	10:15 CROCKPOT COOKING CLUB M B	9:30 YOGA WITH BONNIE L M 10:00 PET THERAPY WITH CLAIRE V LO 10:15 HOROSCOPES/THIS DATE IN L LO HISTORY AND HEADLINE NEWS 11:00 MICHAEL BUBLE CONCERT L LO 11:00 BLACKJACK M G 12:00 LUNCH AT THE CULL HOUSE M/LO 1:30 MOVIE MATINEE A A 1:30 BINGO! A A 1:30 ARBORS CHEF'S TASTING A LO DEVILED EGGS & ANGEL FOOD CAKE 4:00 ACTIVITY PLANNING MEETING VZ LO 6:00 LATE NIGHT BINGO A A 7:00 TWILIGHT MOVIE TIME A M	9:30 TGIF FITNESS TH N 10:00 PRIVATE PRAYER AND COMMUNION V N 10:15 ROSARY GROUP A N 10:15 BRAIN TEASERS VZ G 11:00 APPLES TO APPLES A LI 1:30 MOVIE MATINEE A N 1:30 AFTERNOON BINGO A G 2:15 YARN CLUB A B 2:15 YARN CLUB A B 3:00 CHEF'S CHOICE SOCIAL A B 4:15 DRUM CIRCLE WITH ALI AL LI 4:30 SHABBAT SERVICE A G 6:00 BINGO BONANZA AL A 7:00 TWILIGHT THEATER AL	10:15 COFFEE CAFE SOCIAL AM B HOROSCOPES/THIS DAY IN HISTORY AND THIS WEEK IN REVIEW 11:15 BRAIN BUSTERS AL LO 11:15 MANICURES AM G 1:30 MOVIE MATINEE M M 1:30 SATURDAY BINGO MB G 2:30 TABLETOP PING PONG AL G 3:00 WARM APP SOCIAL RS B 4:00 SYMPHONY SATURDAY CONCERT AM LO 4:00 WII BOWLING PRACTICE AL M 6:00 EVENING BINGO AL G 6:00 EVENING BI
	9:30 SUNDAY STRETCH AM M 10:15 ST. THOMAS MORE CHURCH V 0 10:15 HOROSCOPES/THIS DATE IN AM LO HISTORY AND CURRENT EVENTS 10:30 PET THERAPY WITH CLARE V LO 11:15 JEOPARDY L M 11:15 KINGS IN THE CORNER I B 1:15 WAY BACK WHEN PERFORMS M/LO THE 605 & 705 HITS! 1:30 MOVIE MATINEE AM M 1:30 SUNDAY BINGO AM G 2:15 NAME 10 AM M 3:00 SUNDAY SUNDAES RS B 4:15 KEEP IT UP BALLOON TAP L LO 6:00 EVENING BINGO L G 7:00 SUNDAY NIGHT AT THE MOVIES L	9:30 PURIM BEGINS AT SUNDOWN 9:30 PUMP IT UP WORKOUT A M 10:15 SMARTBOARD CROSSWORDS M LO 10:30 TRIP TO WALMART M/LRO 11:15 WHEEL OF FORTUNE L LO 1:30 MOVIE MATINEE A M 1:30 AFTERNOON BINGO A G 2:15 P.M. MANICURES A B 2:15 NAME 10 THINGS M M 3:00 MIDDAY MONDAY APPS V LO 3:30 CANASTA CARD CLUB I M 4:15 WALKING CLUB TO THE WEST M LO 6:00 MONDAY NIGHT BINGO L G 7:00 EVENING MOVIE L M	9:30 TONE IT UP TUESDAY L M 10:00 HAUPPAUGE BOOKS ON WHEELS V B 10:30 EARLY EARLY BIRD BINGO L G 11:15 THE PRICE IS RIGHT L LO 1:30 AFTER LUNCH MOVIE L M 1:30 KEEP IT UP A LO 2:00 SOUNDS OF SINATRA WITH M LO BOBBY FISCHETTI 2:45 SENIOR SOCIAL AT FORESTBROOK ELEMENTARY 3:00 TUESDAY AFTERNOON RS LO SOCIAL HOUR 3:30 PENNY POKER I A 4:15 OUTBURST A LO 6:00 BINGO BONANZA L A	1:30 MOVIE MATINEE L B 1:30 AFTER LUNCH BINGO L G 2:15 DUNKIN DONUTS COFFEE RUN T/L O 2:15 AFTERNOON STRETCH A LO 3:00 RESIDENT MADE HAPPY HOUR RS LO 3:15 BROADWAY SHOW TUNES: 42ND STREET A LO	### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 128 ### 12	9:30 TGIF FITNESS TH M 10:00 PRIVATE PRAYER AND COMMUNION V M 10:15 ROSARY GROUP A M 10:15 MOVEMENT & MUSIC VZ G 11:00 HEAD BANDZ A L 1:30 MOVIE MATINEE 1:30 AFTERNOON BINGO A G 2:15 YARN CLUB A B 2:15 A&E BIOGRAPHY: SHIRLEY TEMPLE VZ L 3:00 VETS CHAT WITH PAT I G 3:00 CHEF'S CHOICE SOCIAL A B 4:15 DRUM CIRCLE WITH ALI AL L 4:30 SHABBAT SERVICE A G 6:00 BINGO BONANZA AL G	M 10:15 COFFEE CAFE SOCIAL AM B HOROSCOPES/THIS DAY IN HISTORY AND THIS WEEK IN REVIEW 10:15 RHYTHM & SHAKERS AL LO 11:15 MANICURES AM G 1:30 MOVIE MATINEE AM G 1:30 AFTERNOON BINGO MB LO 2:15 KEEP IT UP BALLOON TAP AM LO 3:00 WARM APP SOCIAL RS B 1:00 SYMPHONY SATURDAY CONCERT AM LO 4:00 WII BOWLING PRACTICE AL M 6:06 6:00 EVENING BINGO AL A
	9:30 SUNDAY STRETCH	9:30 MOVE YOUR MUSCLES MONDAY A M 10:00 GAME SHOW CORNER A M 10:15 HOROSCOPES/THIS DATE IN A LO HISTORY AND HEADLINE NEWS 11:00 HOT SEAT CHALLENGE L LO 1:30 MOVIE MATINEE A M 1:30 AFTERNOON BINGO A G 2:15 P.M. MANICURES M B 3:00 MIDDAY MONDAY APPS RS B 3:30 CANASTA CARD CLUB I G 4:15 WALKING CLUB TO THE WEST M LO 6:00 MONDAY NIGHT BINGO L G 7:00 EVENING MOVIE L M	7:00 TWILIGHT THEATER L M 17 ST. PATRICKS DAY - WEAR GREEN! 9:30 TONE IT UP TUESDAY M M 10:00 TODAY IN HISTORY M M 10:30 LEPRECHAUN SCAVENGER HUNT VZ B 11:15 THE PRICE IS RIGHT L A 1:30 AFTER LUNCH MOVIE L M 1:30 EARLY BIRD BINGO VZ A 1:30 TRIP TO SAVERS A/L O 2:15 RIVERDANCE ON THE SMARTBOARD VZ LO 3:00 TUESDAY AFTERNOON RS LO SOCIAL HOUR 3:30 PENNY POKER I A 4:00 LIVE MUSIC BY DONNA LEE L LO 6:00 BINGO BONANZA L A 7:00 TWILIGHT THEATER L M	9:30 WEDNESDAY WEIGHT LIFTING L LO 10:00 CROCKPOT COOKING CLUB M G 11:15 W.I.T WEDNESDAYS: COFFEE & CHIT CHAT VZ B 1:30 MOVIE MATINEE M M 1:30 TRIP TO THE MOVIES A/L O 1:30 AFTER LUNCH BINGO M A 2:15 AFTERNOON STRETCH M A 3:00 RESIDENT MADE HAPPY HOUR RS B 3:15 BROADWAY SHOW TUNES: THE LION KING A LO 3:30 MAHJONG MEETUP I A 3:45 BRETTON WOODS GRANDFRIENDS READING PROGRAM M DR 4:15 WHO AM I? CELEBRITY EDITION A M 6:00 BINGO BLOWOUT A G 7:00 NIGHTTIME MOVIE A M	7:00 TWILIGHT MOVIE TIME A M 19 SPRING BEGINS 9:30 YOGA WITH BONNIE L M 10:15 HOROSCOPES/THIS DATE IN L LO HISTORY AND HEADLINE NEWS 11:00 ENGELBURT HUMPERDINCK CONCERT L LO 11:00 BLACKJACK M G 12:00 THE IRISH COFFEE PUB LUNCH M/VZO 1:30 MOVIE MATINEE A G 1:30 AFTERNOON BINGO A M 2:30 ALL THINGS SPRING WORD GAME A LO 3:00 ARBORS CHEF'S TASTING RS B "FOODS ON FILM" 4:15 TRAVELOGUE TO A B 6:00 NIGHTTIME BINGO A G 7:00 TWILIGHT MOVIE TIME A M	9:30 TGIF FITNESS TH M 10:00 PRIVATE PRAYER AND COMMUNION V M 10:15 ROSARY GROUP 10:15 CURRENT EVENTS DISCUSSION VZ L 11:00 SPANISH LANGUAGE & CULTURAL VZ L LESSON WITH LOU 1:30 MOVIE MATINEE A M 1:30 AFTERNOON BINGO A C 2:15 YARN CLUB A E 2:15 A&E BIOGRAPHY: JUDY GARLAND VZ L 3:00 CHEF'S CHOICE SOCIAL A E 4:15 DRUM CIRCLE WITH ALI AL L 4:30 SHABBAT SERVICE A C 6:00 BINGO BONANZA AL C	M 9:30 SATURDAY STRETCH AM M 10:15 COFFEE CAFE SOCIAL AM B HOROSCOPES/THIS DAY IN HISTORY AND THIS WEEK IN REVIEW 11:00 MULVIHILL-LYNCH IRISH STEP DANCERS PERFORM AL LO 1:30 MOVIE MATINEE AM G 1:30 AFTERNOON BINGO MB LO CIARA GREEN IRISH STEP DANCERS VZ W PERFORMANCE ON WEST SIDE G 2:15 MAD LIBS AL LO 3:00 WARM APP SOCIAL RS B 8:00 WARM APP SOCIAL RS B 4:00 SYMPHONY SATURDAY CONCERT AM LO G 4:00 WII BOWLING PRACTICE AL M G 6:00 EVENING BINGO AL G
X	9:30 SUNDAY STRETCH AM M 10:15 ST. THOMAS MORE CHURCH V 0 10:15 HOROSCOPES/THIS DATE IN AM LO HISTORY AND CURRENT EVENTS 10:30 PET THERAPY WITH CLARE V LO 11:15 TRIVIA FOR PRIZES L M 11:15 KINGS IN THE CORNER I A 1:15 CON MOTO CHAMBER M/LO ENSEMBLE AT SACHEM LIBRARY 1:30 MOVIE MATINEE AM M 1:30 SUNDAY BINGO AM G 2:15 CROSSWORD CHALLENGE AM LO 3:00 SUNDAY SUNDAES RS B 6:00 EVENING BINGO L G 7:00 SUNDAY NIGHT AT THE MOVIES L M	9:30 PUMP IT UP WORKOUT T M 10:15 HOROSCOPES/THIS DATE IN A LO HISTORY AND HEADLINE NEWS 10:30 TRIP TO WALMART M/LRO 11:15 SHOUT IT UL LO 1:30 MOVIE MATINEE A M 1:30 AFTERNOON BINGO A A 2:15 NAME THAT TUNE M B 3:00 MIDDAY MONDAY APPS RS B 3:30 CANASTA CARD CLUB I A 4:15 WALKING CLUB TO THE WEST M LO 6:00 MONDAY NIGHT BINGO L A 7:00 EVENING MOVIE L M	9:30 TONE IT UP TUESDAY L M 10:15 CRAFT CORNER WITH VANESSA VZ G 11:15 CELEBRITY NAME HOT POTATO L LO 11:15 THE ROYAL FAMILY DOCUMENTARY VZ M 1:30 AFTER LUNCH MOVIE L M 1:30 EARLY BIRD BINGO L A 2:15 HOT SEAT CHALLENGE VZ LO 3:00 TUESDAY AFTERNOON RS LO SOCIAL HOUR RS LO 3:30 PENNY POKER I A 415 KEEP IT UP L LO 6:00 BINGO BONANZA L A 7:00 TWILIGHT THEATER L M	9:30 WEDNESDAY WORKOUT L LO 10:15 CROCKPOT COOKING CLUB M B 11:15 W.I.T WEDNESDAYS: OUTBURST M B 1:30 MOVIE MATINEE L M 1:30 AFTER LUNCH BINGO L A 1:30 TRIPTO JUNDA CRUSTS & CRUMBS IN GREENPORT A/L O 2:15 AFTERNOON STRETCH VZ O 3:00 RESIDENT MADE HAPPY HOUR RS B 3:15 BROADWAY SHOW TUNES: OKLAHOMA! A LO 3:30 MAHJONG MEETUP I A 3:45 BRETTON WOODS GRANDFRIENDS READING PROGRAM M DR	P30 YOGA WITH BONNIE L M 10:15 WHACKY MORNING BINGO L G 11:00 JOHNNY MATHIS CONCERT L LO 11:15 LUNCH AT LOMBARDI'S ON THE BAY M/LO 12:00 NEW RESIDENT LUNCHEON VZ PDR 1:30 AFTERNOON BINGO A G 1:30 METS HOME OPENER! A M 2:00 MARY SOLLITTO BELTS IT OUT! A LO 2:45 SENIOR SOCIAL AT M/VZO FOREST BROOK ELEMENTARY 3:00 ARBORS CHEF'S TASTING RS B TAKE ME OUT TO THE BALL GAME! 4:15 TRAVELOGUE TO A B 6:00 NIGHTTIME BINGO A G 7:00 TWILIGHT MOVIE TIME A M	9:30 TGIF FITNESS TH M 10:00 PRIVATE PRAYER AND COMMUNION V M 10:15 ROSARY GROUP A M 10:15 WORD TEASERS VZ G 10:30 PET THERAPY WITH KIOWA VZ L 11:00 BATTLE OF THE SEXES TRIVIA A M 1:30 MOVIE MATINEE A M 2:15 YARN CLUB A B 2:15 A&E BIOGRAPHY: TOM JONES VZ L 3:00 CHEF'S CHOICE SOCIAL A B 4:15 DRUM CIRCLE WITH ALI AL L 4:30 SHABBAT SERVICE A G 6:00 BINGO BONANZA AL G 7:00 TWILIGHT THEATER AL M	P30 SATURDAY STRETCH AM M 10:15 COFFEE CAFE SOCIAL AM B HOROSCOPES/THIS DAY IN HISTORY AND THIS WEEK IN REVIEW LO 10:15 ALPINE BAKERY TRIP M/VZ O M 11:15 BUILD A WORD TREE AL LO M 11:15 MANICURES AM G B 1:30 MOVIE MATINEE AM G LO 1:30 AFTERNOON BINGO MB LO LO 3:00 WARM APP SOCIAL RS B G 4:00 SYMPHONY SATURDAY CONCERT AM LO G 4:00 WII BOWLING PRACTICE AL M
I	9:30 SUNDAY STRETCH AM M 10:15 ST. THOMAS MORE CHURCH V 0 10:15 HOROSCOPES/THIS DATE IN AM LO HISTORY AND CURRENT EVENTS 10:30 PET THERAPY WITH CLARE V LO 11:15 TRIVIA FOR PRIZES L M 11:15 KINGS IN THE CORNER L A	9:30 MOVE YOUR MUSCLES MONDAY A M 10:15 OUTBURST A LO 10:30 TRIP TO SHOP RITE & POST OFFICE M/LRO 11:15 WHEEL OF FORTUNE K LO 1:30 MOVIE MATINEE A M	11:15 CROSSWORD CHALLENGE L LO	STAFF KEY VZ=VANESSA M=MARILYN K=KERRY A=ANNE T=TAMI AL= ALI VZ=VANESSA O=OUTING B=BISTRO CY=COURTYARD CY=COURTYARD D=DINING ROOM	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM *All trips are if weather permits.		

AM=AMANDA

L=MICHELLE

TH=THERESA

MA=MALIK

MB=MARIA

I=INDEPENDENT

V=VOLUNTEER

RS=RECREATION STAFF

VZ LO

L LO

2:45 SPRING AUCTION!

SOCIAL HOUR

4:15 WHAT'S IN THE BOX

6:00 BINGO BONANZA

3:30 PENNY POKER

1:30 AFTERNOON BINGO

3:30 CANASTA CARD CLUB

6:00 MONDAY NIGHT BINGO

7:00 EVENING MOVIE

4:15 WALKING CLUB TO THE WEST

2:15 KEEP IT UP!

AM G

AM LO

RS B

M=MEDIA ROOM

A=ACTIVITY ROOM

CM=COMMUNITY

W=WEST SIDE

RR=RESIDENT ROOM

All programs are subject to change.

All changes will be reflected on the Daily Board.

answer any questions you may have regarding this

Your Director Vanessa Zocchia will be happy to