

January 2020

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



STAFF KEY
A-Alice
G-Gale
GT-Gabrielle
GK-Gail
KM-Kim
L-Laura
P-Pat
T-Tracey
KU-Katilyn
MW - Melissa
FSD - Food Service Director
ALL- All Staff
I - Independent

LOCATION KEY
RL - Recreation Lounge
B - Bistro
TH - Theater
L - Library
A - Art Room
OC - Outdoor Courtyard
EL - Entrance Lounge
FL - Front Lawn
PDR - Private Dining Room

1	CARD SHARKS POKER		
9:00	MUSIC ENJOYMENT	RL	I
10:00	MID-WEEK NEWS	RL	GT
10:00	ROSARY GROUP	A	I
10:30	MORNING EXERCISE/WALK	RL	T
11:00	SB: FAMILY FEUD	RL	GT
11:00	INDOOR SPORT GAMES	RL	T
11:45	WORD SEARCH/CROSSWORD	RL	I
1:00	ADULT COLORING	RL	I
2:00	SB: TRAVEL THE WORLD WITH RICK STEVENS	RL	GT
2:00	MUSICAL MATINEE	TH	T
2:15	CRAFT CORNER: DOOR HANGING	RL	T
2:00	CARD SHARKS POKER	RL	I
3:15	MID-WEEK SOCIAL/GAMES	RL	ALL
4:00	SB: CROSSWORD CHALLENGE	RL	T
5:00	CARD GAMES	RL	GK
7:00	AFTER DINNER BINGO	RL	GK
8:00	WEDNESDAY NIGHT MOVIE	TH	GK

2	DOLLAR STORE		
9:00	MUSIC ENJOYMENT	RL	I
10:00	WHAT'S IN THE NEWS	RL	GT
10:30	CHAIR FITNESS/WALK	RL	T
11:00	SB: CROSSWORD CHALLENGE	RL	GT
11:00	CRAFT WITH TRACEY	RL	T
11:15	PUZZLE CHALLENGE	RL	G
12:00	INDEPENDENT GAMES/PUZZLES	RL	I
1:00	UNO CARD GAME	RL	L
2:00	MACRAME THURSDAY	RL	GT
2:00	PLAY POKENO WITH LAURA	RL	L
2:00	DOLLAR STORE	O	T,G
3:15	THURSDAY SOCIAL/GAMES	RL	ALL
4:00	SB: CROSSWORD CHALLENGE	RL	T
5:00	THOSE WERE THE DAYS...	RL	L
7:00	BINGO BUCKS	RL	L
8:00	MEET ME AT THE MOVIES	TH	L

3	SPA MANICURES		
9:00	MUSIC ENJOYMENT	RL	I
10:00	TODAY'S NEWS	RL	T
10:30	BODIES IN MOTION/WALK	RL	P
11:00	SB: CROSSWORD CHALLENGE	RL	T
11:00	PUTT PUTT GOLF	RL	P
11:45	PUZZLE CHALLENGE	RL	I
1:00	CARDS & GAMES	RL	L
2:00	ACRYLIC PAINTING	RL	P
2:00	MEN'S MATINEE MOVIE	TH	T
2:00	SB: ONLY THE SHADOW KNOWS	RL	T
2:00	SPA MANICURES	S	L
3:15	MIX & MINGLE SOCIAL/GAMES	RL	ALL
4:00	SB: HANGMAN GAME	RL	P
5:00	FLASHBACK FRIDAYS	RL	L
7:00	BINGO BASH	RL	L
8:00	FRIDAY NIGHT MOVIE	TH	L

4	RECREATION COUNCIL MEETING		
9:00	MUSIC ENJOYMENT	RL	I
10:00	RECREATION COUNCIL MEETING	RL	AF
10:00	LUTHERAN SERVICE	TH	I
10:45	LOW IMPACT EXERCISE/WALK	RL	LS
11:00	BIGOGRAPHY: LAWRENCE WELK	RL	L
11:00	MEN'S CORNER	RL	LS
11:15	BOWL WITH GALE	RL	G
11:45	INDEPENDENT PUZZLES	RL	I
1:00	CONCENTRATION CARD GAME	RL	T
2:00	INDEPENDENT CARDS/GAMES	RL	T
2:00	INDOOR SPORTS	RL	LS
2:00	BEADWORKS JEWELRY MAKING	RL	L
3:15	SATURDAY AFTERNOON SOCIAL	RL	ALL
4:00	CHAT WITH LAURA	RL	L
5:00	YOU BE THE JUDGE	RL	T
7:00	WEEKEND BINGO	RL	L
8:00	SATURDAY EVENING MOVIE	TH	T

5	OPC SINGER/SERVICE		
9:00	MUSIC ENJOYMENT	RL	I
10:00	SUNDAY NEWS	RL	GT
10:30	STRETCH & FLEX	RL	P
11:00	PRAYER & COMMUNION SERVICE	TH	GT
11:00	COMMUNITY STROLL	RL	P
11:30	PUZZLES/WORD SEARCH	RL	I
1:00	INDEPENDENT ADULT COLORING	RL	I
2:00	SUNDAY MATINEE	TH	K
2:00	OPC SINGER/SERVICE	RL	GT
2:00	INDEPENDENT TABLE GAMES	RL	I
2:00	INDOOR SPORTS	EL	P
3:15	SUNDAY MIX & MINGLE	RL	ALL
4:00	SB: HANGMAN	RL	P
5:00	HEADBANDS GAME	RL	K
7:00	SUNDAY BINGO	RL	K
8:00	EVENING AT THE MOVIES	TH	K

6	SB: CLASSIC TV SHOWS		
9:00	MUSIC ENJOYMENT	RL	I
10:00	NEWS DISCUSSION	RL	GT
10:30	WATERCOLOR YOUR WORLD	RL	P
10:30	LET'S STAY FIT/WALK	RL	P
11:00	SB: CLASSIC TV SHOWS	RL	GT
11:15	PUTTING PRACTICE	EL	G
11:45	INDEPENDENT WORD SEARCH PUZZLES	RL	I
1:00	ADULT COLORING	RL	I
2:00	OPEN ART TIME	RL	P
2:00	MONDAY MOVIE MATINEE	RL	GT
2:15	SB: JEOPARDY GAME	RL	GT
2:15	BOWLING WITH GALE	RL	G
3:15	MONDAY SOCIAL	RL	ALL
4:00	PICTIONARY	RL	P
5:00	HEAD BANDS GAMES	RL	GK
7:00	LET'S PLAY BINGO	RL	GK
8:00	MOVIES ON MONDAY	TH	GK

7	BOCES MANICURES 8:15/11:15		
9:00	MUSIC ENJOYMENT	RL	I
10:00	NEWSDAY TUESDAY	RL	GT
10:30	BODIES IN MOTION/WALK	RL	P
11:00	SB: FAMOUS SINGERS	RL	GT
11:00	MUSICAL MEDITATION	RL	P
12:00	INDEPENDENT MIND TEASERS	RL	I
1:00	SB: CROSSWORD CHALLENGE	RL	T
2:00	CROCHET/KNITTING CORNER	RL	P
2:00	RESIDENT MOVIE CHOICE	TH	T
2:00	LEARN ITALIAN WITH GAB	RL	GT
2:15	BOWLING	RL	T
3:15	HAPPY HOUR SOCIAL & GAMES	RL	ALL
4:00	SB: CROSSWORD PUZZLE	RL	P
5:00	TRIVIA TEASERS	RL	T
7:00	EVENING BINGO	RL	T
8:00	TONIGHT AT THE MOVIES	TH	T

8	CURTAIN CALL WITH VINNY		
9:00	MUSIC ENJOYMENT	RL	I
10:00	ROSARY GROUP	A	I
10:00	MID-WEEK NEWS	RL	GT
10:30	MORNING EXERCISE/WALK	RL	T
11:00	SB: FAMILY FEUD	RL	GT
11:00	INDOOR GAMES	RL	T
11:45	INDEPENDENT PUZZLE OF THE DAY	RL	I
1:00	ADULT COLORING	RL	I
2:00	CURTAIN CALL WITH VINNY	RL	GT,T
2:00	BOWLING WITH GAIL	RL	GK
2:00	CARD SHARKS-POKER	RL	I
3:15	MID-WEEK SOCIAL/GAMES	RL	ALL
4:00	SB: WACKY WORD CHALLENGE	RL	T
5:00	RIGHT LEFT CENTER	RL	GK
7:00	AFTER DINNER BINGO	RL	GK
8:00	WEDNESDAY NIGHT MOVIE	TH	GK

9	OPEN HOUSE: WINTER WONDERLAND		
9:00	MUSIC ENJOYMENT	RL	I
10:00	WHAT'S IN THE NEWS	RL	GT
10:30	CHAIR FITNESS/WALK	RL	T
11:00	SB: WINTER AROUND THE WORLD	RL	GT
11:15	BOWLING WITH GALE	RL	G
11:45	INDEPENDENT PUZZLES/GAMES	RL	I
1:00	TABLE TALK	EL	ALL
2:00	MUSICAL ENTERTAINMENT WITH "DEBRA TOSCANO"	RL	ALL
3:15	"WINTERLAND" COCCO BAR SOCIAL	RL	ALL
4:00	SB: CROSSWORD CHALLENGE	RL	T
5:00	TRIVIA OF THE DAY	RL	L
7:00	BINGO BUCKS	RL	L
8:00	MEET ME AT THE MOVIES	TH	L

10	NEW RESIDENT TEA		
9:00	MUSIC ENJOYMENT	RL	I
10:00	TODAY'S NEWS	RL	T
10:00	NEW RESIDENT TEA	PDR	A,J
10:30	BODIES IN MOTION/WALK	RL	P
11:00	CREATIVE CRAFT STATION	RL	T
11:00	SB: WORD CHALLENGE	RL	P
11:45	INDEPENDENT PUZZLE/COLORING	RL	I
2:00	MEN'S MOVIE MATINEE	TH	P
2:00	ART ON WHEELS WITH "CHRIS"	RL	P
2:00	DOLLAR STORE TRIP	O	T,L
3:15	MIX & MINGLE SOCIAL/GAMES	RL	ALL
4:00	UNO CARD GAME	RL	T
5:00	THOSE WERE THE DAYS..TRIVIA	RL	L
7:00	BINGO BASH	RL	L
8:00	FRIDAY NIGHT MOVIE	TH	L

11	CRAFT PROJECTS WITH MICHELE		
9:00	MUSIC ENJOYMENT	RL	I
10:00	VIEWS ON THE NEWS	RL	L
10:00	LUTHERAN SERVICE	TH	I
10:30	LOW IMPACT EXERCISE/WALK	RL	LS
11:00	SB: TIMELESS TRIVIA	RL	L
11:00	MEN'S CORNER	RL	LS
11:15	BEAN BAG TOSS WITH GALE	RL	G
1:00	LEFT RIGHT CENTER	RL	T
2:00	CREATIVE DESIGNS WITH MICHELE	RL	L,T
2:00	SATURDAY AT THE MOVIES	TH	LS
2:00	SPORTS GAMES WITH LANCE	RL	LS
2:00	ADULT COLORING	RL	G
3:15	SATURDAY AFTERNOON SOCIAL	RL	ALL
4:00	TABLE TALK WITH LANCE	RL	LS
5:00	TRIVIA OF THE DAY	RL	T
7:00	WEEKEND BINGO	RL	T
8:00	SATURDAY EVENING MOVIE	TH	T

12	SUNDAY MIX & MINGLE		
9:00	MUSIC ENJOYMENT	RL	I
10:00	SUNDAY NEWS	RL	GT
10:30	STRETCH & FLEX	RL	P
11:00	PRAYER & COMMUNION SERVICE	TH	GT
11:00	SB: CROSSWORD	RL	P
11:45	INDEPENDENT COLORING	RL	I
1:00	INDEPENDENT TABLE GAMES	RL	L
2:00	SB: THIS DAY IN HISTORY	RL	GT
2:00	SUNDAY MOVIE	TH	P
2:15	INDOOR GAMES	RL	P
3:15	SUNDAY MIX & MINGLE	RL	ALL
4:00	TABLE GAMES	RL	P
5:00	HEADBANDS	RL	L
7:00	SUNDAY BINGO	RL	L
8:00	EVENING AT THE MOVIES	TH	L

13	TARGET SHOPPING TRIP		
9:00	MUSIC ENJOYMENT	RL	I
10:00	NEWS DISCUSSION	RL	GT
10:30	LET'S STAY FIT/WALK	RL	P
10:00	WORLD OF WATERCOLOR	RL	P
11:00	SB: CLASSIC TV SHOWS	RL	GT
11:15	GOLF PUTTING WITH GALE	RL	G
11:45	INDEPENDENT PUZZLE OF THE DAY	RL	I
1:00	MEDITATIVE COLORING	RL	I
2:00	MONDAY MOVIE MATINEE	TH	P
2:00	TARGET SHOPPING TRIP	OC	P,G
2:00	SB: JEOPARDY GAME	RL	GT
3:15	MONDAY SOCIAL	RL	ALL
4:00	WACKY WORD POWER	RL	P
5:00	YOU BE THE JUDGE	OC	GK
7:00	LET'S PLAY BINGO	RL	GK
8:00	MOVIES ON MONDAY	TH	GK

14	LEARN ITALIAN WITH GAB		
9:00	MUSIC ENJOYMENT	RL	I
10:00	NEWSDAY TUESDAY	RL	GT
10:30	BODIES IN MOTION/WALK	RL	P
11:00	SB: FAMOUS SINGERS	RL	GT
11:00	MEDITATION	A	P
11:45	PUZZLES GALORE	RL	I
1:00	TABLE GAMES	RL	T
2:00	CROCHET/KNITTING CORNER	RL	P
2:00	RESIDENT MOVIE CHOICE	TH	T
2:00	LEARN ITALIAN WITH GAB	RL	GT
2:00	ADULT MEDITATIVE COLORING	RL	I
2:15	GOLF WITH TRACEY	RL	T
3:15	HAPPY HOUR SOCIAL & GAMES	RL	ALL
4:00	SB: WORD IN WORDS	RL	P
5:00	SB: TRIVIA OF THE DAY	RL	T
7:00	EVENING BINGO	RL	T
8:00	TONIGHT AT THE MOVIES	TH	T

15	JAKES SB TRIP		
9:00	MUSIC ENJOYMENT	RL	I
10:00	ROSARY GROUP	A	I
10:00	TODAY'S NEWS	RL	GT
10:00	JAKES SB TRIP	O	A,L
10:30	MORNING EXERCISE/WALK	RL	T
11:00	INDOOR GAMES	RL	T
11:00	SB: FAMILY FEUD	RL	GT
11:45	INDEPENDENT PUZZLE OF THE DAY	RL	I
1:00	ADULT COLORING	RL	I
2:00	MUSICAL MATINEE	TH	GT
2:00	CARD SHARKS POKER GAMES	RL	I
2:00	CRAFT TIME: MOSAIC COASTER	RL	T
2:00	SB: TRAVEL THE WORLD WITH RICK STEVENS	RL	GT
3:15	MID-WEEK SOCIAL/GAMES	RL	ALL
4:00	SB: WORD POWER	RL	T
5:00	HEADBAND GAME	RL	GK
7:00	AFTER DINNER BINGO	RL	GK
8:00	WEDNESDAY NIGHT MOVIE	TH	GK

16	VET'S CHAT WITH "PAT"		
9:00	MUSIC ENJOYMENT	RL	I
10:00	WHAT IS IN THE NEWS	RL	GT
10:30	CHAIR FITNESS/WALK	RL	T
11:00	SB: BROADWAY SHOWS	RL	GT
11:00	CRAFT: SNOWGLOBES	RL	T
11:15	BEAN BAG TOSS	RL	G
11:45	INDEPENDENT SEARCH WORD PUZZLE	RL	I
1:00	TABLE TALK	RL	L
2:00	SMARTBOARD GAMES/TRIVIA	RL	L
2:00	THURSDAY MACRAME	RL	GT
2:00	DOLLAR STORE TRIP	O	T,L
3:00	VET'S CHAT WITH "PAT"	TH	I
3:15	THURSDAY SOCIAL/GAMES	RL	ALL
4:00	UNO CARD GAME	RL	T
5:00	TRIVIA FROM THE PAST	RL	L
7:00	BINGO BUCKS	RL	L
8:00	MEET ME AT THE MOVIES	TH	L

17	AIRPORT DINER LUNCH TRIP		
9:00	MUSIC ENJOYMENT	RL	I
10:00	TODAY'S NEWS	RL	GK
10:30	BODIES IN MOTION/WALK	RL	P
11:00	OPEN CRAFT CORNER	RL	P
11:00	RING TOSS/HORSESHOES	RL	T
11:30	ADULT COLORING	RL	I
11:30	AIRPORT DINER LUNCH TRIP	O	L,A
2:00	MEN'S MOVIE MATINEE	TH	P
2:00	GOLFING WITH TRACEY	RL	T
2:00	ACRYLIC PAINTING	RL	P
2:00	SB: ONLY THE SHADOW KNOWS	RL	L
3:15	MIX & MINGLE SOCIAL/GAMES	RL	I
4:00	UNO CARD GAME	RL	GK
5:00	OLD TIME TRIVIA	RL	L
7:00	BINGO FEVER	RL	L
8:00	FRIDAY NIGHT MOVIE	TH	L

18	ICE CREAM SUNDAE SOCIAL		
9:00	MUSIC ENJOYMENT	RL	I
10:00	LUTHERAN SERVICE	TH	I
10:00	VIEWS ON THE NEWS	RL	L
10:30	LOW IMPACT EXERCISE/WALK	RL	LS
11:00	BIOGRAPHY: GUY LOMBARDO	RL	L
11:00	MEN'S CORNER	RL	LS
11:15	PUTT PUTT TO PARADISE	RL	G
11:45	INDEPENDENT PUZZLES	RL	I
1:00	SB: CROSSWORD	RL	T
2:00	SATURDAY AT THE MOVIES	TH	T
2:00	CRAFT CORNER: JEWELRY MAKING	RL	L,T
2:00	ADULT COLORING	RL	G
2:00	INDOOR SPORTS	RL	LS
3:15	ICE CREAM SUNDAE SOCIAL	RL	ALL
4:00	TABLE GAMES	RL	LS
5:00	REMINSCE	RL	T
7:00	WEEKEND BINGO	EL	T
8:00	SATURDAY EVENING MOVIE	TH	T