

January 2020

The Arbors At ISLANDIA WEST

Tel: 631-582-3600
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



STAFF KEY

A=AMBER
AM=ANNEMARIE
AN=ANDREA
AR=ARIEL
K=KIANNA
B=BROOKLYN
C=CHELSEA
D=DEBBIE
DE=DEBORAH
M=MAUREEN
T=THERESA
E=EMILY
J=JILL
R=ROBERT
I=INDEPENDENT
V=VOLUNTEER
RS=RECREATION STAFF

LOCATION KEY

LV=LIVING ROOM
L=LOUNGE AREA
BI=BISTRO
M=MEDIA ROOM
LI=LIBRARY
UP=UPPER PARLOR
RR=RESIDENT'S ROOM
3F=3RD FLOOR
CM=COMMUNITY
CY=COURTYARD
DR=DINING ROOM
ES=EAST SIDE
S=SALON
O=OUTING
SB=SMART BOARD

1

NEW YEARS DAY

9:00 MORNING TUNES DE LV
9:15 NEWS & VIEWS DE LV
10:00 ACTIVITY PLANNING MEETING DE LV
10:30 EXERCISE & STRETCHING TH LV
10:30 COOKING CLUB DE LV
11:00 MUSICAL HANGMAN DE BI
11:00 AROMATHERAPY DE BI
1:00 MOVIE MATINEE G M
1:15 SB: BOGGLE DE LV
1:15 BOWLING G LV
2:00 ENTERTAINMENT AT EAST AN/TH ES
2:15 YOU BE THE JUDGE DE LV
2:15 WHO AM I BIOGRAPHY GAME? G BI
3:00 HOMEMADE SOCIAL ALL L
3:30 MAHJONG MEET-UP AN BI
4:15 RUMMY HOUR DE LV
4:15 SPIRITUAL RENEWALS TH M
4:15 ONE ON ONES G 3F
6:00 B-I-N-G-O AN BI
7:00 MOVIE AT DUSK AN M

2

ACTIVITY PLANNING MEETING

9:00 MUSIC ENJOYMENT DE LV
9:15 THE FRONT PAGE NEWS DE LV
9:30 ACTIVITY PLANNING MEETING DE LV
10:00 TABLE TOP HORSE RACING AN BI
10:30 SITTERSIZE TH LV
10:30 THIS AND THAT TRIVIA DE LV
10:30 LETS REMINISC AN BI
11:00 LUNCH TRIP TO "FRED ASTAIRE" TH LV
11:45 LUNCH TRIP TO THE CHINESE BUFFET AN/DE O
1:00 MOVIE MATINEE AM M
1:15 FREE STYLE BINGO AM LV
1:15 ART EXPRESSIONS TH BI
2:00 CHEF'S TASTING TH 3F
2:15 NAME THAT SINGER AM LV
3:00 HAPPY HOUR SOCIAL ALL L
4:15 SB: CHARADES AM/TH LV
4:15 ADULT EDUCATION "HISTORY OF THE CINEMA" AN M
4:15 LRC DICE GAME DE BI
6:00 IT'S BINGO TIME AM BI
7:00 TONIGHT AT THE MOVIES AM M

3

CRAFTS WITH CLAUDIA

9:00 SUNRISE SONGS D LV
9:15 WHAT'S IN THE NEWS? DE LV
9:15 MORNING EXERCISE D LV
10:00 WALKING CLUB DE O
10:15 PRIVATE PRAYER & COMMUNION DE M
10:30 SB: WHO WANTS TO BE A MILLIONAIRE? AM LV
11:00 CRAFTS WITH CLAUDIA DE BI
11:00 WHAT YEAR WAS IT? TRIVIA D LV
11:00 PUTT PUTT GOLF AM M
1:00 AFTERNOON MOVIE AM M
1:15 CRAZY EIGHTS CLUB AN BI
1:15 MANICURES DE UP
1:15 FACT OR FICTION AM LV
1:15 SB: TRAVEL THE WORLD D LV
2:15 SB: WORD HANGMAN D LV
2:15 ART SKETCHING AM M
2:15 CIRCLE SHARING AN BI
3:00 CHEF'S CHOICE SOCIAL ALL L
4:00 SHABBAT SERVICES AN M
4:15 SB: JEOPARDY DE LV
4:15 CASH CAB GAME AN BI
6:00 B-I-N-G-O AN BI
7:00 MOVIE AT DUSK AN M

4

GIRL SCOUT VISIT

9:00 MORNING TUNES AN LV
9:15 NEWS & VIEWS AN LV
10:00 COFFEE TEA & ME AN LV
10:30 GIRL SCOUT VISIT K LV
10:30 CHAIR YOGA AN M
11:00 SB: DEAL OR NO DEAL AN LV
11:00 NAME THAT PERSONALITY B M
1:00 MOVIE MATINEE B M
1:15 PENNY POKER AN BI
1:15 FREE STYLE BINGO K LV
1:15 BEAN BAG TOSS B UP
2:15 ADULT COLORING B BI
2:15 REMINISC ON THE PAST AN LV
2:15 YAHZEE GAME K UP
3:00 ICE CREAM SOCIAL ALL L
3:00 KINGS IN THE CORNER K BI
4:15 LITERACY GROUP AN M
4:15 FAMILY FEUD B LV
4:15 IT'S BINGO TIME B BI
7:00 NIGHT TIME MOVIE B M

5

SACHEM LIBRARY CONCERT

9:00 MUSIC ENJOYMENT G LV
9:15 TOP STORIES G LV
10:00 SUNDAY EXERCISE G LV
10:30 EUCHARISTIC SERVICE AR LV
10:30 ST.THOMAS MORE CHURCH R O
11:00 SCATTERGORIES AR BI
11:00 IT HAPPENED ON LONG ISLAND G LV
1:00 AFTERNOON MOVIE K M
1:15 FREE BINGO FOR PRIZES AR LV
1:15 SB: QUIPO QUIZ K LV
1:15 LIBRARY CONCERT "TWO FOR THE ROAD" R/AR O
2:15 SB: UNSCRAMBLE THE WORD G LV
2:15 THE GAME BOGGLE K BI
3:00 SUNDAY SOCIAL ALL L
4:15 BEAN BAG TOSS AR LV
4:15 SB: TEXT TWIST G LV
4:15 MEDITAIVE COLORING K BI
6:00 BINGO FEVER K BI
7:00 LET'S GO TO THE MOVIES K M

6

MORNING MUSIC

9:00 MORNING MUSIC TH LV
9:15 WHAT'S IN THE NEWS G LV
9:15 MOVEMENT WITH SCARVES TH M
10:00 SB: BIOGRAPHY ON... G LV
10:30 PIZZA CLUB TH LV
10:30 FAMOUS FOLK TRIVIA K UP
11:00 PUTT PUTT GOLF G BI
11:30 SHARE A JOKE TH LV
11:30 INDEPENDENT GAMES K 3F
1:00 MONDAY MOVIE AN M
1:15 TRIP TO SHOP RITE AN/K LV
1:15 20 QUESTIONS GAME G BI
1:15 USE YOUR WOODLE EXERCISE TH LV
2:15 URBAN MYTHS TH LV
2:15 REFLECTION DICE TH BI
3:00 AFTERNOON SOCIAL ALL L
4:15 BOOK CLUB MEETING AN M
4:15 AFTERNOON EXERCISE TH LV
4:15 THE WHEEL OF FORTUNE K BI
6:00 B-I-N-G-O AN BI
7:00 NIGHT TIME MOVIE AN M

7

PET THERAPY WITH TOM

9:00 MORNING TUNES G LV
9:15 TODAY'S HEADLINERS G LV
10:00 SIT & BE FIT G LV
10:30 WALKING CLUB G LV
10:30 MIND TEASERS B BI
11:00 EXERCISE PROGRAM G LV
11:00 PET THERAPY WITH TOM B BI
11:30 BOGGLE WORD GAME B BI
1:00 MOVIE MATINEE K M
1:15 TOS & TALK BALL K LV
1:15 WORLD OF TRIVIA G 3F
1:15 ART EXPRESSIONS B BI
2:15 FAMILY FEUD GAME B 3F
2:15 BOWLING K LV
2:00 SB-WHO WANTS TO BE A MILLIONAIRE? ALL L
4:15 SB:WORD GAMES K LV
4:15 CLIMB THE MOUNTAIN GAME G BI
4:15 ARE YOU SMARTER THAN A 5TH GRADER? B UP
6:00 IT'S BINGO TIME K BI
7:00 TONIGHT AT THE MOVIES K M

8

ELVIS BIRTHDAY PARTY

9:00 MUSIC ENJOYMENT DE LV
9:15 TODAY'S TOP STORIES DE LV
10:00 REMEMBER WHEN... DE LV
10:30 MORNING WORKOUT TH LV
10:30 COOKING CLUB DE LV
11:00 ELVIS MUSIC APPRECIATION G LV
11:30 ELVIS PRESLEY TRIVIA DE LV
1:00 AFTERNOON MOVIE G LV
1:15 MUSICAL HANGMAN TH LV
1:15 TOS & TALK BALL G LV
1:15 MAHJONG MEET-UP G/AN LV
2:15 SB: TEXT TWIST DE LV
2:15 THE TELEPHONE GAME TH LV
2:30 HAUPPAUGE MIDDLE SCHOOL VISIT TH/AN LV
3:00 HOMEMADE SOCIAL ALL L
3:30 INDEPENDENT BOARD GAMES AN LV
4:15 RUMMY HOUR DE LV
4:15 ONE ON ONES G LV
6:00 SPIRITUAL RENEWALS TH LV
7:00 BINGO FEVER AN LV
7:00 MOVIE AT DUSK AN LV

9

OPEN HOUSE

9:00 SONGS THROUGH THE DECADES DE LV
9:15 NEWS & VIEWS DE LV
10:00 TODAY'S HOROSCOPES & NEWS AN BI
10:00 TABLE TOP HORSE RACING AN BI
10:30 LANGUAGE CLUB TH LV
10:30 SITTERSIZE TH LV
11:00 BIOGRAPHY ON "BING CROSBY" DE LV
11:00 DISCUSSION GROUP TH LV
11:45 TAKE IN PIZZA PARTY AM M
1:00 MOVIE MATINEE ALL BI
1:15 A WORLD OF TRIVIA AN M
1:15 RUMMY HOUR DE BI
2:00 CHEF'S TASTING TH 3F
2:00 ENTERTAINMENT WITH "JUST US BAND" ALL LV
3:00 HAPPY HOUR SOCIAL AN LV
4:15 FACT OR FICTION DE LV
4:15 ADULT EDUCATION "HISTORY OF THE CINEMA" AN M
4:15 ART EXPRESSIONS AM BI
4:15 TOS & TALK BALL TH 3F
6:00 IT'S BINGO TIME AM BI
7:00 LET'S GO TO THE MOVIES AM M

10

MORNING TUNES

9:00 MORNING TUNES DE LV
9:15 NEWS & VIEWS DE LV
9:15 EXERCISE & STRETCHING D M
10:00 WALKING CLUB DE LV
10:15 PRIVATE PRAYER & COMMUNION DE LV
10:30 SB: DEAL OR NO DEAL AN LV
10:30 FAMOUS FOLK TRIVIA DE BI
11:00 SB: MUSICAL HANGMAN AM LV
11:00 AROMATHERAPY D BI
1:00 AFTERNOON MOVIE AN M
1:15 CRAZY EIGHTS CLUB AN BI
1:15 MANICURES DE BI
1:15 SB: WHEEL OF FORTUNE AM LV
2:15 REMINISCING TOGETHER AN BI
2:15 DART TOURNAMENT AN LV
2:15 CHARADES DE LV
3:00 CHEF'S CHOICE SOCIAL ALL L
4:00 SHABBAT SERVICES AN M
4:15 SB: KARAOKE AN/DE LV
4:15 ONE ON ONES D BI
6:00 BINGO BLITZ AN BI
7:00 EVENING MOVIE AN M

11

SUNRISE SONGS

9:00 SUNRISE SONGS AN LV
9:15 WHAT'S IN THE NEWS AN LV
10:00 COFFEE TEA & ME AN LV
10:30 FINISH THE PHRASE K LV
10:30 CHAIR YOGA AN M
11:00 SB: WHO WANTS TO BE A MILLIONAIRE? AN LV
11:00 ART EXPRESSION K BI
1:00 MOVIE MATINEE B M
1:15 PENNY POKER AN BI
1:15 FREE STYLE BINGO K LV
1:15 TODAY'S TRIVIA B 3F
2:15 SING-A-LONG B LV
2:15 CARD CHALLENGE AN BI
2:15 SCRABBLE BOARD GAME K UP
3:00 AFTERNOON SOCIAL ALL L
4:15 LITERACY GROUP AN M
4:15 JUMBO BOWLING K LV
4:15 SB: DEAL OR NO DEAL B LV
6:00 IT'S BINGO TIME B BI
7:00 MOVIE AT DUSK B M

12

SACHEM LIBRARY CONCERT

9:00 MORNING TUNES G LV
9:15 CURRENT EVENTS G LV
10:00 SUNDAY STROLL G LV
10:30 EUCHARISTIC SERVICE AR LV
10:30 ST.THOMAS MORE CHURCH R O
11:00 THIS DAY IN HISTORY AR BI
11:00 FINISH THE LINE TRIVIA G LV
1:00 MID-DAY MOVIE K M
1:15 LIBRARY CONCERT "BARRY MANILOW" R/G O
1:15 BINGO FOR PRIZES K LV
1:15 UNO CARD GAME AR O
2:15 NAME THAT TUNE AR LV
2:15 SCATTERGORIES BOARD GAMES K BI
3:00 HAPPY HOUR SOCIAL ALL L
4:15 MIND JOGGERS AR LV
4:15 JUMBO BOWLING G LV
4:15 CRAFTING CORNER K BI
6:00 VEGAS STYLE BINGO K BI
7:00 EVENING MOVIE K M

13

VET'S CHAT WITH "PAT"

9:00 SONGS THROUGH THE DECADES TH LV
9:15 WHAT'S IN THE NEWS G LV
9:15 MOVEMENT WITH SCARVES TH M
10:00 WHO AM I BIOGRAPHY GAME? G LV
10:30 SB:WORD WATERFALL TH LV
10:30 FAMOUS FOLK TRIVIA K LV
11:00 TWISTER TOSS G BI
11:00 CHICKEN SOUP FOR THE SOUL K LV
11:30 MORNING TRIVIA K 3F
1:00 MONDAY MOVIE AN M
1:15 WALMART SHOPPING TRIP AN/G LV
1:15 TRIVIAL PURSUIT K BI
1:15 ACT IT OUT GAME TH LV
2:15 LIFE STORIES K LV
2:15 TOS & TALK BALL TH BI
3:00 AFTERNOON SOCIAL ALL L
3:00 VET'S CHAT WITH "PAT" ALL M
4:15 BOOK CLUB MEETING K LV
4:15 FAMILY FEUD G BI
4:15 SB: DEAL OR NO DEAL K LV
6:00 B-I-N-G-O AN BI
7:00 NIGHT TIME MOVIE AN M

14

MUSIC ENJOYMENT

9:00 MUSIC ENJOYMENT G LV
9:15 WHAT'S IN THE NEWS G LV
10:00 HAUPPAUGE LIBRARY VISIT G LV
10:00 SIT & BE FIT G LV
10:30 WALKING CLUB G LV
10:30 SB: EXPLORING OUTER SPACE G LV
11:00 SB: TEXT TWIST B BI
11:00 FORTE TRIVIA CARDS B BI
11:30 SB: CATEGORIES B BI
1:00 AFTERNOON MATINEE K LV
1:15 THINKERS TRIVIA K LV
1:15 CASH CAB GAME G 3F
1:15 AROMATHERAPY B BI
2:15 WHEEL OF FORTUNE B LV
2:15 MEDITATIVE COLORING K 3F
2:15 CHARADES G BI
3:00 HAPPY HOUR SOCIAL K ALL
4:15 MIND JOGGERS K LV
4:15 KINGS IN THE CORNER G BI
4:15 SB: WORD GAMES K LV
6:00 B-I-N-G-O K BI
7:00 MOVIE AT DUSK K M

15

POPULAR HITS: FRANK SINATRA

9:00 POPULAR HITS: FRANK SINATRA DE LV
9:15 NEWS & VIEWS DE LV
10:00 CIRCLE SHARING DE LV
10:30 EXERCISE WITH NOODLES TH LV
10:30 COOKING CLUB DE LV
11:00 CHICKEN SOUP FOR THE SOUL TH LV
11:30 DISCOVER YOUR ANCESTRY DE LV
1:00 MID-DAY MATINEE G M
1:15 SHOPPING TRIP TO MARSHALLS AN/TH O
1:15 BINGO FOR PRIZES AM LV
1:15 BISTRO CARD GAMES DE BI
2:15 IT HAPPENED ON LONG ISLAND DE LV
2:15 SB: DEAL OR NO DEAL G LV
3:00 HAPPY HOUR SOCIAL ALL L
3:30 MAHJONG MEET-UP AN M
4:15 ONE ON ONES G 3F
4:15 PLAY ON WORDS DE LV
4:15 SPIRITUAL RENEWALS TH M
6:00 AFTER DINNER BINGO AN BI
7:00 TONIGHT AT THE MOVIES AN M

16

MUSIC ENJOYMENT

9:00 MUSIC ENJOYMENT DE LV
9:15 TODAY'S HEADLINERS DE LV
10:00 CIRCLE TOP HORSE RACING AN BI
10:00 TODAY'S TRENDS DE LV
10:30 MORNING EXERCISE TH LV
11:00 TRIVIAL PURSUIT DE LV
11:00 GUIDED MEDITATION TH M
11:45 LUNCH TRIP TO MAMA LOMBARDO'S AM/TH O
1:00 MOVIE MATINEE AM M
1:15 MUSICAL BIOGRAPHY AM LV
1:15 WHO AM I? GAME DE BI
2:00 CHEF'S TASTING AN 3F
2:15 FAMILY FEUD DE LV
3:00 HAPPY HOUR SOCIAL ALL L
4:15 ADULT EDUCATION "HISTORY OF THE CINEMA" AN M
4:15 BEAN BAG TOSS AN LV
4:15 TODAY'S TRIVIA DE LV
4:15 NAME THAT SINGER TH 3F
6:00 EVENING BINGO AM BI
7:00 NIGHT-TIME MOVIE AN M

17

CHRIS ART ON WHEELS

9:00 EASY LISTENING MUSIC DE LV
9:15 HAPPY HOROSCOPES DE LV
9:15 MOVEMENT TO MUSIC D M
10:00 WALKING CLUB DE LV
10:15 PRIVATE PRAYER & COMMUNION D LV
10:30 CHRIS ART ON WHEELS AM BI
10:30 SB: CATEGORIES DE LV
11:00 REFLECTION DICE D UP
11:00 YOU BE THE JUDGE AN LV
1:00 MOVIE MATINEE AN BI
1:15 CRAZY EIGHTS CLUB ALL BI
1:15 MANICURES DE LV
2:15 BUNCO TOURNAMENT AM/AN BI
2:15 PUTT PUTT GOLF AN LV
3:00 CHEF'S CHOICE SOCIAL ALL L
4:00 SHABBAT SERVICES AN M
4:15 SHARE A JOKE DE LV
4:15 ONE ON ONES D LV
6:00 BINGO BASH AN BI
7:00 TONIGHT AT THE MOVIES AN M

18

PET THERAPY WITH ENZO

9:00 MORNING TUNES AN LV
9:15 NEWS & VIEWS AN LV
10:00 COFFEE TEA & ME AN LV
10:30 PET THERAPY WITH ENZO K LV
10:30 CHAIR YOGA AN BI
11:00 SEQUENCE GAME AN BI
11:00 IMAGINE IF GAME K LV
1:00 AFTERNOON MOVIE B M
1:15 PENNY POKER AN BI
1:15 FREE STYLE BINGO K LV
1:15 TOS & TALK BALL B 3F
2:15 BIOGRAPHY ON "JULIE ANDREWS" B LV
2:15 FACT OR FICTION K UP
3:00 ICE CREAM SOCIAL AN BI
4:15 LITERACY GROUP AN M
4:15 SB: FAMOUS FACES K LV
4:15 CASH CAB GAME B LV
6:00 BINGO IS CALLING B BI
7:00 SATURDAY NIGHT MOVIE B M

19

SCENIC BUS RIDE

9:00 MUSIC ENJOYMENT G LV
9:15 SUNDAY NEWS G LV
10:00 SUNDAY STROLL G LV
10:30 EUCHARISTIC SERVICE AR LV
10:30 ST.THOMAS MORE CHURCH R O
11:00 SB: TRAVEL SERIES AR LV
11:00 SUNDAY MOVIE K M
1:15 BINGO FOR PRIZES G LV
1:15 SCENIC BUS RIDE R O
1:15 A WORLD OF TRIVIA AR 3F
2:15 SB: JEOPARDY K LV
2:15 WHAT YEAR WAS IT TRIVIA AR BI
2:15 BEAN BAG TOSS G LV
3:00 HAPPY HOUR SOCIAL ALL L
4:15 SB: WORD GAMES AR LV
4:15 GUESS THAT QUOTE G LV
4:15 APPLES TO APPLES GAME K 3F
6:00 VEGAS STYLE BINGO K BI
7:00 SUNSET MOVIE K M

20

MARTIN LUTHER KING JR DAY

9:00 MORNING TUNES TH LV
9:15 TODAY'S TOP STORIES G LV
9:15 MOVEMENT WITH SCARVES TH M
10:00 MIND JOGGERS G LV
10:30 PIZZA CLUB TH LV
10:30 BIOGRAPHY ON MARTIN LUTHER KING JR K LV
11:00 SCRABBLE BOARD GAME G BI
11:30 CHICKEN SOUP FOR THE SOUL TH LV
11:30 SB: "I HAVE A DREAM SPEECH" K LV
1:00 AFTERNOON MOVIE AN M
1:15 TRIP TO WALMART AN/TH LV
1:15 IMAGINE IF... TRIVIA K BI
1:15 SB: SING-A-LONG G LV
2:15 ARE YOU SMARTER THAN A 5TH GRADER? K 3F
2:15 LRC GAME G BI
3:00 AFTERNOON SOCIAL ALL LV
4:15 BOOK CLUB MEETING AN M
4:15 AFTERNOON EXERCISE TH LV
4:15 UNO CARD GAME K BI
6:00 BINGO IS CALLING AN BI
7:00 NIGHT TIME MOVIE AN M

21

PET THERAPY WITH TOM

9:00 MORNING TUNES G LV
9:15 TODAY'S HEADLINERS G LV
10:00 SIT & BE FIT G LV
10:30 WALKING CLUB G LV
10:30 COOKING CLUB B BI
11:00 MIND TEASERS G LV
11:00 SB: JEOPARDY B BI
11:00 PET THERAPY WITH TOM B BI
11:30 CARD GAMES K M
1:00 MOVIE MATINEE K M
1:15 CHARADES K LV
1:15 WORLD OF TRIVIA G 3F
1:15 ART EXPRESSIONS B BI
2:15 FAMILY FEUD GAME B LV
2:15 BOWLING K 3F
3:00 HAPPY HOUR SOCIAL ALL L
4:15 SB:WORD GAMES K LV
4:15 CLIMB THE MOUNTAIN G UP
4:15 ARE YOU SMARTER THAN A 5TH GRADER? B BI
6:00 IT'S BINGO TIME K BI
7:00 TONIGHT AT THE MOVIES K M

22

EASY LISTENING MUSIC

9:00 EASY LISTENING MUSIC DE LV
9:15 FRONT PAGE NEWS DE LV
10:00 FROM THEN TO NOW.. DE LV
10:30 STRETCHING WITH SCARVES TH LV
10:30 COOKING CLUB DE LV
11:00 WHO AM I TRIVIA? DE LV
11:00 TODAY'S QUOTE OF THE DAY G M
1:00 MID-AFTERNOON MOVIE AN/GO
1:15 FINISH THE LYRIC TH LV
1:15 CASH CAB TRIVIA DE BI
2:15 SB: ANAGRAMS DE LV
2:15 REFLECTION DICE TH LV
3:00 HOMEMADE SOCIAL ALL L
3:30 MAHJONG MEET-UP AN BI
4:15 SB: Pictionary G LV
4:15 THE TELEPHONE GAME DE LV
4:15 SPIRITUAL RENEWALS TH M
6:00 B-I-N-G-O AN BI
7:00 MOVIE AT DUSK AN M

23

NATIONAL PIE DAY

9:00 FAMOUS HITS FROM THE 60S DE LV
9:15 TODAY'S HOROSCOPES & NEWS DE LV
10:00 TABLE TOP HORSE RACING AN BI
10:00 LANGUAGE CLUB DE LV
10:30 MORNING WORKOUT TH LV
11:00 BIOGRAPHY ON "JERRY LEWIS" TH LV
11:00 STORY SHARING DE BI
11:45 LUNCH TRIP TO SUNDRIED TOMATO AN/DE O
1:00 MOVIE MATINEE AM M
1:15 BINGO FOR PRIZES AM LV
1:15 ONE ON ONES TH BI
2:00 CHEF'S TASTING TH 3F
2:15 THE WHEEL OF FORTUNE AM LV
3:00 HAPPY HOUR SOCIAL ALL L
4:15 ADULT EDUCATION "HISTORY OF THE CINEMA" AN M
4:15 JOKE TIME DE LV
4:15 UNO CARD GAME AM LV
4:15 YOU BE THE JUDGE TH 3F
6:00 EVENING BINGO AM BI
7:00 MEET AT THE CINEMA AM M

24

COMMUNITY GRANDFRIENDS

9:00 MORNING TUNES DE LV
9:15 NEWS & VIEWS DE LV
9:15 EXERCISE & STRETCHING D M
10:00 WALKING CLUB DE LV
10:15 PRIVATE PRAYER & COMMUNION D LV
10:30 SB: QUIPO QUIZ AM BI
10:30 NAME THAT PERSONALITY D LV
11:00 SB: WORD WATERFALL DE LV
11:00 BISTRO BOGGLE D BI
1:00 AFTERNOON MOVIE AN BI
1:15 CRAZY EIGHTS CLUB AN BI
1:15 MANICURES DE BI
2:15 ARE YOU SMARTER THAN A 5TH GRADER? AN LV
2:15 REMINISCING TOGETHER AN BI
2:15 DART TOURNAMENT D LV
3:00 CHEF'S CHOICE SOCIAL ALL L
4:00 SHABBAT SERVICES AN M
4:15 SB: KARAOKE AN/DE LV
4:15 COMMUNITY GRANDFRIENDS D BI
6:00 BINGO BLITZ AN BI
7:00 EVENING MOVIE AN M

25

SUNRISE SONGS

9:00 SUNRISE SONGS AN LV
9:15 WHAT'S IN THE NEWS AN LV
10:00 COFFEE TEA & ME AN LV
10:30 FINISH THE LYRIC K LV
10:30 CHAIR YOGA AN M
11:00 SB: WHO WANTS TO BE A MILLIONAIRE? AN LV
11:00 IT HAPPENED ON LONG ISLAND K BI
1:00 MOVIE MATINEE B M
1:15 PENNY POKER AN BI
1:15 FREE STYLE BINGO K LV
1:15 WHO SAID IT TRIVIA? B 3F
2:15 SB: JEOPARDY B LV
2:15 BISTRO BOARD GAMES AN BI
2:15 APPLES TO APPLES GAME K UP
3:00 AFTERNOON SOCIAL ALL L
4:15 LITERACY GROUP AN M
4:15 JUMBO BOWLING K LV
4:15 SB: ANAGRAMS B LV
6:00 IT'S BINGO TIME B BI
7:00 MOVIE AT DUSK B M

26

SACHEM LIBRARY CONCERT

9:00 MUSIC ENJOYMENT G LV
9:15 SUNDAY NEWS G LV
10:00 EXERCISE & STRETCHING G LV
10:30 EUCHARISTIC SERVICE AR LV
10:30 ST.THOMAS MORE CHURCH R O
11:00 SCATTERGORIES AR BI
11:00 SB: TEXT TWIST G LV
1:00 SUNDAY MOVIE K M
1:15 BINGO FOR PRIZES AR O
1:15 TABLE TOP GAMES G LV
1:15 LIBRARY CONCERT "KARPENTEERS" R/K O
2:15 TODAY'S TRIVIA G BI
2:15 SB: BIOGRAPHY ON "JOHN WAYNE" AR LV
3:00 SUNDAY SOCIAL ALL LV
4:15 SB: NAME THAT SONG? AR LV
4:15 FACT OR FICTION G 3F
4:15 MEDITATIVE COLORING K BI
6:00 VEGAS STYLE BINGO K BI
7:00 MOVIE AT SUNSET K M

27

MORNING MUSIC

9:00 MORNING MUSIC TH LV
9:15 NEWS & VIEWS G LV
9:15 MOVEMENT WITH SCARVES TH M
10:00 A WORLD OF TRIVIA TH LV
10:30 SB: CELEBRITY OF THE WEEK K LV
10:30 SEQUENCE GAME K LV
11:00 SB: JEOPARDY G LV
11:00 ART EXPRESSIONS TH BI
11:00 URBAN MYTHS K LV
11:30 MONDAY MOVIE MATINEE AN M
1:00 TRIP TO WALMART AN/TH LV
1:15 MONDAY MANICURES K BI
1:15 SB: GUESS THAT FAMOUS VOICE G LV
2:15 SB: GOOGLE MAPS G LV
2:15 BANANAGRAMS G BI
3:00 HAPPY HOUR ALL L
4:15 BOOK CLUB MEETING AN M
4:15 SB: DEAL OR NO DEAL? G LV
4:15 NAME TEN GAME TH BI
6:00 EVENING BINGO AN BI
7:00 MONDAY'S AT THE MOVIES AN M

28

JANUARY BIRTHDAY CELEBRATION

9:00 MUSIC ENJOYMENT G LV
9:15 WHAT'S IN THE NEWS G LV
10:00 SIT & BE FIT G LV
10:30 WALKING CLUB G LV
10:30 SB: TRAVEL SERIES B LV
11:00 SB: QUIPO QUIZ G BI
11:00 FORTE TRIVIA CARDS B BI
11:30 SB: CATEGORIES B BI
1:00 AFTERNOON MATINEE K M
1:15 WHO SAID IT TRIVIA? K LV
1:15 CASH CAB GAME G 3F
1:15 AMORAL TRIVIA B BI
2:00 ENTERTAINMENT BY "STAN & EDIE" B/G LV
2:15 MEDITATIVE COLORING K 3F
3:00 HAPPY HOUR SOCIAL ALL L
4:15 MIND JOGGERS K LV
4:15 UNO CARD GAME G LV
4:15 PASS THE POPCORN GAME B LV
6:00 B-I-N-G-O K BI
7:00 MOVIE AT DUSK K M

29

MORNING TUNES

9:00 MORNING TUNES DE LV
9:15 NEWS & VIEWS DE LV
10:00 JANUARY FACTS DE LV
10:30 MORNING WORKOUT TH LV
10:30 COOKING CLUB DE LV
11:00 MUSICAL HANGMAN TH LV
11:30 URBAN MYTHS G M
1:00 MOVIE MATINEE AN/DE O
1:15 SHOPPING TRIP TO JAKES 58 CASINO TH LV
1:15 SB:WORD WATERFALL G LV
1:15 BALLOON VOLLEYBALL G LV
2:15 AROMATHERAPY TH BI
2:15 SB: GUESS THAT IMAGE? TH LV
3:00 SOCIAL HOUR ALL L
3:30 MAHJONG MEET-UP ALL BI
4:15 SPIRITUAL RENEWALS TH M
4:15 SB: QUIPO QUIZ G LV
4:15 PASS THE POPCORN GAME DE LV
6:00 BINGO IS CALLING AN BI
7:00 TONIGHT AT THE MOVIES AN M

30

FOREST BROOK ELEMENTARY TRIP

9:00 POPULAR HITS: BING CROSBY DE LV
9:15 NEWS & VIEWS DE LV
9:30 RESIDENT COUNCIL MEETING ALL LV
10:00 TABLE TOP HORSE RACING AN BI
10:30 FOOD COMMIT