

# February 2020

# The Arbors At ISLANDIA WEST

Tel: 631-582-3600  
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

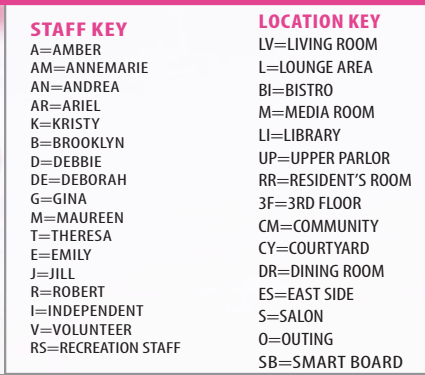
Wednesday

Thursday

Friday

Saturday

RECREATION CALENDAR



<b>1</b>	<b>GIRL SCOUT VISIT</b>		
9:00	MORNING TUNES	AN	LV
9:15	NEWS & VIEWS	AN	LV
10:00	COFFEE TEA & ME	AN	LV
10:30	GIRL SCOUTS VISIT	K	LV
10:30	CHAIR YOGA	AN	M
11:00	INDEPENDENT WORD GAMES	AN	BI
1:00	MOVIE MATINEE	B	M
1:15	PENNY POKER	AN	BI
1:15	FREE STYLE BINGO	K	LV
1:15	PUTT PUTT GOLF	B	UP
2:15	CIRCLE SKETCHING	B	BI
2:15	20 QUESTIONS GAME	K	LV
3:00	ICE CREAM SOCIAL	ALL	L
4:15	CARD GAME: WAR	K	BI
4:15	LITERACY GROUP	AN	M
4:15	TRIVIAL PURSUIT	B	LV
6:00	BINGO IS CALLING	B	LV
7:00	NIGHT TIME MOVIE	B	M

<b>2</b>	<b>SUPER BOWL</b>		
9:00	MUSIC ENJOYMENT	G	LV
9:15	TOP STORIES	G	LV
10:00	SUNDAY EXERCISE	G	LV
10:30	EUCARISTIC SERVICE	TH	M
10:30	ST. THOMAS MORE CHURCH	R	O
10:30	SUPER BOWL HISTORY	AR	LV
10:30	POKENO GAME	G	BI
11:00	THIS DATE IN HISTORY	G	LV
1:00	AFTERNOON MOVIE	K	M
1:15	FREE BINGO FOR PRIZES	AR	LV
1:15	WHO AM I? GAME	DE	BI
1:15	ONE ON ONES	K	O
1:15	SACHEM LIBRARY CONCERT "LOVE SONGS"	R/AR	O
2:15	A-Z TRIVIA	G	LV
2:15	AROMATHERAPY	K	BI
2:15	CHICKEN SOUP FOR THE SOUL	DE	3F
3:00	SUPER BOWL SOCIAL	ALL	L
4:15	AFTERNOON EXERCISE	AR	LV
4:15	RUMMY-O	DE	BI
4:15	IMAGIN IF GAME	K	UP
6:00	BINGO FEVER	K	BI
7:00	LET'S GO TO THE MOVIES	K	M

<b>3</b>			
9:00	POPULAR HITS: HANK WILLIAMS	TH	LV
9:15	HOROSCOPES	TH	LV
9:30	NEWS & VIEWS	G	LV
9:30	MOVEMENT WITH SCARVES	TH	M
10:00	SB: BIOGRAPHY ON HANK WILLIAMS	G	LV
10:30	PIZZA CLUB	TH	UP
10:30	FAMOUS FOLK TRIVIA	K	BI
11:00	TWISTER TOSS	G	BI
11:30	CHICKEN SOUP FOR THE SOUL	TH	LV
11:30	GUESS THE PICTURE?	K	3F
1:00	MONDAY MOVIE	AN	M
1:15	TRIP TO SHOP RITE	AN/KV	L
1:15	MAGAZINE SCAVENGER HUNT	G	BI
1:15	ALPHABET NAME GAME	TH	LV
1:15	FACT OR FICTION	B	3F
2:15	WHAT YEAR WAS IT? TRIVIA	G	LV
2:15	REFLECTION DICE	TH	BI
2:15	SORRY BOARD GAME	B	3F
3:00	AFTERNOON SOCIAL	ALL	L
4:15	BOOK CLUB MEETING	AN	M
4:15	FAMILY FEUD COMPETITION	TH	BI
4:15	TRIVIAL PURSUIT	K	AN
6:00	B-I-N-G-O	K	BI
7:00	NIGHT TIME MOVIE	AN	M

<b>4</b>	<b>PET THERAPY WITH TOM</b>		
9:00	MORNING TUNES	G	LV
9:15	TODAY'S HEADLINERS	G	LV
10:00	SIT & BE FIT	G	LV
10:30	WALKING CLUB	G	LV
10:30	AMERICAN TRIVIA	B	BI
11:00	YOU BE THE JUDGE	G	LV
11:00	PET THERAPY WITH TOM	B	BI
11:30	CONCENTRATION CARD GAME	B	BI
1:00	MOVIE MATINEE	K	M
1:15	BINGO FOR PRIZES	B	M
1:15	BANANAGRAMS	G	3F
1:15	ART EXPRESSIONS	K	BI
2:15	BEAN BAG TOSS	B	LV
2:15	SHOUT OUT WORDS	G	3F
2:15	FINISH THE PHRASE	K	LV
3:00	HAPPY HOUR SOCIAL	ALL	L
4:15	SB: QUIZZO QUIZ	K	LV
4:15	ARE YOU SMARTER THAN A 5TH GRADER?	G	BI
4:15	LEFT RIGHT CENTER	B	UP
6:00	IT'S BINGO TIME	K	BI
7:00	TONIGHT AT THE MOVIES	K	M

<b>5</b>	<b>HAUPPAUGE MIDDLE SCHOOL VISIT</b>		
9:00	MUSIC ENJOYMENT	DE	LV
9:15	TODAY'S TOP STORIES	DE	LV
10:00	LET'S REMINISC	DE	LV
10:30	MORNING WORKOUT	TH	LV
10:30	COOKING CLUB	DE	L
11:00	BUILD A PICNIC WORD GAME	TH	LV
11:30	SB: WORD BOGGLE	TH	LV
11:30	SHOUT OUT WORDS	B	BI
1:00	AFTERNOON MOVIE	G	M
1:15	MUSICAL HANGMAN	TH	LV
1:15	BUNCO TOURNAMENT	G/AN/DE	BI
2:15	SB: TRAVEL SERIES	G	LV
2:15	THE NAME GAME	DE	LV
2:30	HAUPPAUGE MIDDLE SCHOOL VISIT	DE	O
3:00	HOMEMADE SOCIAL	ALL	L
3:30	INDEPENDENT BOARD GAMES	I	BI
4:15	RUMMY HOUR	DE	BI
4:15	20 QUESTIONS	G	LV
4:15	SPIRITUAL RENEWALS	TH	M
6:00	BINGO FEVER	AN	BI
7:00	MOVIE AT DUSK	AN	M

<b>6</b>	<b>ACTIVITY PLANNING MEETING</b>		
9:00	SONGS THROUGH THE DECADES	DE	LV
9:15	TODAY'S HOROSCOPES & NEWS	DE	LV
10:00	TABLE TOP HORSE RACING	AN	BI
10:30	LANGUAGE CLUB	DE	LV
10:30	RUMMY-O GAME	DE	BI
11:00	SITTERSIZ	TH	LV
11:00	BIOGRAPHY ON "NATALIE WOOD"	TH	LV
11:00	CIRCLE SHARING	DE	BI
11:45	LUNCH TRIP TO MILLERS ALE HOUSE	AN/DE	BI
1:00	MOVIE MATINEE	AM	M
1:15	FREE STYLE BINGO	AM	LV
1:15	LRC DICE GAME	TH	BI
2:00	TOSS & TALK BALL	TH	3F
2:15	SB: ANAGRAMS	AN	LV
3:00	HAPPY HOUR SOCIAL	ALL	L
3:00	CHEF'S TASTING	TH	3F
4:15	FACT OR FICTION	DE	LV
4:15	ADULT EDUCATION "THE ANIMAL KINGDOM"	AN	M
4:15	SING-A-LONG	AM	LV
4:15	CARD GAMES	AN	3F
6:00	IT'S BINGO TIME	AN	BI
7:00	LET'S GO TO THE MOVIES	AN	M

<b>7</b>	<b>CRAFTS WITH CLAUDIA</b>		
9:00	MORNING TUNES	DE	LV
9:15	NEWS & VIEWS	DE	LV
9:15	EXERCISE & STRETCHING	D	M
10:00	WALKING CLUB	DE	LV
10:15	PRIVATE PRAYER & COMMUNION	D	LV
10:30	SB: CATEGORIES	D/AM/LV	L
10:30	FAMOUS FOLK TRIVIA	DE	BI
11:00	SB: TRAVEL SERIES	AM	LV
11:00	CRAFTS WITH CLAUDIA	D	BI
1:00	AFTERNOON MOVIE	AN	M
1:15	CRAZY EIGHTS CLUB	AN	BI
1:15	MANICURES	DE	BI
1:15	BINGO FOR PRIZES	AN	LV
2:15	REMINISCING TOGETHER	AN	BI
2:15	CREATE A CARD	AM	L
2:15	CHARADES	DE	LV
3:00	CHEF'S CHOICE SOCIAL	ALL	L
4:00	SHABBAT SERVICES	AN	M
4:15	SB: NAME THAT SONG?	AN	LV
4:15	ONE ON ONES	D	BI
6:00	BINGO BLITZ	AN	BI
7:00	EVENING MOVIE	AN	M

<b>8</b>			
9:00	SUNRISE SONGS	AN	LV
9:15	WHAT'S IN THE NEWS	AN	LV
10:00	COFFEE TEA & ME	AN	LV
10:30	FAMILY FEUD	K	LV
10:30	CHAIR YOGA	AN	M
11:00	INDEPENDENT CROSSWORDS	I	BI
11:00	AROMATHERAPY	K	LV
1:00	MOVIE MATINEE	B	M
1:15	PENNY POKER	AN	BI
1:15	FREE STYLE BINGO	K	LV
1:15	CASH CAB GAME	B	3F
2:15	TWISTER TOSS	B	LV
2:15	REMEMBER WHEN...	AN	BI
2:15	KINGS IN THE CORNER CARD GAME	K	UP
3:00	AFTERNOON SOCIAL	ALL	L
4:15	LITERACY GROUP	AN	M
4:15	PUTT PUTT GOLF	K	LV
4:15	TRIVIAL PURSUIT	B	LV
6:00	BINGO IS CALLING	B	BI
7:00	MOVIE AT DUSK	B	M

<b>9</b>	<b>LIBRARY CONCERT</b>		
9:00	MORNING TUNES	G	LV
9:15	CURRENT EVENTS	G	LV
10:00	SUNDAY STROLL	TH	M
10:30	EUCARISTIC SERVICE	R	O
10:30	ST. THOMAS MORE CHURCH	AR	LV
10:30	FORTE TRIVIA	R	O
10:30	MAGAZINE SCAVENGER HUNT	AR	LV
11:00	INDEPENDENT WORD GAMES	AR	LV
11:00	NOTABLE QUOTABLES	K	M
1:00	MID-DAY MOVIE	G	O
1:15	CONNETQUOT LIBRARY CONCERT "ORCHESTRA"	R/G/O	M
1:15	BINGO FOR PRIZES	AR	LV
1:15	ONE ON ONES	K	O
1:15	LEFT RIGHT CENTER	DE	LV
2:15	GUESS THAT CELEBRITY	AR	LV
2:15	YAHZEE GAME	K	BI
2:15	LET'S REMINISC	DE	UP
3:00	HAPPY HOUR SOCIAL	ALL	L
4:15	TRIVIA CHALLENGE	AR/DE	LV
4:15	DART BOARD TOURNAMENT	K	BI
4:15	SCRAPBOOKING	K	BI
6:00	EVENING BINGO	K	BI
7:00	MOVIE AT DUSK	K	M

<b>10</b>	<b>VET'S CHAT WITH "PAT"</b>		
9:00	SONGS THROUGH THE DECADES	TH	LV
9:15	HAPPY HOROSCOPES	TH	LV
9:30	NEWS & VIEWS	G	LV
9:30	MOVEMENT WITH SCARVES	TH	M
10:00	WHO AM I? BIOGRAPHY GAME?	G	LV
10:00	SB: WORD WATERFALL	TH	LV
10:30	TOSS & TALK BALL	K	LV
11:00	BEAN BAG TOSS	G	M
11:00	CHICKEN SOUP FOR THE SOUL	TH	3F
11:30	TODAY'S TRENDS	AN	M
1:00	MONDAY MOVIE	AN	M
1:15	WALMART SHOPPING TRIP	AN/G/LV	L
1:15	TRIVIAL PURSUIT	R	BI
1:15	NAME THAT SINGER?	B	BI
2:15	WHAT YEAR WAS IT? TRIVIA	TH	LV
2:15	REFLECTION DICE	K	BI
2:15	TWISTER TOSS	B	LV
3:00	AFTERNOON SOCIAL	B	ALL
3:00	VET'S CHAT WITH "PAT"	TH	M
4:15	BOOK CLUB MEETING	AN	M
4:15	DART BOARD TOURNAMENT	R	BI
4:15	SB: DEAL OR NO DEAL	B	LV
6:00	B-I-N-G-O	K	BI
7:00	NIGHT TIME MOVIE	AN	M

<b>11</b>	<b>HAUPPAUGE LIBRARY VISITS</b>		
9:00	MUSIC ENJOYMENT	G	LV
9:15	TODAY'S TOP STORIES	G	LV
10:00	SIT & BE FIT	I	L
10:00	HAUPPAUGE LIBRARY VISITS	G	LV
10:30	WALKING CLUB	G	LV
10:30	COOKING CLUB	B	LV
11:00	SB: EXPLORING CONEY ISLAND	B	LV
11:00	SB: TEXT TWIST	G	BI
11:00	NAME THAT MEMORY	B	BI
11:30	SB: CATEGORIES	B	BI
1:00	AFTERNOON MATINEE	K	M
1:15	BINGO FOR PRIZES	K	LV
1:15	PASS THE POPCORN	G	3F
1:15	AROMATHERAPY	B	BI
2:15	WHO AM I? TRIVIA	K	3F
2:15	HAPPY HOUR SOCIAL	K	3F
2:15	CLIMB THE MOUNTAIN	G	BI
3:00	HAPPY HOUR SOCIAL	ALL	L
4:15	SB: NAME THE TUNE	K	LV
4:15	PAINTING WITH GINA	G	BI
4:15	20 QUESTIONS	B	LV
6:00	B-I-N-G-O	K	BI
7:00	MOVIE AT DUSK	K	M

<b>12</b>			
9:00	MORNING MUSIC	DE	LV
9:15	NEWS & VIEWS	DE	LV
10:00	CIRCLE SHARING	DE	LV
10:30	EXERCISE WITH NOODLES	TH	LV
10:30	COOKING CLUB	TH	LV
11:00	CHICKEN SOUP FOR THE SOUL	DE	LV
11:30	SHARE A JOKE	G	M
1:00	MID-DAY MATINEE	G	M
1:15	SHOPPING TRIP TO MACY'S	AN/TH	O
1:15	BINGO FOR PRIZES	G	LV
1:15	RUMMY CARD GAME	DE	BI
2:15	YOU BE THE JUDGE	DE	LV
2:15	SUDOKU CHALLENGE	G	BI
3:00			