

July 2019

The Arbors At BOHEMIA

Tel: 631-567-3113
www.thearborsassistedliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1 DOLLAR STORE TRIP		
9:00	MUSIC ENJOYMENT	RL I
10:00	NEWS DISCUSSION	RL P
10:30	SENIOR FITNESS/WALK	RL GT
10:30	FUN WITH WATERCOLOR	RL P
11:00	SB: EXPLORING UNITED STATES	TH GT
11:15	COURTYARD: BOCCIE	OC G
1:00	BODY MIND SOUL- STRETCHING	RL GK
2:00	MONDAY MOVIE MATINEE	TH GT
2:00	DOLLAR STORE TRIP	RL P,G
2:00	SB: JEOPARDY GAME	RL GT
2:00	SPA MANICURE	S GK
3:15	CHAT & SNACK SOCIAL	RL ALL
4:00	SB: Pictionary	RL P
5:00	SB: TRIVIA	RL GK
7:00	BINGO BLITZ	RL GK
8:00	MOVIES ON MONDAY	TH GK

2 CROCHET & KNITTING CORNER		
9:00	MUSIC ENJOYMENT	RL I
10:00	NEWSDAY TUESDAY	RL GT
10:30	SIT & FIT EXERCISE/WALK	RL P
11:00	COURTYARD CORNHOLE	OC P
11:00	SB: BIOGRAPHIES	RL GT
11:45	PUZZLES OF THE DAY	RL I
1:00	KINGS IN THE CORNER	RL T
2:00	CLASSIC MOVIE MATINEE	TH GT
2:00	CROCHET & KNITTING CORNER	RL P
2:00	SB: HANGMAN	RL T
2:00	MEXICAN TRAIN GAME	EL GT
3:15	HAPPY HOUR-GAMES	RL ALL
4:00	UNO CARD GAME	RL P
5:00	SB: THIS N THAT TRIVIA	RL T
7:00	EVENING BINGO	RL T
8:00	TONIGHT AT THE MOVIES	TH T

3 MUSICAL MATINEE		
9:00	MUSIC ENJOYMENT	RL I
10:00	MID-WEEK NEWS	RL GT
10:00	ROSARY GROUP	A I
10:30	MOVEMENT TO MUSIC	RL T
11:00	SB: FAMILY FEUD	RL GT
11:00	OUTDOOR SPORT GAMES	RL T
12:00	WORD SEARCH/CROSSWORD	RL I
1:00	RIGHT LEFT CENTER	RL GK
2:00	SB: NATIONAL PARKS	RL GK
2:00	MUSICAL MATINEE	TH GT
2:00	SPA MANICURES	L T,GT
3:15	MID-WEEK SOCIAL/GAMES	RL ALL
4:00	SB: WORDS THAT START WITH..	RL T
5:00	CARD GAMES	RL GK
7:00	AFTER DINNER BINGO	RL GK
8:00	MID-WEEK MOVIE	TH GK

4 HAPPY FOURTH OF JULY		
9:00	MUSIC ENJOYMENT	RL I
10:00	WHAT'S IN THE NEWS	RL GT
10:30	LET'S STRETCH & WALK	RL T
11:00	SPA MANICURES	S T
11:00	SB: "AMERICA"	RL GT
11:15	COURTYARD: PUTTING PRACTICE	OC G
12:00	PUZZLE CHALLENGE	RL I
1:00	CARD GAMES	RL L
2:00	SB: HOLIDAY TRIVIA	RL T
2:00	COURTYARD: BOCCIE	TH L
2:00	HOLIDAY CRAFTS WITH "GAB"	OC G
3:15	THURSDAY SOCIAL/GAMES	RL ALL
3:15	MIX & MINGLE SOCIAL/GAMES	RL ALL
4:00	SB: WORD POWER	RL T
5:00	TABLE TALK WITH LAURA	RL L
7:00	BINGO BASH	RL L
8:00	FRIDAY NIGHT MOVIE	TH L

5 BBQ & ENTERTAINMENT		
9:00	MUSIC ENJOYMENT	RL I
10:00	TODAYS NEWS	RL GK
10:30	LET'S STAY FIT & WALK	RL P
11:00	SB: CELEBRITY TRIVIA	RL T
11:00	BOOK DISCUSSIONS	TH GK
11:00	GARDEN GROUP	RL P
12:00	BBQ-ONE SEATING	OC I
1:00	TABLE TALK	RL L
2:00	ENTERTAINMENT WITH "DEBRA TOSCANO"	RL P
3:15	MIX & MINGLE SOCIAL/GAMES	RL ALL
4:00	MASTER MIND TRIVIA	RL GK
5:00	REMINISCENCE: HOLIDAY STORY	RL L
7:00	BINGO BASH	RL L
8:00	FRIDAY NIGHT MOVIE	TH L

6 RECREATION COUNCIL MEETING		
9:00	MUSIC ENJOYMENT	RL T
10:00	RECREATION COUNCIL MEETING	RL AF
10:00	LUTHERAN SERVICE	TH I
10:45	LOW IMPACT EXERCISE/WALK	RL K
11:00	BIOGRAPHY: "YUL BRYNNER"	RL L
11:00	POETRY WITH KAITLYN	EL K
11:15	GOLF WITH GALE	RL G
11:45	PUZZLES OF THE DAY	RL I
1:00	CONCENTRATION CARD GAME	RL T
2:00	SATURDAY AT THE MOVIES	TH T
2:00	CRAFT TIME: JEWELRY	RL L,T
2:00	COURTYARD GAMES	RL G,K
3:15	SATURDAY AFTERNOON SOCIAL	RL ALL
4:00	TABLE TALK	RL L
5:00	YOU BE THE JUDGE	RL T
7:00	WEEKEND BINGO	RL T
8:00	SATURDAY EVENING MOVIE	TH T

7 OPC SINGER/SERVICE		
9:00	MUSIC ENJOYMENT	RL I
10:00	SUNDAY NEWS	RL GT
10:30	BALLOON VOLLEYBALL	RL P
11:00	PRAYER & COMMUNION SERVICE	TH GT
11:00	COMMUNITY STROLL	O P
11:30	PUZZLES/WORD SEARCH	RL I
1:00	KINGS IN THE CORNER	RL K
2:00	OPC SINGER/SERVICE	RL K
2:00	SUNDAY MATINEE	RL GT
2:00	COURTYARD GAMES	OC GT
2:00	SCENIC RIDE	O P
3:15	SUNDAY SOCIAL	RL ALL
4:00	UNO CARD GAME	RL P
5:00	HEADBANDS GAME	RL K
7:00	SUNDAY BINGO	RL K
8:00	MOVIE AT SUNSET	TH K

8 WALMART SHOPPING TRIP		
9:00	MUSIC ENJOYMENT	RL I
10:00	NEWS DISCUSSION	RL P
10:30	FUN WITH WATER COLOR	RL P
10:30	SENIOR FITNESS/WALK	RL GT
11:00	SB: CROSSWORD PUZZLE	RL GT
11:15	PUTTING PRACTICE	EL G
11:45	WORD SEARCH PUZZLES	RL I
1:00	PATRIOTIC SING A LONG	RL GK
2:00	WALMART SHOPPING TRIP	O P,G
2:00	MONDAY MOVIE MATINEE	RL P
2:00	SB: JEOPARDY	RL GT
2:15	COURTYARD: SCUFFLEBOARD	OC GK
3:15	CHAT & SNACK SOCIAL	RL ALL
4:00	SB: WORD POWER	RL P
5:00	HEAD BANDS GAMES	RL GK
7:00	BINGO BLITZ	RL GK
8:00	MOVIES ON MONDAY	TH GK

9 GUEST SPEAKER NURSE MELANIE		
9:00	MUSIC ENJOYMENT	RL I
10:00	NEWSDAY TUESDAY	RL GT
10:30	SIT & FFIT EXERCISE/WALK	RL P
11:00	COURTYARD: RINGTOSS	OC P
11:00	SB: PICK A CATEGORY	RL GT
11:45	INDEPENDENT PUZZLES	RL I
1:00	VETERAN LETTER PROJECT	RL T
2:00	GUEST SPEAKER NURSE MELANIE	TH GT
2:00	"RELIEF STRESS-RELAX"	RL P
2:00	CROCHET/KNITTING CORNER	RL T
2:00	SB: HISTORY OF MOTOWN	RL P
3:15	HAPPY HOUR SOCIAL & GAMES	RL ALL
4:00	SB: HANGMAN	RL P
5:00	SB: TRIVIA TEASERS	RL T
7:00	EVENING BINGO	RL T
8:00	TONIGHT AT THE MOVIES	TH T

10 SPA MANICURES		
9:00	MUSIC ENJOYMENT	RL I
10:00	ROSARY GROUP	A I
10:00	MID-WEEK NEWS	RL GT
10:30	MOVEMENT TO MUSIC/ WALK	RL T
11:00	SB: FAMILY FEUD	RL GT
11:00	COURTYARD: CORN HOLE	OC T
12:30	WORD PUZZLES	RL I
1:00	VETERAN LETTER PROJECT	RL GK
2:00	SB: STATE TREASURES	TH GT
2:00	MUSICAL MATINEE	TH GT
2:15	SPA MANICURES	L T,GT
3:15	MID-WEEK SOCIAL/GAMES	RL ALL
4:00	SB: "DIANA ROSS & THE SUPREMES"	RL T
5:00	POKENO GAME	RL GK
7:00	AFTER DINNER BINGO	RL GK
8:00	MID-WEEK MOVIE	TH GK

11 BOARDWALK OPEN HOUSE BBQ & ENTERTAINMENT		
9:00	MUSIC ENJOYMENT	RL I
10:00	WHATS IN THE NEWS	RL GT
10:00	COME GET SKETCH BY "FACES BY NORM"	EL T,A
10:30	BALLOON VOLLEYBALL	RL T
11:00	SB: CONEY ISLAND FACT OR FICTION	RL GT
11:15	GAMES IN THE COURTYARD	RL I
12:00	BBQ (ONE SEATING)	OC ALL
2:00	ENTERTAINMENT WITH "DJ JAMES"	RL ALL
3:15	THURSDAY SOCIAL/GAMES	RL ALL
4:00	HEADBAND GAME	RL T
5:00	TRIVIA OF THE DAY	RL L
7:00	BINGO FEVER	RL L
8:00	MOVIE NIGHT	TH L

12 NEW RESIDENTS TEA		
9:00	MUSIC ENJOYMENT	RL I
10:00	NEWS OF THE DAY	RL GK
10:00	NEW RESIDENTS TEA	PDRA,J
10:30	LET'S STAY FIT & WALK	RL T
11:00	BOOK DISCUSSIONS	TH GK
11:00	SB: ORIGINS OF.....	TH T
1:00	VETERAN LETTER PROJECT	RL L
2:00	MEN'S MOVIE MATINEE	TH GK
2:00	ACRYLIC PAINTING	RL L
2:15	COURTYARD GAMES	OC GK
2:00	DOLLAR STORE TRIP	O T,M
3:15	MIX & MINGLE SOCIAL/GAMES	RL ALL
4:00	UNO CARD GAME	RL GK
5:00	THOSE WERE THE DAYS..	RL L
7:00	BINGO BASH	RL L
8:00	FRIDAY NIGHT MOVIE	TH L

13 CREATIVE CRAFTS		
9:00	MUSIC ENJOYMENT	RL I
10:00	VIEWS ON THE NEWS	RL L
10:00	LUTHERAN SERVICE	TH I
10:30	LOW IMPACT EXERCISE/WALK	RL L
11:00	BIOGRAPHY: "GRETA GARBO"	RL L
11:00	POETRY WITH KAITLYN	EL K
11:15	BEAN BAG TOSS WITH GALE	RL G
1:00	UNO CARD GAME	RL T
2:00	CREATIVE CRAFTS	RL L,K
2:00	SATURDAY AT THE MOVIES	TH T
2:00	COURTYARD GAMES	OC G,T
3:15	SATURDAY AFTERNOON SOCIAL	RL ALL
4:00	RIGHT LEFT CENTER GAME	RL L
5:00	CARD/BOARD GAMES	RL T
7:00	WEEKEND BINGO	ALL T
8:00	SATURDAY EVENING MOVIE	TH T

14 COURTYARD GAMES		
9:00	MUSIC ENJOYMENT	RL I
10:00	SUNDAY NEWS	RL GT
11:00	PRAYER & COMMUNION SERVICE	TH GT
11:45	PUZZLES/WORD SEARCH	RL I
1:00	TABLE GAMES	RL K
2:00	SUNDAY MOVIE	TH K
2:00	SB: WHO WANTS TO BE A MILLIONAIRE	RL GT
2:15	COURTYARD GAME: SHUFFLEBOARD	OC K
3:15	SUNDAY SOCIAL	RL ALL
4:00	TABLE GAMES	RL I
5:00	HEADBANDS	RL K
7:00	SUNDAY BINGO	RL K
8:00	MOVIE AT SUNSET	TH K

15 VETERAN LETTER PROJECT		
9:00	MUSIC ENJOYMENT	RL I
10:00	NEWS DISCUSSION	RL M
10:30	SENIOR FITNESS/WALK	RL GT
10:30	FUN WITH WATERCOLOR	RL GT
11:00	SB: HISTORY OF...	RL M
11:15	GOLF PUTTING WITH GALE	RL G
11:45	WORD PUZZLES	RL I
1:00	VETERAN LETTER PROJECT	RL GK
2:00	MONDAY MOVIE MATINEE	TH GK
2:00	SPA MANICURES	S M,GK
2:00	SB: JEOPARDY	RL GT
2:00	COURTYARD GAMES	OC G
3:15	CHAT & SNACK SOCIAL	RL ALL
4:00	WACKY WORD POWER	RL M
5:00	GARDEN CLUB	OC GK
7:00	BINGO BLITZ	RL GK
8:00	MOVIES ON MONDAY	TH GK

16 COUNCIL MEETINGS		
9:00	MUSIC ENJOYMENT	RL I
10:00	NEWSDAY TUESDAY	RL GT
10:30	SIT & FIT EXERCISE.WALK	RL M
11:00	SB: LONG ISLAND FAMOUS FOLKS	RL GT
11:30	WORD SEARCH/CROSSWORD	RL I
1:00	VETERAN LETTER PROJECT	OC M
2:00	SPA MANICURES	L T,M
2:00	CROCHET/KNITTING CORNER	RL T
2:00	SB: CROSSWORD PUZZLE	TH GT
2:00	RESIDENT COUNCIL MEETING	TH I
2:30	FOOD COUNCIL MEETING	TH I
3:15	HAPPY HOUR SOCIAL & GAMES	RL ALL
4:00	TRIVIA TEASERS	RL P
5:00	LEFT RIGHT CENTER GAME	RL T
7:00	EVENING BINGO	RL T
8:00	TONIGHT AT THE MOVIES	TH T

17 MEN'S FISHING TRIP WITH JOHN		
9:00	MUSIC ENJOYMENT	RL I
10:00	ROSARY GROUP	L I
10:00	MEN'S FISHING TRIP WITH JOHN	OC J,K
10:00	TODAYS NEWS	RL GT
10:30	CHAIR FITNESS/WALK	RL T
11:00	SB: FICTIONAL STORIES/MYTHS	RL GT
11:00	COURTYARD GAME: CORNHOLE	OC T
1:00	VETERAN LETTER PROJECT	RL GK
2:00	MUSICAL MATINEE	TH GT
2:00	SB: 50TH ANNIVERSARY MOON LANDING	OC GK
2:00	COURTYARD CROQUET	OC T,GT
3:15	MID- WEEK SOCIAL/GAMES	RL ALL
4:00	SB: WORD POWER	RL T
5:00	SB: FUN FACTS	RL GK
7:00	AFTER DINNER BINGO	RL GK
8:00	MID-CRUISE MOVIE	TH GK

18 MOONCHASER LUNCH CRUISE		
9:00	MUSIC ENJOYMENT	RL I
10:00	WHAT'S IN THE NEWS	RL GT
10:30	LET'S STRETCH & WALK	RL T
11:00	SB: "MYSTERIES & MYTHS"	RL T
11:15	OUTDOOR GAMES	EL G
11:30	MOONCHASER LUNCH CRUISE	O L,A
11:45	WORD SEARCH PUZZLE	RL I
1:00	VETERAN LETTER PROJECT	RL I
2:00	COURTYARD SCHUFFLEBOARD	OC G
2:00	SB: WORDS IN WORDS	RL GT
3:00	VET'S CHAT WITH "PAT"	TH I
3:15	THURSDAY SOCIAL/GAMES	RL ALL
5:00	POKENO GAME	RL L
7:00	BINGO FEVER	RL L
8:00	UNDER THE STARS MOVIE	TH L

19 BBQ(ONE SEATING)		
9:00	MUSIC ENJOYMENT	RL I
10:00	TODAY'S NEWS	RL GK
10:30	LET'S STAY FIT & WALK	RL P
11:00	BOOK DISCUSSIONS	TH GK
11:00	GARDEN CLUB	RL P
11:00	SB: CELEBRITY TRIVIA	RL T
12:00	BBQ (ONE SEATING)	OC I
1:00	KINGS IN THE CORNER	RL L
2:00	MEN'S MOVIE MATINEE	TH T
2:00	DOLLAR STORE TRIP	RL T,GK
2:00	SING A LONG	RL L
2:00	COURTYARD GAMES	OC P
3:15	MIX & MINGLE SOCIAL/GAMES	RL I
4:00	HEADBANDS GAME	RL GK
5:00	TRIVIA WITH LAURA	RL L
7:00	BINGO FEVER	RL L
8:00	FRIDAY NIGHT MOVIE	TH L

20 CRAFTS WITH MICHELE		
9:00	MUSIC ENJOYMENT	RL I
10:00	LUTHERAN SERVICE	TH I
10:00	VIEW ON THE NEWS	RL L
10:30	LOW IMPACT EXERCISE/WALK	RL K
11:00	BIOGRAPHY: "JESSINA TANDY"	RL L
11:00	COURTYARD CORNHOLE	OC G
11:45	WORD SEARCH PUZZLES	RL I
1:00	PUZZLES OF THE DAY	RL I
2:00	SATURDAY AT THE MOVIES	TH K
2:00	CRAFTS WITH MICHELE	RL L,T
2:00	COURTYARD: SHUFFLEBOARD	OC K
3:15	ICE CREAM SUNDAY SOCIAL	RL ALL
4:00	TABLE GAMES	RL I
5:00	REMINISCENCE	RL T
7:00	WEEKEND BINGO	EL T
8:00	SATURDAY EVENING MOVIE	TH T

21 SUNDAY RIDE		
9:00	MUSIC ENJOYMENT	RL I
10:00	SUNDAY NEWS	RL GT
10:30	BALLOON VOLLEYBALL	RL P
10:30	COMMUNITY STROLL	O P
11:00	PRAYER & COMMUNION SERVICE	TH GT
11:00	PUTTING WITH PAT	RL P
11:45	PUZZLE CHALLENGE	RL I
1:00	TABLE GAMES	RL K
2:00	SUNDAY MOVIE	TH K
2:00	SUNDAY RIDE	O P
2:00	SB: AMUSEMENT PARKS	TH GT
2:15	COURTYARD CROQUET	OC K
3:15	SUNDAY SOCIAL/GAMES	RL ALL
4:00	SB: WORD POWER	RL P
5:00	CARD GAMES	RL K
7:00	SUNDAY BINGO	RL K
8:00	MOVIE AT SUNSET	TH K