

April 2019

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

RECREATION CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Happy Easter</i></p>  <p><i>Happy Passover</i></p> <p>1 MONDAY MORNING WORKOUT T M 10:00 GAME SHOW HOUR I M 10:00 PET THERAPY WITH CLARE V CM 10:15 TRIP TO SHOP RITE, BANKS, P.O. T/A O 10:15 HOROSCOPES/THIS DATE IN HISTORY Z LO 11:15 WORD GAMES L LO 1:15 AFTERNOON BINGO L A 1:15 P.M. MANICURES T B 2:15 COOKING CLUB L B 2:15 LITERARY CLUB T A 3:00 COOKING CLUB HOSTED AFTERNOON SOCIAL RS B 3:30 CANASTA CARD CLUB I A 4:00 GARDEN CLUB K B 4:00 DISCO DANCE PARTY RS LO 6:00 EVENING BINGO L A 7:00 MONDAY EVENING MOVIE L M</p>	<p>2 FITNESS FUN T M 10:00 GAME SHOW HOUR I M 10:15 HOROSCOPES/THIS DAY IN HISTORY T LO 10:30 RESIDENT COUNCIL B M 11:00 FOOD COUNCIL I M 11:00 HOSPITALITY VISITS J CM 11:15 TRIVIA TUESDAY L LO 1:15 TRIP TO WALGREENS T/J O 1:15 AFTERNOON BINGO L A 1:15 INDEPENDENT TABLE GAMES I B 2:00 WII BOWLING L M 3:00 TUESDAY AFTERNOON SOCIAL RS B 3:30 PENNY POKER I A 4:15 PICTONARY J LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>3 WORKOUT WEDNESDAY T M 9:30 ART EXPRESSIONS WITH CHRIS T B 10:00 CHRISTIAN SERVICE WITH PASTOR RIVERA V M 11:00 MANICURES L B 11:15 WORD WIZARDS J LO 1:15 TRIP TO MACYS T/O 1:15 AFTERNOON BINGO L A 1:15 INDEPENDENT TABLE GAMES I B 2:15 HOLE IN ONE GOLF L LO 3:00 SPRING AFTERNOON SOCIAL RS B 3:30 MAHJONG MEETUP I A 3:45 BRETTON WOODS GRANDFRIENDS READING PROGRAM K/A DR 4:15 ACTIVITY PLANNING MEETING M LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>4 BREAKFAST TRIP TO IHOP T/K O 9:30 YOGA WITH BONNIE V LO 10:00 INDEPENDENT TABLE ACTIVITIES I B 10:00 PET THERAPY W/CLAIRE V LO 10:15 HOROSCOPES/THIS DAY IN HISTORY T LO 11:15 WHEEL OF FORTUNE J LO 1:15 AFTERNOON BINGO J A 1:15 INDEPENDENT TABLE GAMES I B 2:00 ARBORS CHEF'S TASTING I W 2:15 SUDUKO WITH JOSEPHINE J LO 2:30 FOREST BROOK GRANDFRIENDS ACTIVITY T/L O 3:00 ALMOST FRIDAY AFTERNOON SOCIAL RS LO 4:15 FAMOUS FACES J LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>5 FITNESS FRIDAY A M 9:30 PRIVATE PRAYER AND COMMUNION V M 10:15 ROSARY GROUP A M 10:15 HOROSCOPES/THIS DAY IN HISTORY C LO 10:45 WORD LADDERS C LO 10:45 "FAITH SHARING" GROUP MEETING TH M 11:15 FAMOUS PLACES C LO 1:15 AFTERNOON BINGO Z A 1:15 YARN CLUB A LO 2:15 BALLOON VOLLEY Z LO 3:00 CHEF'S CHOICE SOCIAL RS B 3:45 COMPUTER INSTRUCTION WITH KATIE C LO 4:00 FEEL GOOD STORIES WITH IZAAH Z LO 4:30 SHABBAT SERVICE A A 6:00 EVENING BINGO A A 7:00 TWILIGHT THEATER A M</p>	<p>6 SATURDAY STRETCH Z M 10:00 MEN'S CLUB I M DOCUMENTARY THE MEN WHO BUILT AMERICA PART I 10:15 HOROSCOPES/THIS DAY IN HISTORY Z LO AND THIS WEEK IN REVIEW 10:30 COFFEE CAFE SOCIAL Z B 11:15 LIST IT J LO 1:15 SATURDAY BINGO J A 2:00 INDEPENDENT TABLE GAMES I B 3:00 ICE CREAM SOCIAL RS B 4:00 WII BOWLING Z M 4:15 BULLETIN BOARD TRIVIA J LO 6:00 EVENING BINGO J A 7:00 SATURDAY NIGHT AT THE MOVIES J M</p>	
<p>7 FAMILY FUN DAY 9:30 SUNDAY FITNESS K LO 10:15 ST. THOMAS MORE CHURCH K O 10:15 INDEPENDENT TABLE GAMES I B 10:30 HOROSCOPES/THIS DATE IN HISTORY AND CURRENT EVENTS Z LO 11:15 WORD SCRAMBLE Z LO 1:00 HOLIDAY EVENT WITH MUSIC BY JOEY D. RS LO 1:30 EASTER EGG HUNT HOLIDAY CRAFT PICTURES WITH THE EASTER BUNNY FACE PAINTING 3:00 CUPCAKE SOCIAL RS B 4:15 JEOPARDY L LO 6:00 EVENING BINGO L A 7:00 SUNDAY NIGHT AT THE MOVIES L M</p>	<p>8 SILVER SNEAKERS ZUMBA WITH LAURA V M 9:30 PET THERAPY WITH CLARE V CM 10:00 GAME SHOW HOUR I M 10:15 TRIP TO STOP AND SHOP T/A O 10:15 HOROSCOPES/THIS DATE IN HISTORY Z LO 11:15 WORD GAMES L LO 1:15 AFTERNOON BINGO L A 1:15 P.M. MANICURES T B 2:15 IN THE KITCHEN CLUB L B 2:15 LITERARY CLUB T A 3:00 COOKING CLUB HOSTED AFTERNOON SOCIAL RS B 3:30 PIANO MUSIC WITH JOHN I LO 3:30 CANASTA CARD CLUB I A 4:00 GARDEN CLUB K B 4:00 DISCO DANCE PARTY RS LO 6:00 EVENING BINGO L A 7:00 MONDAY EVENING MOVIE L M</p>	<p>9 FITNESS FUN T M 10:00 GAME SHOW HOUR I M 10:15 HOROSCOPES/THIS DAY IN HISTORY T LO 11:00 HOSPITALITY VISITS J CM 11:15 TRIVIA TUESDAY L LO 1:15 WALMART T/L O 1:15 AFTERNOON BINGO J A 1:15 INDEPENDENT TABLE GAMES I B 2:00 WII BOWLING J M 3:00 TUESDAY AFTERNOON SOCIAL RS B 3:30 PENNY POKER I A 4:15 PICTONARY J LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>10 WORKOUT WEDNESDAY T M 9:30 DEAR TAMI/HOROSCOPES AND MORE T CM 10:15 TAMI'S CRAFT CORNER T B 11:00 MANICURES L B 11:15 WORD WIZARDS J LO 1:00 TRIP TO THE MOVIES T/O 1:15 AFTERNOON BINGO L A 1:15 INDEPENDENT TABLE GAMES I B 2:15 HOLE IN ONE GOLF L LO 3:00 SPRING AFTERNOON SOCIAL RS B 3:30 MAHJONG MEETUP I A 3:45 BRETTON WOODS GRANDFRIENDS READING PROGRAM K/A DR 4:15 COMMONYMS J LO 5:15 TRIP TO HAUPPAUGE HIGH SCHOOL ANNUAL SENIOR RECOGNITION DINNER M/B O 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>11 THURSDAY MORNING BOOTCAMP T M 10:00 INDEPENDENT TABLE ACTIVITIES I B 10:00 PET THERAPY W/CLAIRE V LO 10:15 HOROSCOPES/THIS DAY IN HISTORY T LO 11:15 WHEEL OF FORTUNE J LO 11:30 LUNCH TRIP TO GASHO OF JAPAN A/L B 1:15 AFTERNOON BINGO J A 1:15 INDEPENDENT TABLE GAMES I B 2:00 ARBORS CHEF'S TASTING I W 2:15 SUDUKO WITH JOSEPHINE J LO 3:00 ARBORS ANNUAL SPRING FLING MUSIC BY WYNN RS LO 4:15 FAMOUS FACES J LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>12 FITNESS FRIDAY A M 9:30 PRIVATE PRAYER AND COMMUNION V M 10:15 ROSARY GROUP A M 10:15 HOROSCOPES/THIS DAY IN HISTORY C LO 10:45 WORD LADDERS C LO 10:45 "FAITH SHARING" GROUP MEETING TH M 11:15 FAMOUS PLACES C LO 1:15 AFTERNOON BINGO Z A 1:15 YARN CLUB A LO 2:15 BALLOON VOLLEY Z LO 3:00 CHEF'S CHOICE SOCIAL RS B 3:45 COMPUTER INSTRUCTION WITH KATIE C LO 4:00 FEEL GOOD STORIES WITH IZAAH Z LO 4:30 SHABBAT SERVICE A A 6:00 EVENING BINGO A A 7:00 TWILIGHT THEATER A M</p>	<p>13 SATURDAY STRETCH Z M 10:00 MEN'S CLUB I M DOCUMENTARY THE MEN WHO BUILT AMERICA PART 2 10:15 HOROSCOPES/THIS DAY IN HISTORY AND THIS WEEK IN REVIEW Z LO 10:30 COFFEE CAFE SOCIAL Z B 11:15 LIST IT J LO 1:15 SATURDAY BINGO J A 2:00 APRIL IN PARIS ART SHOW CELEBRATING ART AND THE ARTS AFTER SHOW RECEPTION RS B 3:00 WII BOWLING Z M 4:15 BULLETIN BOARD TRIVIA J LO 6:00 EVENING BINGO J A 7:00 SATURDAY NIGHT AT THE MOVIES J M</p>
<p>14 PALM SUNDAY 9:30 SUNDAY FITNESS K LO 10:15 ST. THOMAS MORE CHURCH K O 10:15 INDEPENDENT TABLE GAMES I B 10:30 HOROSCOPES/THIS DATE IN HISTORY AND CURRENT EVENTS L LO 11:15 WORD SCRAMBLE L LO 1:15 TRIP TO CONNETQUOT LIBRARY JERRY COSTANZA AND HIS SWING CITY BAND K/Z O 1:15 SUNDAY BINGO T A 2:15 TRUE OR FALSE T LO 3:00 SUNDAY SOCIAL RS B 4:15 JEOPARDY L LO 6:00 EVENING BINGO L A 7:00 SUNDAY NIGHT AT THE MOVIES L M</p>	<p>15 MONDAY MORNING WORKOUT T M 10:00 PET THERAPY WITH CLARE V CM 10:00 GAME SHOW HOUR I M 10:15 TRIP TO SHOP RITE, BANKS, P.O. T/A O 10:15 HOROSCOPES/THIS DATE IN HISTORY Z LO 11:15 WORD GAMES L LO 1:15 AFTERNOON BINGO L A 1:15 P.M. MANICURES T B 2:15 IN THE KITCHEN CLUB L B 2:15 LITERARY CLUB T A 3:00 COOKING CLUB HOSTED SOCIAL RS B 3:30 CANASTA CARD CLUB I A 4:00 GARDEN CLUB K B 4:00 DISCO DANCE PARTY RS LO 6:00 EVENING BINGO L A 7:00 MONDAY EVENING MOVIE L M</p>	<p>16 FITNESS FUN T M 10:00 GAME SHOW HOUR I M 10:00 HAUPPAUGE BOOKS ON WHEELS I B 10:15 HOROSCOPES/THIS DAY IN HISTORY T LO 11:00 HOSPITALITY VISITS J CM 11:15 TRIVIA TUESDAY L LO 1:15 DOLLAR TREE T/O 1:15 AFTERNOON BINGO L A 1:15 INDEPENDENT TABLE GAMES I B 2:00 WII BOWLING L B 3:00 TUESDAY MIX N MINGLE RS B 3:30 PENNY POKER I A 4:15 PICTONARY J LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>17 WORKOUT WEDNESDAY T M 9:30 DEAR TAMI/HOROSCOPES & MORE T LO 11:00 MANICURES L B 11:15 WORD WIZARDS J LO 1:15 TRIP TO NAIL SALON T/L O 1:15 AFTERNOON BINGO J A 1:15 INDEPENDENT TABLE GAMES I B 2:15 HOLE IN ONE GOLF J LO 3:00 SPRING AFTERNOON SOCIAL RS B 3:30 MAHJONG MEETUP I A 4:15 COMMONYMS J LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>18 YOGA WITH BONNIE V LO 10:00 INDEPENDENT TABLE GAMES I B 10:00 PET THERAPY W/CLARE V LO 10:15 HOROSCOPES/THIS DAY IN HISTORY T LO 11:15 WHEEL OF FORTUNE J LO 11:30 LUNCH TRIP TO IRISH COFFEE HOUSE T/L O 1:15 AFTERNOON BINGO J A 1:15 INDEPENDENT TABLE GAMES I B 2:00 ARBORS CHEF'S TASTING I W 2:15 SUDUKO WITH JOSEPHINE J LO 3:00 ALMOST FRIDAY AFTERNOON SOCIAL RS LO 4:15 FAMOUS FACES J LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>19 GOOD FRIDAY/PASSOVER BEGINS 9:30 FITNESS FRIDAY A M 9:45 PRIVATE PRAYER AND COMMUNION V M 10:15 ROSARY GROUP A M 10:15 HOROSCOPES/THIS DAY IN HISTORY C LO 10:45 WORD LADDERS C LO 10:45 "FAITH SHARING" GROUP MEETING TH M 11:15 FAMOUS PLACES C LO 1:15 AFTERNOON BINGO Z A 1:15 YARN CLUB A LO 2:15 BALLOON VOLLEY Z LO 3:00 VETS CHAT WITH PAT RS B 3:00 CHEF'S CHOICE SOCIAL V A 3:45 COMPUTER INSTRUCTION WITH KATIE C LO 4:00 FEEL GOOD STORIES WITH IZAAH Z LO 4:30 SHABBAT SERVICE A A 6:00 EVENING BINGO A A 7:00 TWILIGHT THEATER A M</p>	<p>20 SATURDAY STRETCH Z M 10:00 MEN'S CLUB I M DOCUMENTARY THE MEN WHO BUILT AMERICA PART 3 10:15 HOROSCOPES/THIS DAY IN HISTORY AND THIS WEEK IN REVIEW Z LO 10:30 COLORING EASTER EGGS B B 10:30 COFFEE CAFE SOCIAL Z B 11:15 LIST IT J LO 1:15 SATURDAY BINGO J A 2:00 INDEPENDENT TABLE GAMES I B 3:00 ICE CREAM SOCIAL RS B 4:00 WII BOWLING Z M 4:15 BULLETIN BOARD TRIVIA J LO 6:00 EVENING BINGO J A 7:00 SATURDAY NIGHT AT THE MOVIES J M</p>
<p>21 EASTER SUNDAY 9:30 SUNDAY FITNESS K LO 10:15 ST. THOMAS MORE CHURCH K O 10:15 INDEPENDENT TABLE GAMES I B 10:30 HOROSCOPES/THIS DATE IN HISTORY AND CURRENT EVENTS Z LO 11:15 WORD SCRAMBLE Z LO 1:15 OUTBURST Z LO 1:15 SUNDAY BINGO T A 2:15 TRUE OR FALSE Z LO 3:00 EASTER SUNDAY SOCIAL RS LO 4:15 JEOPARDY T LO 6:00 EVENING BINGO L A 7:00 SUNDAY NIGHT AT THE MOVIES L M</p>	<p>22 SILVER SNEAKERS ZUMBA WITH LAURA V M 9:30 PET THERAPY WITH CLARE V CM 10:00 GAME SHOW HOUR I M 10:15 TRIP TO STOP AND SHOP T/A O 10:15 HOROSCOPES/THIS DATE IN HISTORY Z LO 11:15 WORD GAMES L LO 1:15 INDEPENDENT TABLE GAMES I B 1:15 AFTERNOON BINGO L A 1:15 P.M. MANICURES T B 2:15 IN THE KITCHEN CLUB L B 2:15 LITERARY CLUB T A 3:00 COOKING CLUB HOSTED SOCIAL RS B 3:30 CANASTA CARD CLUB I A 4:00 GARDEN CLUB K B 4:00 DISCO DANCE PARTY RS LO 6:00 EVENING BINGO L A 7:00 MONDAY EVENING MOVIE L M</p>	<p>23 FITNESS FUN T M 10:00 GAME SHOW HOUR I M 10:15 HOROSCOPES/THIS DAY IN HISTORY T LO 10:30 PASSOVER SERVICE WITH RABBI ROSENTHAL V A 11:00 HOSPITALITY VISITS J CM 11:15 TRIVIA TUESDAY L LO 1:15 BED BATH AND BEYOND T/O 1:15 AFTERNOON BINGO J A 1:15 INDEPENDENT TABLE GAMES I B 2:00 WII BOWLING J M 3:00 TUESDAY MIX AND MINGLE RS LO 3:30 PENNY POKER I A 4:15 PICTONARY J LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>24 WORKOUT WEDNESDAY T M 9:30 GAME SHOW HOUR I M 10:15 DEAR TAMI/HOROSCOPES & MORE T LO 10:45 KRAFT KORNER T B 11:00 MANICURES J B 11:15 WORD WIZARDS L LO 1:15 TRIP TO JAKES CASINO T/O 1:15 AFTERNOON BINGO L A 1:15 INDEPENDENT TABLE GAMES I B 2:15 HOLE IN ONE GOLF L LO 3:00 SPRING AFTERNOON SOCIAL RS B 3:30 MAHJONG MEETUP I A 4:15 COMMONYMS J M 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>25 THURSDAY MORNING BOOTCAMP T M 10:00 INDEPENDENT TABLE ACTIVITIES I B 10:00 PET THERAPY W/CLARE V LO 10:15 HOROSCOPES/THIS DAY IN HISTORY T LO 11:15 WHEEL OF FORTUNE J LO 11:30 LUNCH TRIP TO PASTRAMI AND FRIENDS T/L O 1:15 AFTERNOON BINGO J A 1:15 INDEPENDENT TABLE GAMES I B 2:00 ARBORS CHEF'S TASTING I W 2:15 SUDUKO WITH JOSEPHINE J LO 3:00 ALMOST FRIDAY AFTERNOON SOCIAL RS B 4:15 FAMOUS FACES J LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>26 FITNESS FRIDAY A M 9:30 PRIVATE PRAYER AND COMMUNION V M 10:15 ROSARY GROUP A M 10:15 HOROSCOPES/THIS DAY IN HISTORY C LO 10:45 WORD LADDERS C LO 10:45 "FAITH SHARING" GROUP MEETING TH M 11:15 FAMOUS PLACES C LO 1:15 AFTERNOON BINGO Z A 1:15 YARN CLUB A LO 2:15 BALLOON VOLLEY Z LO 3:00 WELCOME TO THE ARBORS SOCIAL RS B 3:45 COMPUTER INSTRUCTION WITH KATIE C LO 4:00 FEEL GOOD STORIES WITH IZAAH Z LO 4:30 SHABBAT SERVICE A A 6:00 EVENING BINGO A A 7:00 TWILIGHT THEATER A M</p>	<p>27 SATURDAY STRETCH Z M 10:00 MEN'S CLUB I M DOCUMENTARY THE MEN WHO BUILT AMERICA PART 4 10:15 HOROSCOPES/THIS DAY IN HISTORY AND THIS WEEK IN REVIEW Z LO 10:30 COFFEE CAFE SOCIAL Z B 11:15 LIST IT J LO 1:15 SATURDAY BINGO J A 2:00 INDEPENDENT TABLE GAMES I B 3:00 ICE CREAM SOCIAL RS B 4:00 WII BOWLING Z M 4:15 BULLETIN BOARD TRIVIA J LO 6:00 EVENING BINGO J A 7:00 SATURDAY NIGHT AT THE MOVIES J M</p>
<p>28 SUNDAY FITNESS K LO 10:15 ST. THOMAS MORE CHURCH K O 10:15 INDEPENDENT TABLE GAMES I B 10:30 HOROSCOPES/THIS DATE IN HISTORY AND CURRENT EVENTS Z LO 11:15 WORD SCRAMBLE Z LO 1:15 TRIP TO HAUPPAUGE LIBRARY SWEET LORRAINE DUO K/Z O 1:15 SUNDAY BINGO T A 2:15 TRUE OR FALSE T LO 3:00 SUNDAY SOCIAL RS LO 4:15 TRIVIAL TRIVIA L LO 6:00 EVENING BINGO L A 7:00 SUNDAY NIGHT AT THE MOVIES L M</p>	<p>29 MONDAY MADNESS WORKOUT T M 10:00 PET THERAPY WITH CLARE V CM 10:00 GAME SHOW HOUR I M 10:15 TRIP TO SHOP RITE, BANKS, P.O. T/A O 10:15 HOROSCOPES/THIS DATE IN HISTORY Z LO 11:15 WORD GAMES L LO 1:15 INDEPENDENT TABLE GAMES I B 1:15 AFTERNOON BINGO L A 1:15 P.M. MANICURES T B 2:15 IN THE KITCHEN CLUB L B 2:15 LITERARY CLUB T A 3:00 COOKING CLUB HOSTED SOCIAL RS B 3:30 CANASTA CARD CLUB I A 4:00 GARDEN CLUB K B 4:00 DISCO DANCE PARTY RS LO 6:00 EVENING BINGO L A 7:00 TWILIGHT THEATER L M</p>	<p>30 FITNESS FUN T M 10:00 GAME SHOW HOUR I M 10:15 HOROSCOPES/THIS DAY IN HISTORY T LO 11:00 HOSPITALITY VISITS J CM 11:15 TRIVIA TUESDAY L LO 1:15 TRIP TO WALMART T/O 1:15 INDEPENDENT TABLE GAMES I B 1:15 AFTERNOON BINGO L A 2:00 WII BOWLING L M 3:00 MONTHLY BIRTHDAY PARTY MUSIC BY WYNN RS LO 3:30 PENNY POKER I A 4:15 PICTONARY J LO 6:00 EVENING BINGO J A 7:00 TWILIGHT THEATER J M</p>	<p>DAILY ACTIVITIES 1:00 AFTERNOON MATINEE 1:15 AFTERNOON BINGO 6:00 EVENING BINGO TUESDAY ACTIVITIES 1:15 INDEPENDENT BOARD GAMES</p>	<p>STAFF KEY B - Ann Marie M - Marilyn K - Kerry A - Anne T. T - Tami S - Heather J - Josephine C - Katie L - Michelle TH - Theresa Z - Izaiah I - Independent V - Volunteer RS - Recreation Staff</p> <p>LOCATION KEY O - Outing B - Bistro CO - Courtyard LO - Lobby DR - Dining Room M - Media Room A - Activity Room W - West Side</p>	<p>FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM</p> <p>*All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board.</p> <p>Your Director Ann Marie Brew will be happy to answer any questions you may have regarding this calendar.</p>	