October 2019

6:00 AFTER DINNER BINGO 7:00 MONDAY MOVIETIME

7:00 SUNDAY NIGHT AT THE MOVIES

6:00 SUNDAY NIGHT BINGO

6:00 BINGO BONANZA

7:00 TWILIGHT THEATER

The Arbors At ISLANDIA EAST Tel: 631-232-3131 www.thearborsassistedliving.com

7:00 TWILIGHT MOVIE TIME

6:00 NIGHTTIME BINGO

De I	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DAB	STAFF KEY B=ANN MARIE M=MARILYN K=KERRY A=ANNE T=TAMI M=MARIA H=HEATHER L=MICHELLE TH=THERESA MA=MALIK I=INDEPENDENT V=VOLUNTEER RS=RECREATION STAFF D=OUTING D=OUTI	FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12N00N DINNER 5PM *All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board. Your Director Ann Marie Brew will be happy to answer any questions you may have regarding this calendar.	ANNUAL PAJAMA AND BOOK DRIVE KICKOFF	9:30 WEIGHTLIFTING WEDNESDAY T M 9:30 INDEPENDENT TABLE GAMES I B 10:00 CHRISTIAN SERVICE WITH PASTOR RIVERA V M 10:00 TALK SHOW CORNER I B 10:15 HOROSCOPES/THIS DATE IN T LO HISTORY AND HEADLINE NEWS 1:15 BEER QUIZ L L 1:15 TRIP TO DOLLAR TREE T/L O 1:15 AFTER NOON BOARD GAMES I B 1:15 MOVIE MATINEE M M M 1:15 AFTER LUNCH BINGO M A 2:15 BEERS OF THE WORLD UNSCRAMBLE M LO 3:00 OKTOBER FLOATS AND PRETZELS MUSIC BY DAN AND CHRIS 3:30 MAHJONG MEETUP I A 4:15 ACTIVITY PLANNING MEETING M LO 6:00 BINGO BLOWOUT L A 6:00 NIGHTIME MOVIE L M	9:30 ALL DAY INDEPENDENT TABLE GAMES I B 10:00 PET THERAPY W/CLAIRE V LO 10:15 TALK SHOW CORNER I M 10:15 HOROSCOPES/THIS DATE IN T LO HISTORY AND HEADLINE NEWS 10:45 MANICURES T A 11:15 MATCH IT UP (SB) L LO 11:30 LUNCH TRIP TO BLACK FOREST BREW HAUS 11:15 BINGO BONANZA T A 1:15 TRIVIA TIME T LO 2:00 ARBORS CHEF'S TASTING I W 2:15 OUTBURST T LO 3:00 ALMOST FRIDAY AFTERNOON SOCIAL RS B SINATRA IN CONCERT (SB) 6:00 NIGHTTIME RINGO I A 6:00 NIGHTIME RINGO I A 6:00 NIGHT	1:30	9:30 SATURDAY STRETCH MB M 9:30 INDEPENDENT TABLE GAMES I B 10:00 MEN'S CLUB LEGENDS OF THE GRIDIRONMB M VINCE LOMBARDI 10:15 COFFEE CAFE SOCIAL MB B HOROSCOPES/THIS DAY IN HISTORY AND THIS WEEK IN REVIEW 11:15 BUILD A CROSSWORD (SB) MB LO 1:15 MOVIE MATINEE M M 1:15 SATURDAY BINGO M A 1:15 INDEPENDENT TABLE GAMES I B 3:00 ICE CREAM SOCIAL RS B 3:00 ICE CREAM SOCIAL RS B 4:00 WII BOWLING PRACTICE I M 6:00 EVENING BINGO B A 7:00 SATURDAY NIGHT AT THE MOVIES B M
ALEN	9:30 SUNDAY STRETCH	9:30 SILVER SNEAKERS ZUMBA T M 9:30 ALL DAY TABLE GAMES I B 10:00 TALK SHOW CORNER T M 10:15 HOROSCOPES/THIS DATE IN HISTORY AND HEADLINE NEWS 10:15 TRIP TO SHOPRITE, BANKS & POST OFFICE T/A O 11:15 GAMES WITH RECREATION L CY 1:15 GAMES WITH RECREATION L CY 1:15 AFTERNOON BINGO T A 2:00 PORTRAIT ART WITH HERBIE A M 2:15 LITERARY CLUB T A 3:00 APPLE CIDER AND COOKIE SOCIAL RS B 3:30 CANASTA CARD CLUB I A 3:30 LANGUAGE ARTS-INTRO TO SPANISH A 4:30 WHO, WHAT OR WHERE AM I? L LO 6:00 AFTER DINNER BINGO L A 7:00 MONDAY MOVIETIME L M	9:30 TONE IT UP TUESDAY T M	9:30 WEIGHTLIFTING WEDNESDAY T M 10:00 TALK SHOW CORNER T M 10:00 ART WITH CHRIS B/V B 10:15 HOROSCOPES/THIS DATE IN HISTORY AND HEADLINE NEWS 11:15 WORD SEARCH (SB) L LO 1:15 TRIP TO NAIL SALON T/L O 1:15 AFTERNOON BOARD GAMES I B 1:15 MOVIE MATINEE M M M 1:15 AFTER LUNCH BINGO M A 2:15 PENNY AUCTION M B 3:00 ROOTBEER FLOAT WEDNESDAY RS B 3:30 MAHJONG MEETUP I A 4:30 MY THREE SONS (SB) L LO 6:00 BINGO BLOWOUT L A 7:00 NIGHTTIME MOVIE L M	9:30 INDEPENDENT TABLE GAMES I B 10:00 PET THERAPY W/CLAIRE V LO 10:00 TALK SHOW CORNER T M 10:15 HOROSCOPES/THIS DATE IN T LO HISTORY AND HEADLINE NEWS 10:45 MANICURES T A	9:30 FRIDAY FITNESS FUN A M 9:45 PRIVATE PRAYER AND COMMUNION V M 10:15 ROSARY GROUP A M 10:15 HOROSCOPES/THIS DATE IN HISTORY AND HEADLINE NEWS 11:00 TED TALKS A M 11:15 WORD FUN (SB) A LO 1:15 MEN'S CLUB MOVIE I M 1:15 HOLE IN ONE A A 1:30 YARN CLUB A A 1:30 YARN CLUB ROSE H CY 1:15 HOLE IN ONE H CY 1:10 GHEY'S CHOICE SOCIAL RS B 1:10 GHEY'S CHOICE SOCIAL RS B 1:10 SHABBAT SERVICE H A 1:10 SHABBAT SERVICE H A 1:10 TWILIGHT THEATER A M	9:30 SATURDAY STRETCH MB M 9:30 INDEPENDENT TABLE GAMES I B 10:00 MEN'S CLUB LEGENDS OF THE GRIDIRONMB M BROADWAY JOE NAMATH 10:15 COFFEE CAFE SOCIAL MB B HOROSCOPES/THIS DAY IN HISTORY AND THIS WEEK IN REVIEW 11:15 BUILD A CROSSWORD (SB) MB LO 1:15 MOVIE MATINEE M M M 1:15 SATURDAY BINGO M A 1:15 INDEPENDENT TABLE GAMES I B 2:15 BANANAGRAMS WITH RECREATION RS B 3:00 ICE CREAM SOCIAL RS B 4:00 WII BOWLING PRACTICE I M 6:00 EVENING BINGO B A 7:00 SATURDAY NIGHT AT THE MOVIES B M
	13 SUKKOT BEGINS NATIONAL BREAST CANCER AWARENESS DAY 9:30 SUNDAY STRETCH T LO 9:30 ALL DAY TABLE GAMES I B 10:00 WEEKEND SPORTS UPDATE I M M TO 10:15 ST. THOMAS MORE CHURCH V O HISTORY AND HEADLINE NEWS I LO HISTORY AND HEADLINE NEWS I LO 11:15 BANANA-GRAMS M B I LO BANANA-GRAMS M B I LO BANANA-GRAMS M M A M M A M M M A M M	9:30 MONDAY MORNING WORKOUT T M. 9:30 ALL DAY TABLE GAMES I B. 10:00 TALK SHOW CORNER T M. 10:15 HOROSCOPES/THIS DATE IN L LO. HISTORY AND HEADLINE NEWS 11:15 GAMES WITH RECREATION L CY. 1:00 ARBORS © ISLANDIA RS CY. ANNUAL FALL FAIR CRAFTS, VENDORS HARVEST FALL SNACKS GAMES & PRIZES 3:30 CANASTA CARD CLUB I A. 3:30 LANGUAGE ARTS-FAMOUS SPANISH PAINTERS A M. 4:30 WHO, WHAT OR WHERE AM I? L LO. 6:00 AFTER DINNER BINGO L A. 7:00 MONDAY MOVIETIME L M.	9:30 TONE IT UP TUESDAY T M 9:30 INDEPENDENT TABLE GAMES I B 10:00 TALK SHOW CORNER T M 10:15 HOROSCOPES/THIS DATE IN T LO HISTORY AND HEADLINE NEWS FROM THE 50'S 11:15 A.M. MANICURES L A 11:15 INDEPENDENT TABLE GAMES I B 1:15 AFTER LUNCH MOVIE H M 1:15 STOP N SHOP T/L O 1:15 EARLY BIRD BINGO H A 2:15 WORD IN A WORD (SB) H LO 3:00 TUESDAY AFTERNOON SOCIAL CROONERS IN CONCERT (SB) 3:30 PENNY POKER 4:30 YOU BET YOUR LIFE (SB) L LO 6:00 BINGO BONANZA L A 7:00 TWILIGHT THEATER L M	9:30 WEIGHTLIFTING WEDNESDAY T M 9:30 INDEPENDENT TABLE GAMES I B 10:00 CHRISTIAN SERVICE WITH PASTOR RIVERA T M 10:00 TALK SHOW CORNER I B 10:15 HOROSCOPES/THIS DATE IN T LO HISTORY AND HEADLINE NEWS 10:45 TAMI'S CRAFT CORNER T B 11:15 WORD SEARCH (SB) L LO 1:15 AFTERNOON BOARD GAMES I B 1:15 AFTERNOON BOARD GAMES I B 1:15 AFTER LUNCH BINGO M A 1:15 AFTER LUNCH BINGO M A 1:15 AFTER LUNCH BINGO M B 1:16 AFTER LUNCH BINGO M B 1:17 AFTER LUNCH BINGO M B 1:18 AFTER LUNCH BINGO M B 1:19 AFTER LUNCH BINGO M B 1:19 AFTER LUNCH BINGO M B 1:10 AFTER LUNCH BINGO M B 1:10 AFTER LUNCH BINGO M B 1:10 AFTER LUNCH BINGO M B 1:11 AFTER LUNCH BINGO M B 1:12 AFTER LUNCH BINGO M B 1:13 AFTER LUNCH BINGO M B 1:14 AFTER LUNCH BINGO M B 1:15 AFTER LUNCH BINGO M B 1:15 AFTER LUNCH BINGO M B 1:16 AFTER LUNCH BINGO M B 1:17 AFTER LUNCH BINGO M B 1:18 AFTER LUNCH BINGO M B 1:19 AFTER LUNCH BINGO M B 1:10 AFTER LUNCH BINGO M B 1:10 AFTER LUNCH BINGO M B 1:11 AFTER LUNCH BINGO M B 1:11 AFTER LUNCH BINGO M B 1:12 AFTER LUNCH BINGO M B 1:13 AFTER LUNCH BINGO M B 1:14 AFTER LUNCH BINGO M B 1:15 AFTER LUNCH B 1:15 AFTER L	HISTORY AND HEADLINE NEWS 10:45 MANICURES T A A 11:15 MATCH IT UP (SB) L L0 L1:30 LUNCH TRIP TO PORSIAS T/L 0 L1:30 MOVIE MATINEE B M MATCH IT EN MOVIE MATINEE B M A A A A A A A A A	9:30 FRIDAY FITNESS FUN A M 9:45 PRIVATE PRAYER AND COMMUNION V M 10:15 ROSARY GROUP A M 10:15 HOROSCOPES/THIS DATE IN HISTORY AND HEADLINE NEWS 11:00 TED TALKS A M 11:15 WORD FUN (SB) A LO 1:15 AFTERNOON BINGO H A 1:30 YARN CLUB A A A 2:15 HOLE IN ONE H CY 3:00 CHEF'S CHOICE SOCIAL RS B AND DANCE PARTY WITH REC 4:30 FRIDAY FUNNIES (SB) A LO 6:00 BINGO BONANZA A A 6:00 TED AND BONANZA A A	9:30 SATURDAY STRETCH MB M 9:30 INDEPENDENT TABLE GAMES I B 10:00 MEN'S CLUB LEGENDS OF THE GRIDIRONMB M JOE MONTANA 10:15 COFFEE CAFE SOCIAL MB B HOROSCOPES/THIS DAY IN HISTORY AND THIS WEEK IN REVIEW 11:15 BUILD A CROSSWORD (SB) MB LO 1:15 MOVIE MATINEE M M M 1:15 SATURDAY BINGO M A 1:15 INDEPENDENT TABLE GAMES I B 2:15 BANANAGRAMS WITH RECREATION RS B 3:00 ICE CREAM SOCIAL RS B MAME THAT CROONER (SB) 4:00 WII BOWLING PRACTICE I M 6:00 EVENING BINGO B A 7:00 SATURDAY NIGHT AT THE MOVIES B M
BEAT	9:30 SUNDAY STRETCH T LO 9:30 ALL DAY TABLE GAMES I B 10:00 WEEKEND SPORTS UPDATE I M 10:15 ST. THOMAS MORE CHURCH V O 10:15 HOROSCOPES/THIS DATE IN T LO HISTORY AND CURRENT EVENTS 11:15 WHAT'S IN A WORD (SB) L LO 11:15 SUNDAY SINGO M M B 1:00 GIANTS VS. CARDINALS I B 1:01 HOW IT'S MADE M M 1:15 SUNDAY BINGO M M A 1:15 INDEPENDENT TABLE GAMES I B 1:15 TRIP TO CONNEQUOT LIBRARY BELLA MUSICAL CELEBRATION OF ITALIAN MUSIC 2:15 WILD BOWLING WITH RECREATION M M 3:00 SUNDAY FUNDAY TAILGATE SOCIAL RS B TYTHEME SONGS 4:30 AMERICA'S FUNNIEST VIDEOS (SB) L LO 6:00 SUNDAY NIGHT BINGO L A 7:00 SUNDAY NIGHT BINGO L A	9:30 SILVER SNEAKERS ZUMBA T M 9:30 INDEPENDENT TABLE GAMES I B 10:00 TALK SHOW CORNER T M 10:15 HOROSCOPES/THIS DATE IN L LO HISTORY AND HEADLINE NEWS 10:15 TRIP TO SHOPRITE, BANKS & POST OFFICE T/A O 11:15 GAMES WITH RECREATION L CY 11:15 GAMES WITH RECREATION L CY 1:15 VIDEO MUSICAL CONCERT T M 1:15 AFTERNOON BINGO T A 2:00 ART WITH HERBIE A M 3:00 APPLE CIDER AND COOKIE SOCIAL RS B 3:15 VETERAN VOICES M A 3:30 CANASTA CARD CLUB I A 3:30 CANASTA CARD CLUB I A 3:30 WHO, WHAT OR WHERE AM I? I LO 6:00 AFTER DINNER BINGO L A 7:00 MONDAY MOVIETIME L M	9:30 TONE IT UP TUESDAY T M 9:30 INDEPENDENT TABLE GAMES I B 10:00 TALK SHOW CORNER T M 10:15 HOROSCOPES/THIS DATE IN HISTORY AND HEADLINE NEWS 11:15 A.M. MANICURES L A 11:15 WHEEL OF FORTUNE (SB) H LO 1:15 INDEPENDENT TABLE GAMES I B 1:15 AFTER LUNCH MOVIE H M 1:15 TRIPTO WALMART T/L O 1:15 WORD IN A WORD (SB) H LO 3:00 TUESDAY AFTERNOON SOCIAL CROONERS IN CONCERT (SB) 3:30 PENNY POKER I A 4:30 YOU BET YOUR LIFE (SB) L LO 6:00 BINGO BONANZA L A 7:00 TWILIGHT THEATER L M	9:30 WEIGHTLIFTING WEDNESDAY T M 9:30 INDEPENDENT TABLE GAMES I B 10:00 TALK SHOW CORNER T M	24 1 9:30 THURSDAY MORNING BOOTCAMP T M 9:30 INDEPENDENT TABLE GAMES I B 10:00 PET THERAPY W/CLAIRE V LO 10:15 TALK SHOW CORNER I M 10:15 HOROSCOPES/THIS DATE IN T LO HISTORY AND HEADLINE NEWS 11:15 MATCH IT UP (SB) L LO 11:30 LUNCH TRIP TO BONWIT INN M/TO 1:15 FUN WITH BINGO B A 1:15 FUN WITH BINGO B A 2:00 ARBORS CHEF'S TASTING I WS 2:15 OUTBURST L LO 3:00 ALMOST FRIDAY AFTERNOON SOCIAL RS B 10 4:30 THE HONEYMOONERS (SB) L LO 4:30 THE HONEYMOONERS (SB) 1 L LO 10 HORYMOONERS (SB) L LO 10 HORYMOONERS (SB) L LO 10 HORYMOONERS (SB) L LO 11 A	9:30 FRIDAY FITNESS FUN A M 9:45 PRIVATE PRAYER AND COMMUNION V M 10:15 ROSARY GROUP A M 10:15 HOROSCOPES/THIS DATE IN HISTORY AND HEADLINE NEWS 11:10 TED TALKS A M 11:15 WORD FUN (SB) A LO 1:15 MEN'S CLUB MOVIE I M 1:15 AFTERNOON BINGO H A 1:30 YARN CLUB A A A 1:30 YARN CLUB A A A 1:30 WELCOME TO THE ARBORS SOCIAL 4:30 FRIDAY FUNNIES (SB) A LO 4:30 SHABBAT SERVICE H A 6:00 BINGO BONANZA A A 7:00 TWILIGHT THEATER	9:30 SATURDAY STRETCH MB M 9:30 INDEPENDENT TABLE GAMES I B 10:00 MEN'S CLUB LEGENDS OF THE GRIDIRON MB M PEYTON MANNING 10:15 COFFEE CAFE SOCIAL MB B HOROSCOPES/THIS DAY IN HISTORY LO
REC	PAMILY BOO-TACULAR PARTY	9:30 MUSCLE MADNESS MONDAY T M 9:30 ALL DAY TABLE GAMES I B 10:00 TALK SHOW CORNER T M 10:15 HOROSCOPES/THIS DATE IN L HISTORY AND HEADLINE NEWS 10:15 TRIP TO STOP AND SHOP T/A 0 11:15 GAMES WITH RECREATION L CY 1:15 VIDEO MUSICAL CONCERT T M 1:15 AFTERNOON BINGO T A 2:00 ART WITH HERBIE A M 2:15 LITERARY CLUB T A 3:00 APPLE CIDER AND COOKIE SOCIAL RS B 3:15 VETERAN VOICES M A 3:30 CANASTA CARD CLUB I A 3:30 CANASTA CARD CLUB I A 3:30 FAMOUS SPANISH EXPLORERS (SB) A M 4:30 WHO, WHAT OR WHERE AM 1? I LO	9:30 TONE IT UP TUESDAY T M 9:30 INDEPENDENT TABLE GAMES I B 10:00 TALK SHOW CORNER T M 10:15 HOROSCOPES/THIS DATE IN T LO HISTORY AND HEADLINE NEWS 11:15 A.M. MANICURES L A 11:15 WHEEL OF FORTUNE (SB) H LO 1:15 INDEPENDENT TABLE GAMES I B 1:15 AFTER LUNCH MOVIE H M 1:15 TRIP TO SAVERS T/L O 1:15 EARLY BIRD BINGO H A 2:00 ARBORS HALLOW-PALOZZA RS CM 4:30 YOU BET YOUR LIFE (SB) LO	9:30 WEIGHTLIFTING WEDNESDAY T M 9:30 INDEPENDENT TABLE GAMES I B 10:00 TALK SHOW CORNER T M 10:15 HOROSCOPES/THIS DATE IN T LC HISTORY AND HEADLINE NEWS 11:15 WORD SEARCH (SB) L LC 1:15 MOVIE MATINEE M M M 1:15 AFTER LUNCH BINGO M A 2:15 BUNCO WITH RECREATION M B 3:00 ROOTBEER FLOAT WEDNESDAY RS B COURTESY OF THE COOKING CLUB 3:33 MAHJONG MEETUP I A 4:30 MYTHREE SONS (SB) L LC	9:30 GHOSTACULAR EXERCISES FOR THE SPIRIT A M 9:30 INDEPENDENT TABLE GAMES I B 10:00 PET THERAPY W/CLAIRE V LO 10:00 TALK SHOW CORNER A M 10:10:15 HOROSCOPES/THIS DATE IN T LO 10:15 HOROSCOPES/THIS DATE IN T LO 10:45 MANICURES T A 11:15 HALLOWEEN MIX-UP L LO 11:15 HOROSCOPES/THIS DATE IN T A 11:15 HALLOWEEN MIX-UP L LO 11:15 HOROSCOPES/THIS DATE IN T A 11:15 FUN WITH BOO-BINGO T A 1:15 FUN WITH BOO-BINGO T A 1:10 ARBORS CHEF'S TASTING T W 1:15 BUNCO WITH RECREATION T B 1:10 SPOOK-TACULAR SOCIAL RS B		

6:00 BINGO BLOWOUT

7:00 NIGHTTIME MOVIE