

July 2019

The Arbors At WESTBURY Tel: 516-333-6400
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1 SHUFFLEBOARD		
9:00 MUSIC APPRECIATION	Y	GR
10:15 SB: ROSARY SERVICE	Y	GR
10:45 CURRENT EVENTS	Y	GR
11:00 EXERCISE TO THE MUSIC	Y	GR
11:30 BEAN BAG TOSS	Y	GR
12:00 INDEPENDENT CARD GAMES	I	GR
1:30 NAIL SALON	Y	GR
1:30 SB: TRIVIA	S	GR
2:00 MOVIE MATINEE	Y	GR
2:00 WALKING CLUB W/SCOTT	S	GR
2:30 SHUFFLEBOARD	S	P
2:30 GLEE CLUB: SUMMER TUNES	A	GR
3:30 SOCIAL HOUR	E	GR
4:00 SB: OLDIES TUNES	Y	GR
5:30 INDEPENDENT PUZZLES	I	GR
7:00 BINGO BLITZ	S	GR
8:15 MEET ME AT THE MOVIES	S	M

2 WATERCOLOR W/VINNY		
9:00 MUSIC ENJOYMENT	B	GR
9:00 TRIP TO HAIR SALON 51	B	O
10:15 TODAY'S NEWS	Y	GR
10:30 EXERCISE TO MUSIC	F	GR
11:15 A-Z TRIVIA	F	GR
12:00 INDEPENDENT READING	I	GR
12:45 TRIP TO HAIR SALON 51	B	O
1:30 TECH TUTORING	A	GR
2:00 MOVIE MATINEE	F	M
2:30 WATERCOLOR W/VINNY	F	GR
2:30 POKER CLUB	I	GR
3:00 SCRABBLE GAME	Y	GR
3:30 SOCIAL HOUR	E	GR
4:00 SB: GREATEST HITS OF THE 50'S	F	GR
5:30 INDEPENDENT CROSSWORDS	I	GR
7:00 EVENING BINGO	N	GR
8:15 MOVIE AT EIGHT	N	M

3 POKENO		
9:00 MORNING MUSIC	B	GR
9:00 MERRICK BALLROOM DANCE	B	O
10:15 MIDWEEK NEWS	Y	GR
10:30 STRETCH TO MUSIC	F	GR
11:15 SCATTERGORIES	F	GR
12:00 INDEPENDENT WORD SEARCH	I	GR
1:30 SB: THIS DAY IN HISTORY	Y	GR
1:45 TRIP TO TARGET	B	O
2:00 MOVIE MATINEE	Y	M
2:00 CATHOLIC MASS	F	GR
2:30 WALKING CLUB W/ JOY	Y	GR
2:30 POKENO GAMBLE FOR PRIZES	F	GR
3:30 BIRTHDAY SOCIAL	E	GR
3:45 BOOK CLUB W/ JOY	Y	GR
5:30 INDEPENDENT CHIT CHAT	I	GR
7:00 BINGO MANIA	R	GR
8:15 LET'S GO TO THE MOVIE	R	M

4 HAPPY 4TH OF JULY!		
9:00 MORNING TUNES	NI	GR
10:15 NEWS & VIEWS	NI	GR
10:30 MORNING EXERCISE	N	GR
10:45 CRAFT CORNER: MINI PLANES	NI	GR
12:00 INDEPENDENCE DAY BBQ	E	GR
1:30 SB: WORD GAME	N	GR
2:00 SB: INDEPENDENCE DAY TRIVIA	NI	GR
2:00 MOVIE MATINEE	N	M
2:30 4TH OF JULY PARTY W/ RAY KERR	E	GR
3:30 BIRTHDAY SOCIAL	E	GR
4:00 SB: PATRIOTIC TUNES	N	UN
4:30 INDEPENDENT CROSSWORDS	N	GR
6:00 EVENING MOVIE	N	GR

5 TRIP TO WALMART		
8:30 CATHOLIC MASS TRIP	B	O
9:00 MUSIC DELIGHT	P	GR
10:15 TODAY'S NEWS	P	GR
10:15 TRIP TO DOLLAR TREE	B	O
10:30 LET'S STRETCH	N	GR
11:30 SB: LETTER JUMBLE	F	GR
12:00 INDEPENDENT PUZZLES	I	GR
1:30 SB: WORD GAME	N	GR
1:45 BAKING CLUB: FIREWORKS COOKIES	F	GR
1:45 TRIP TO WALMART	B	O
2:00 MOVIE MATINEE	N	M
2:00 BOWLING	N	GR
2:30 SHABBAT SERVICES	F	GR
3:30 SOCIAL HOUR	E	GR
4:00 SB: CHUBBY CHECKER TUNES	F	GR
5:30 INDEPENDENT CARD GAMES	I	GR
7:00 BINGO BASH	B	GR
8:15 MOVIE AT SUNSET	B	GR

6 BALLOON VOLLEYBALL		
9:00 MUSIC APPRECIATION	B	GR
10:15 NEWS AND VIEWS	B	GR
10:30 WEEKEND STRETCH	F	GR
10:30 SPA MANICURE	B	GR
11:00 SB: WORD GAME	F	GR
12:00 INDEPENDENT COLORING	I	GR
1:30 SB: WHAT DOES IT MEAN	B	GR
1:30 PENNY ANTE	F	GR
2:00 MOVIE MATINEE	B	GR
2:30 BALLOON VOLLEYBALL	B	GR
3:30 BIRTHDAY SOCIAL	E	GR
4:00 SB: 1940'S TUNES	B	GR
5:30 INDEPENDENT PUZZLES	I	GR
7:00 BINGO FUN	N	GR
8:15 MOVIE AT SUNSET	N	M

7 UNLIMITED CARDS BINGO		
9:00 MORNING TUNES	Y	GR
10:15 CATHOLIC SERVICES	Y	GR
10:45 SUNDAY NEWS	Y	GR
11:00 LIGHT FITNESS	Y	GR
11:30 REMINISCING SESSION	Y	GR
12:00 INDEPENDENT BOARD GAMES	I	GR
1:30 SB: CROSSWORD PUZZLE	N	GR
1:30 TECH TUTORING	A	GR
1:30 BOCCE BALL	N	P
2:00 MOVIE MATINEE	Y	GR
2:00 MAH JONGG	I	GR
2:30 UNLIMITED CARDS BINGO	N	GR
3:30 SOCIAL HOUR	E	GR
4:00 SB: DISCO HITS	N	GR
4:00 SPORTS CENTER: MEDIA ROOM	Y	M
5:30 INDEPENDENT WORD SEARCH	I	GR
7:00 BINGO BASH	H	GR
8:15 EVENING MOVIE	H	M

8 BOARD GAME BONANZA		
9:00 MUSIC APPRECIATION	Y	GR
10:15 SB: ROSARY SERVICE	Y	GR
10:45 CURRENT EVENTS	Y	GR
11:00 EXERCISE TO THE MUSIC	Y	GR
11:30 MEDITATIVE COLORING	Y	GR
12:00 INDEPENDENT CHIT CHAT	I	GR
1:30 NAIL SALON	Y	GR
1:30 SB: TRIVIA	S	GR
2:00 MOVIE MATINEE	Y	GR
2:00 WALKING CLUB W/ SCOTT	S	GR
2:30 BOARD GAME BONANZA	S	GR
2:30 POKER CLUB	I	GR
3:30 SOCIAL HOUR	E	GR
4:00 SB: CLASSIC ROCK	Y	GR
5:30 INDEPENDENT PUZZLES	I	GR
7:00 BINGO BLITZ	B	GR
8:15 MEET ME AT THE MOVIES	B	M

9 RESIDENT COUNCIL MEETING		
9:00 MORNING TUNES	B	GR
9:00 TRIP TO HAIR SALON 51	B	O
10:15 TODAY'S NEWS	F	GR
10:30 EXERCISE TO MUSIC	F	GR
10:30 NEW RESIDENT TEA	A	M
11:15 SB: HOW STUFF WORKS	F	GR
12:00 INDEPENDENT READING	I	GR
1:30 TECH TUTORING	A	GR
12:45 TRIP TO HAIR SALON 51	B	O
2:00 MOVIE MATINEE	Y	M
2:15 RESIDENT COUNCIL MEETING	Y	GR
3:00 GLEE CLUB: SUMMER TUNES	A	GR
3:00 SCRABBLE GAME	Y	GR
3:30 SOCIAL HOUR	E	GR
4:00 SB: GREATEST HITS OF THE 50'S	F	GR
5:30 INDEPENDENT CROSSWORDS	I	GR
7:00 EVENING BINGO	N	GR
8:15 MOVIE AT EIGHT	N	M

10 ART ON WHEELS W/ CHRIS		
9:00 MUSIC DELIGHT	B	GR
10:15 MIDWEEK NEWS	Y	GR
10:30 STRETCH TO MUSIC	F	GR
10:30 TRIP TO JERICHO LIBRARY	B	O
11:15 SCATTERGORIES	F	GR
12:00 INDEPENDENT WORD SEARCH	I	GR
1:30 SB: THIS DAY IN HISTORY	Y	GR
2:00 MOVIE MATINEE	F	M
2:00 WALKING CLUB W/ JOY	Y	GR
2:15 ART ON WHEELS W/ CHRIS	Y	GR
3:30 SOCIAL HOUR	E	GR
3:45 BOOK CLUB W/ JOY	Y	GR
4:00 SB: BEST OF THE 60'S	F	GR
5:30 INDEPENDENT CHIT CHAT	I	GR
7:00 BINGO MANIA	R	GR
8:15 LET'S GO TO THE MOVIE	R	M

11 OPEN HOUSE		
9:00 MUSIC ENJOYMENT	B	GR
10:15 NEWS & VIEWS	B	GR
10:30 MORNING EXERCISE	F	GR
11:00 CRAFT CORNER: PAPER WINDMILLS	B	GR
11:30 BEAN BAG TOSS	F	GR
12:00 INDEPENDENT FIRESIDE CHAT	I	GR
1:00 CARNIVAL FESTIVITIES: GAMES, RAFFLES, PHOTO BOOTH, FACE-PAINTING	E	GR
2:30 SUMMER PARTY W/ AMI JANE	E	GR
3:30 ICE CREAM SUNDAE SOCIAL	E	GR
4:00 SCATTERGORIES	F	GR
4:00 SB: CARNIVAL TUNES	E	GR
5:30 INDEPENDENT BOARD GAMES	I	GR
7:00 BINGO BONANZA	N	GR
8:15 MEET ME AT THE MOVIES	N	GR

12 SING ALONG		
8:30 CATHOLIC MASS TRIP	B	O
9:00 MUSIC APPRECIATION	P	GR
10:15 TODAY'S NEWS	P	GR
10:15 TRIP TO MEN'S BARBERSHOP	B	O
10:30 LET'S STRETCH	N	GR
11:30 SB: WORD GAME	F	GR
12:00 INDEPENDENT PUZZLES	I	GR
1:30 GOLF	F	GR
1:30 SB: HANGMAN	N	GR
1:45 TRIP TO DOLLAR TREE	B	O
2:00 MOVIE MATINEE	N	M
2:00 SB: SING ALONG	N	GR
2:30 SHABBAT SERVICES	F	GR
3:30 SOCIAL HOUR	E	GR
4:00 WRITING CLUB	N	GR
4:00 SB: CLASSIC TUNES	F	GR
5:30 INDEPENDENT CARD GAMES	I	GR
7:00 BINGO BASH	N	GR
8:15 MOVIE AT SUNSET	N	GR

13 HORSERACING		
9:00 MORNING MUSIC	B	GR
10:00 NEWS AND DISCUSSION	B	GR
10:15 WEEKEND STRETCH	F	GR
10:30 SPA MANICURE	B	GR
11:00 BEAN BAG TOSS	F	GR
12:00 INDEPENDENT CARD GAMES	I	GR
1:30 SB: WORD GAME	F	GR
1:30 SHUFFLEBOARD	B	P
2:00 MOVIE MATINEE	F	M
2:30 HORSERACING	E	GR
3:30 SOCIAL HOUR	E	GR
4:00 SB: 1960'S TUNES	B	GR
5:30 INDEPENDENT WORD SEARCH	I	GR
7:00 BINGO FEVER	N	GR
8:15 MOVIE NIGHT	N	M

14 FLASH COMEDY W/ PENNY SAFANE		
9:00 MUSIC APPRECIATION	Y	GR
10:15 CATHOLIC SERVICES	Y	GR
10:45 SUNDAY NEWS	Y	GR
11:00 LIGHT EXERCISE	Y	GR
11:30 KINGS IN THE CORNER	Y	GR
12:00 INDEPENDENT CARD GAMES	I	GR
1:30 SB: NATIONAL DAYS WORD GAME	N	GR
1:30 TECH TUTORING	A	GR
2:00 MOVIE MATINEE	Y	GR
2:30 FLASH COMEDY W/ PENNY SAFANE	Y	GR
3:30 BIRTHDAY SOCIAL	E	GR
3:30 HARMONICA W/ FITZGERALD	E	GR
4:00 SB: MODERN TUNES	Y	GR
4:00 SPORTS CENTER: MEDIA ROOM	Y	M
5:30 INDEPENDENT WORD SEARCH	I	GR
7:00 EVENING BINGO	H	GR
8:15 MEET ME AT THE MOVIES	H	M

15 HORSE SHOE TOSS		
9:00 MORNING TUNES	Y	GR
10:15 SB: ROSARY SERVICE	Y	GR
10:45 NEWS AND VIEWS	Y	GR
11:00 EXERCISE TO THE MUSIC	Y	GR
11:30 YOU BE THE JUDGE	Y	GR
12:00 INDEPENDENT COLORING	I	GR
1:30 SB: WORD GAME	S	GR
1:30 NAIL SALON	Y	GR
2:00 MOVIE MATINEE	S	GR
2:00 WALKING CLUB W/ SCOTT	S	GR
2:30 GLEE CLUB: SUMMER TUNES	A	GR
2:30 HORSE SHOE TOSS	S	P
3:30 SOCIAL HOUR	E	GR
4:00 SB: STEVIE WONDER TUNES	Y	GR
5:30 INDEPENDENT FIRESIDE CHAT	I	GR
7:00 BINGO BLITZ	B	GR
8:15 MOVIE AT EIGHT	B	M

16 FOOD COUNCIL MEETING		
9:00 MUSIC DELIGHT	B	GR
10:15 CURRENT EVENTS	Y	GR
10:30 LET'S STRETCH	F	GR
10:30 LADIES' GROUP W/ DEVORAH	A	M
11:00 LUNCHEON AT THE ORIENT	B	O
11:30 20 QUESTIONS	F	GR
12:00 INDEPENDENT CARD GAMES	I	GR
1:30 TECH TUTORING	A	GR
2:00 AFTERNOON MOVIE	Y	M
2:15 FOOD COUNCIL MEETING	F	GR
3:00 POKER CLUB	I	GR
3:00 SCRABBLE GAME	Y	GR
3:30 SOCIAL HOUR	E	GR
4:00 MEN'S COMEDY CLUB	S	M
4:00 SB: DANCE TUNES	F	GR
5:30 INDEPENDENT CROSSWORDS	I	GR
7:00 BINGO FEVER	N	GR
8:15 MOVIE NIGHT	N	M

17 VET'S CHAT W/ PAT		
9:00 MUSIC ENJOYMENT	B	GR
10:15 TODAY'S NEWS	F	GR
10:30 EXERCISE TO MUSIC	F	GR
10:30 TRIP TO TARGET	B	O
11:30 KINGS IN THE CORNER	F	GR
12:00 INDEPENDENT READING	I	GR
1:00 SB: TRIVIA	Y	GR
1:30 HORSE SHOE TOSS	F	P
1:45 TRIP TO WALMART	B	O
2:00 WALKING CLUB W/ JOY	Y	GR
2:00 CRAFT CORNER: SUMMER FANS	Y	GR
3:00 VET'S CHAT W/ PAT	F	M
3:30 SOCIAL HOUR	E	GR
3:45 BOOK CLUB W/ JOY	Y	GR
4:00 SB: RICKY NELSON	F	GR
5:30 INDEPENDENT WORD SEARCH	I	GR
7:00 BINGO FUN	R	GR
8:15 EVENING MOVIE	R	M

18 RED HAT SOCIETY		
9:00 MUSIC APPRECIATION	B	GR
9:00 TRIP TO HAIR SALON 51	B	O
10:15 MIDWEEK NEWS	F	GR
10:30 MORNING EXERCISE	F	GR
11:00 TABLE TALK	F	GR
12:00 INDEPENDENT CARD GAMES	I	GR
12:45 TRIP TO HAIR SALON 51	B	O
1:30 BOWLING	Y	GR
1:30 NAIL SALON	F	GR
2:00 MOVIE MATINEE	Y	GR
2:30 RED HAT SOCIETY: BINGO FOR PRIZES	F	GR
3:30 SOCIAL HOUR	E	GR
4:00 BALLOON VOLLEYBALL	F	GR
5:30 INDEPENDENT COLORING	F	GR
7:00 BINGO BASH	N	GR
8:15 MOVIE AT SUNSET	N	M

19 KARAOKE		
8:30 CATHOLIC MASS TRIP	B	O
9:00 MORNING MUSIC	F	GR
10:15 NEWS AND DISCUSSION	F	GR
10:30 STRETCH TO MUSIC	F	GR
10:30 TRIP TO BURLINGTON	B	O
11:30 SB: THIS DAY IN HISTORY	F	GR
12:00 INDEPENDENT BOARD GAMES	I	GR
1:30 SB: WORD GAME	N	GR
1:45 TRIP TO DOLLAR TREE	B	O
1:45 BAKING CLUB: PATRIOTIC TORTE	F	GR
2:00 MOVIE MATINEE	N	M
2:00 SB: KARAOKE	N	GR
2:30 SHABBAT SERVICES	F	GR
3:30 BIRTHDAY SOCIAL	E	GR
4:00 WRITING CLUB	N	GR
4:00 SB: AL MARTINO TUNES	F	GR
5:30 INDEPENDENT CROSSWORDS	I	GR
7:00 BINGO BLITZ	N	GR
8:15 LET'S GO TO THE MOVIES	N	GR

20 PUPPET MINISTRY		
9:00 MUSIC ENJOYMENT	F	M
10:15 WEEKEND NEWS	F	GR
10:30 EXERCISE	F	GR
10:30 SPA MANICURE	B	GR
11:00 FRAN JEWELRY VENDOR	I	GR
11:30 SB: CROSSWORDS	F	GR
12:00 INDEPENDENT COLORING	I	GR
1:30 BEAN BAG TOSS	F	P
1:30 SB: THIS DAY IN HISTORY	B	GR
2:00 MOVIE MATINEE	F	M
2:30 PUPPET MINISTRY-OLD WESTBURY CHURCH	E	GR
3:30 BIRTHDAY SOCIAL	E	GR
4:00 SB: RELAXING TUNES	B	M
5:30 INDEPENDENT CARD GAMES	I	GR
7:00 BINGO MANIA	N	GR
8:15 MOVIE NIGHT	N	M

21 UNLIMITED CARDS BINGO		
9:00 MORNING TUNES	Y	GR
10:15 CATHOLIC SERVICES	Y	GR
10:45 SUNDAY NEWS	Y	GR