

# September 2017

# The Arbors At ISLANDIA WEST

Tel: 631-582-3600  
www.thearborsassistedliving.com

# RECREATION CALENDAR

## Sunday Monday Tuesday Wednesday Thursday Friday Saturday



**STAFF KEY**  
A=ANNMARIE  
M=MARILYN  
AN=ANDREA  
D=DEBBIE  
TH=THERESA  
T=TRACEY  
E=ERIKA  
J=JASON  
I=INDEPENDENT  
V=VOLUNTEER  
RS=RECREATION STAFF

**LOCATION KEY**  
LV=LIVING ROOM  
L=LOUNGE AREA  
BI=BISTRO  
M=MEDIA ROOM  
LI=LIBRARY  
UP=UPPER PARLOR  
RR=RESIDENT'S ROOM  
3F=3RD FLOOR  
CM=COMMUNITY  
CY=COURTYARD  
DR=DINING ROOM  
ES=EAST SIDE  
S=SALON  
O=OUTING

**FOR YOUR DINING PLEASURE**  
BREAKFAST 8AM  
LUNCH 12NOON  
DINNER 5PM

\*All trips are if weather permits.  
All programs are subject to change.  
All changes will be reflected on the Daily Board.

Your Recreation Director Ann Marie Brew will be happy to answer any questions you may have regarding this calendar.

3	
9:30 MORNING EXERCISE	M M
10:00 WII BOWLING	M M
10:15 <b>ST. THOMAS MORE CHURCH</b>	M O
10:15 HOROSCOPES	T LV
10:30 INDEPENDENT BOARD GAMES	T BI
10:45 CURRENT EVENTS	T LV
1:00 SUNDAY MATINEE	M M
1:00 SPORTS CORNER	I L
12:15 <b>VETERANS APPRECIATION DUCKS BASEBALL GAME &amp; PICNIC LUNCH</b>	M/TO
1:15 AFTERNOON TRIVIA TIME	J LV
3:00 SUNDAY AFTERNOON SOCIAL	RS L
3:30 VIDEO CONCERT: THE BEACH BOYS THE LOST CONCERT 1964	J M
4:15 LET'S REMINISCE	J LV
6:00 VEGAS VIDEO BINGO	J BI
7:00 EVENING MOVIE	J M

4 LABOR DAY	
9:15 HOROSCOPES	M LV
9:30 MUSIC N' MOTION	TH M
10:15 DAILY CHRONICLE	M LV
10:30 WII BOWLING LEAGUE	M M
10:30 ART 101	TH BI
10:45 CATEGORIES	M LV
11:30 IT HAPPENED ON LONG ISLAND	M LV
1:00 AFTERNOON MATINEE	M M
1:15 <b>TRIP TO WALMART</b>	AN/O
1:15 FREE BINGO FOR PRIZES	TH LV
2:30 SPORT-O-RAMA	TH LV
3:00 <b>VETS CHAT WITH PAT</b>	V BI
3:00 AFTERNOON MIX AND MINGLE	RS L
4:15 BOOK CLUB MEETING	AN M
4:15 IN THE CHAT ROOM	M LV
6:00 AFTER DINNER BINGO	AN BI

5	
9:15 HOROSCOPES	M LV
9:30 <b>CHAIR YOGA WITH BONNIE</b>	V M
10:15 VIDEO PRESENTATION THE MEN WHO BUILT AMERICA EPISODE 1	E M
10:30 INDEPENDENT BOARD GAMES	E BI
10:30 COOKING CLUB	M LV
10:45 WHO, WHAT OR WHERE	E LV
12:00 <b>POST LABOR DAY BBQ MUSIC BY JOHNNY</b>	RS CY
1:00 MOVIE MATINEE	M M
1:15 CARD CLUB	M BI
1:15 BUILD A CROSSWORD	E LV
3:00 COOKING CLUB HOSTED SOCIAL	RS L
3:45 WII BOWLING FOR BEGINNERS	E M
4:15 <b>ACTIVITY PLANNING MEETING</b>	A LV
6:00 AFTER DINNER BINGO	E BI
7:00 EVENING MOVIE	E M

6	
9:15 HOROSCOPES	M LV
9:30 WORKOUT WEDNESDAY	E M
10:15 CURRENT EVENTS	E LV
10:30 SPIRITUAL RENEWAL	TH M
10:30 INDEPENDENT BOARD GAMES	E BI
10:45 TIC TAC TOE TRIVIA	E LV
11:15 <b>BBQ AT LAKE RONKONKOMA HOSTED BY VILLAGE OF ISLANDIA</b>	M/AO
1:00 MOVIE MATINEE	AN M
1:15 FREE BINGO FOR PRIZES	AN LV
2:00 <b>TRIP TO BANKS, POST OFFICE, LIBRARY &amp; SHOP RITE</b>	M/E/O
2:30 MUSIC APPRECIATION	TH LV
3:00 SANGRIA SOCIAL	RS L
4:15 <b>CONTINUING ADULT EDUCATION</b>	AN M
4:15 JOKES, RIDDLES AND RHYMES	E LV
6:00 AFTER DINNER BINGO	AN BI
7:00 EVENING MOVIE	AN M

7	
9:15 HOROSCOPES	M LV
9:30 WORKOUT WITH WEIGHTS	M M
10:00 TABLETOP HORSERACING	AN BI
10:15 DAILY CHRONICLE	M LV
10:30 <b>VETERANS' CORNER</b>	TH M
11:00 BUZZ WORD	M LV
11:00 VIDEO DOCUMENTARY - AERIAL AMERICA NORTHERN CALIFORNIA	TH M
11:45 <b>LUNCH TRIP TO MILLERS ALE HOUSE</b>	M/ANO
1:00 MOVIE MATINEE	A M
1:15 INDEPENDENT BOARD GAMES	A BI
1:15 BOGGLE CHALLENGE	T LV
2:30 GLEE CLUB	TH LV
3:00 AFTERNOON MIX AND MINGLE	RS L
3:15 MAHJONG CLUB	AN BI
3:30 WII BOWLING LEAGUE	I M
4:15 REMEMBER BACK WHEN...	T LV
6:00 AFTER DINNER BINGO	T BI
7:00 EVENING MOVIE	T M

8	
9:15 HOROSCOPES	D LV
9:30 EXERCISE BASICS	D M
10:15 PRIVATE PRAYER AND COMMUNION	V M
10:30 CURRENT EVENTS	D LV
10:30 <b>CROCHET CLUB</b>	V UP
10:45 FRIDAY WII BOWLING	I M
10:45 WORD IN A WORD	D LV
1:00 HEROES' WELCOME MATINEE	A M
1:15 CRAZY EIGHTS CLUB	AN BI
1:30 LYRICAL TRIVIA	D LV
3:00 CHEF'S CHOICE SOCIAL	RS L
4:00 SHABBAT SERVICE	AN M
4:15 MUSICAL MUSINGS	D LV
6:00 AFTER DINNER BINGO	AN BI
7:00 EVENING MOVIE	AN M

9	
9:15 HOROSCOPES	AN LV
9:30 WEEK IN REVIEW	AN LV
10:15 SATURDAY MORNING SOCIAL	AN BI
10:15 INDEPENDENT BOARD GAMES	I BI
10:30 MANICURES BY APPOINTMENT	E S
10:30 CHAIR YOGA	AN M
11:15 WII BOWLING PRACTICE	I M
11:15 WHAT WOULD YOU DO?	AN LV
1:00 SATURDAY AFTERNOON MOVIE	AN M
1:15 MANICURES BY APPOINTMENT	E S
1:15 FREE BINGO FOR PRIZES	AN LV
3:00 ICE CREAM SOCIAL	RS L
4:15 LITERARY GROUP	AN M
4:30 20 MIN. TRIVIA	E LV
6:00 AFTER DINNER BINGO	E BI
7:00 SATURDAY NIGHT MOVIE	E M

10 GRANDPARENTS DAY	
8:30 ST. THOMAS MORE CHURCH CHARACTER PANCAKE BREAKFAST	M O
9:30 <b>MAGIC SHOW, BALLOON SCULPTURES FACE PAINTING AND ANIMAL SHOW</b>	RS CY
10:30 INDEPENDENT BOARD GAMES	T BI
1:00 SUNDAY MATINEE	M M
1:00 SPORTS CORNER	I L
1:15 <b>TRIP TO SACHEM LIBRARY BROADWAY SHOWSTOPPERS</b>	T/J O
1:15 AFTERNOON TRIVIA TIME	M LV
3:00 SUNDAY AFTERNOON SOCIAL	RS L
3:30 VIDEO CONCERT: EVENING AT POPS BROADWAY ORIGINALS	M M
4:15 LET'S REMINISCE	M LV
6:00 VEGAS VIDEO BINGO	J BI
7:00 EVENING MOVIE	J M

11 PATRIOT DAY NATIONAL ASSISTED LIVING WEEK FAMILY IS FOREVER 9/11 REMEMBRANCE SERVICE	
9:15 MUSIC N' MOTION	TH LV
10:00 INDEPENDENT BOARD GAMES	E M
10:30 WII BOWLING LEAGUE	E M
10:30 HOROSCOPES	TH LV
10:45 <b>PET THERAPY WITH TOM &amp; FRIENDS</b>	V CM
10:45 ART 101	TH BI
10:45 CATEGORIES	E LV
11:30 IT HAPPENED ON LONG ISLAND	E LV
1:00 AFTERNOON MATINEE	AN M
1:15 FREE BINGO FOR PRIZES	TH LV
2:00 <b>SENIORS VS. JUNIORS TRIVIA</b>	TH LV
2:30 FAMILY SPORT-O-RAMA	TH LV
3:00 AFTERNOON SOCIAL	RS L
4:15 BOOK CLUB MEETING	AN M
4:15 IN THE CHAT ROOM	E LV
6:00 EVENING BINGO	AN BI
7:00 MONDAY MOVIE MADNESS	AN M

12	
9:15 HOROSCOPES	M LV
9:30 SWEATIN TO THE OLDIES	M M
10:15 <b>HAUPPAUGE BOOKS ON WHEELS</b>	I BI
10:15 VIDEO PRESENTATION THE MEN WHO BUILT AMERICA EPISODE 2	E M
10:30 INDEPENDENT BOARD GAMES	E BI
10:30 COOKING CLUB	M LV
10:45 WHO, WHAT, WHERE FAMOUS FAMILIES	E LV
1:00 MOVIE MATINEE	M M
1:15 CARD CLUB	M BI
1:15 BUILD A CROSSWORD	E LV
2:00 <b>FAMILY FEUD</b>	E LV
3:00 <b>FAMILY SOCIAL HOST: COOKING CLUB</b>	RS L
3:45 WII BOWLING FOR BEGINNERS	E M
4:15 TOP TRENDING STORIES	M LV
6:00 AFTER DINNER BINGO	E BI
7:00 EVENING MOVIE	E M

13	
9:15 HOROSCOPES	E LV
9:30 WORKOUT WEDNESDAY	TH M
10:15 CURRENT EVENTS	E LV
10:30 SPIRITUAL RENEWAL	TH M
10:30 INDEPENDENT BOARD GAMES	E BI
10:45 <b>FAMILY TV TRIVIA</b>	E LV
1:00 MOVIE MATINEE	TH M
1:15 <b>TRIP TO WALMART</b>	AN/E/O
1:15 FREE BINGO FOR PRIZES	TH LV
2:30 MUSIC APPRECIATION	TH LV
3:00 <b>FAMILY APPRECIATION SOCIAL AND MUSICAL ENTERTAINMENT CONTINUING ADULT EDUCATION</b>	RS L
4:15 MUSIC OF THE 20'S	AN M
4:15 JOKES, RIDDLES AND RHYMES	E LV
6:00 AFTER DINNER BINGO	AN BI
7:00 EVENING MOVIE	AN M

14	
9:15 HOROSCOPES	M LV
9:30 WORKOUT WITH WEIGHTS	M M
10:00 TABLETOP HORSERACING	AN BI
10:15 DAILY CHRONICLE	M LV
10:30 BUZZ WORD	M LV
11:00 VIDEO DOCUMENTARY - AERIAL AMERICA TEXAS	TH M
11:45 <b>TAKE-IN PIZZA</b>	AN L
1:00 MOVIE MATINEE	A M
1:00 <b>PETLAND DISCOUNTS PRESENTS THE ANIMAL KINGDOM FAMILY</b>	RS CY
2:30 GLEE CLUB	TH LV
3:00 AFTERNOON MIX AND MINGLE	RS L
3:15 MAHJONG CLUB	AN BI
3:30 WII BOWLING LEAGUE	I M
4:15 REMEMBER BACK WHEN...	T LV
6:00 AFTER DINNER BINGO	T BI
7:00 EVENING MOVIE	T M

15	
9:15 HOROSCOPES	D LV
9:30 EXERCISE BASICS	D M
10:15 PRIVATE PRAYER AND COMMUNION	V M
10:30 <b>FAMILY SHADOW BOX CRAFT</b>	A BI
10:30 CURRENT EVENTS	D LV
10:30 <b>CROCHET CLUB</b>	V UP
10:45 FRIDAY WII BOWLING	I M
10:45 WORD IN A WORD	D LV
1:00 HEROES' WELCOME MATINEE	A M
1:15 CRAZY EIGHTS CLUB	AN BI
1:30 <b>OLE FASHION FAMILY SING-A-LONG WITH JIM &amp; FAMILY PORTRAITS</b>	A LV
2:00 WALKER CLINIC	V UP
2:00 LYRICAL TRIVIA	D LV
3:00 CHEF'S CHOICE SOCIAL	RS L
4:00 SHABBAT SERVICE	AN M
4:15 MUSICAL MUSINGS	D LV
6:00 AFTER DINNER BINGO	AN BI
7:00 EVENING MOVIE	AN M

16	
9:15 HOROSCOPES	AN LV
9:30 WEEK IN REVIEW	AN LV
10:00 <b>STILL CRUISING CAR SHOW</b>	A CM
10:15 SATURDAY MORNING SOCIAL	AN BI
10:15 INDEPENDENT BOARD GAMES	I BI
10:30 MANICURES BY APPOINTMENT	E S
10:30 CHAIR YOGA	AN M
11:15 WII BOWLING PRACTICE	I M
11:15 WHAT WOULD YOU DO?	AN LV
1:00 <b>FAMILY MOVIE MATINEE</b>	AN M
1:15 <b>FAMILY FREE BINGO FOR PRIZES</b>	E LV
1:15 AFTER LUNCH BINGO	AN M
3:00 <b>FAMILY ICE CREAM SOCIAL</b>	RS L
4:15 LITERARY GROUP	AN M
4:30 20 MIN. TRIVIA	E LV
6:00 AFTER DINNER BINGO	E BI
7:00 SATURDAY NIGHT MOVIE	E M

17	
9:30 MORNING EXERCISE	M M
10:00 WII BOWLING	M M
10:15 <b>ST. THOMAS MORE CHURCH</b>	M O
10:15 HOROSCOPES	T LV
10:30 INDEPENDENT BOARD GAMES	T BI
10:45 CURRENT EVENTS	T LV
1:00 SUNDAY MATINEE	M M
1:00 SPORTS CORNER	I L
1:15 <b>TRIP TO HAUPPAUGE LIBRARY TRIBUTE TO MIAMI SOUND MACHINE</b>	M/J O
1:15 AFTERNOON TRIVIA TIME	T LV
2:00 <b>HAUPPAUGE H.S. ORCHESTRA</b>	V LV
3:00 SUNDAY AFTERNOON SOCIAL	RS L
3:30 VIDEO CONCERT: 2017 GLORIA ESTEFAN TRIBUTE CONCERT	T M
4:15 LET'S REMINISCE	T LV
6:00 VEGAS VIDEO BINGO	J BI
7:00 EVENING MOVIE	J M

18 BACK TO THE FUTURE 50'S STYLE WEEK	
9:15 HOROSCOPES	M LV
9:30 MUSIC N' MOTION	E M
10:00 INDEPENDENT BOARD GAMES	M BI
10:00 WII BOWLING LEAGUE	E M
10:15 DAILY CHRONICLE	M LV
10:30 ART 101	TH BI
10:45 <b>T.V. JINGLES OF THE 50'S</b>	M LV
11:30 IT HAPPENED ON LONG ISLAND	M LV
1:00 AFTERNOON MATINEE	M M
1:15 <b>TRIP TO COMACK DOLLAR TREE</b>	AN/E/O
1:15 FREE BINGO FOR PRIZES	M LV
2:30 SPORT-O-RAMA	TH LV
3:00 <b>50'S SOCIAL</b>	RS L
4:15 BOOK CLUB MEETING	AN M
4:15 IN THE CHAT ROOM	E LV
6:00 EVENING BINGO	AN BI
7:00 MONDAY MOVIE MADNESS	AN M

19	
9:15 HOROSCOPES	M LV
9:30 CHAIR YOGA WITH BONNIE	V M
10:15 VIDEO PRESENTATION THE MEN WHO BUILT AMERICA EPISODE 3	E M
10:30 INDEPENDENT BOARD GAMES	E BI
10:30 COOKING CLUB	M LV
10:45 WHO, WHAT OR WHERE	E LV
1:00 MOVIE MATINEE	M M
1:15 CARD CLUB	M BI
1:15 BUILD A CROSSWORD	E LV
2:30 <b>50'S STYLE SOCK HOP MUSIC BY BOBBY V.</b>	A LV
3:45 WII BOWLING FOR BEGINNERS	A M
4:15 TOP TRENDING STORIES	M LV
6:00 AFTER DINNER BINGO	E BI
7:00 EVENING MOVIE	E M

20 ROSH HASHANAH	
9:15 HOROSCOPES	M LV
9:30 <b>WORKOUT TO 50'S MUSIC</b>	E M
10:15 CURRENT EVENTS	M LV
10:30 SPIRITUAL RENEWAL	TH M
10:30 INDEPENDENT BOARD GAMES	E BI
10:45 TIC TAC TOE TRIVIA	M LV
1:00 MOVIE MATINEE	M M
1:15 FREE BINGO FOR PRIZES	M LV
1:15 <b>TRIP TO WALMART</b>	M/ANO
2:30 <b>1950'S TOP OF THE CHARTS</b>	TH LV
3:00 SANGRIA SOCIAL	RS L
4:15 <b>CONTINUING ADULT EDUCATION</b>	AN M
4:15 MUSIC OF THE 20'S	AN M
4:15 JOKES, RIDDLES AND RHYMES	E LV
6:00 AFTER DINNER BINGO	AN BI
7:00 EVENING MOVIE	AN M

21	
9:15 HOROSCOPES	M LV
9:30 WORKOUT WITH WEIGHTS	M M
10:00 TABLETOP HORSERACING	AN BI
10:15 DAILY CHRONICLE	M LV
10:30 <b>VETERANS' CORNER</b>	TH M
11:00 BUZZ WORD	M LV
11:00 VIDEO DOCUMENTARY - AERIAL AMERICA NORTHERN CALIFORNIA	TH M
11:00 <b>TRIP TO BELMONT &amp; PICNIC LUNCH</b>	M/ANO
1:00 MOVIE MATINEE	A M
1:15 INDEPENDENT BOARD GAMES	A BI
1:15 BOGGLE CHALLENGE	T LV
2:30 GLEE CLUB	TH LV
3:00 ARBORS BIRTHDAY PARTY	RS L
3:30 WII BOWLING LEAGUE	I M
4:15 REMEMBER BACK WHEN...	T LV
6:00 AFTER DINNER BINGO	T BI
7:00 EVENING MOVIE	T M

22	
9:15 HOROSCOPES	D LV
9:30 EXERCISE BASICS	D M
10:15 PRIVATE PRAYER AND COMMUNION	V M
10:15 <b>ROSH HASHANAH W/RABBI MOSS</b>	V ES
10:30 CURRENT EVENTS	D LV
10:30 <b>CROCHET CLUB</b>	V UP
10:45 FRIDAY WII BOWLING	I M
10:45 WORD IN A WORD	D LV
1:00 HEROES' WELCOME MATINEE	A M
1:15 CRAZY EIGHTS CLUB	AN BI
2:00 LYRICAL TRIVIA	D LV
3:00 CHEF'S CHOICE SOCIAL	RS L
4:00 SHABBAT SERVICE	AN M
4:15 MUSICAL MUSINGS	D LV
6:00 AFTER DINNER BINGO	AN BI
7:00 EVENING MOVIE	AN M

23	
9:15 HOROSCOPES	AN LV
9:30 WEEK IN REVIEW	AN LV
10:15 SATURDAY MORNING SOCIAL	AN BI
10:15 INDEPENDENT BOARD GAMES	I BI
10:30 MANICURES BY APPOINTMENT	E S
10:30 CHAIR YOGA	AN M
11:15 WII BOWLING PRACTICE	I M
11:15 WHAT WOULD YOU DO?	AN LV
1:00 SATURDAY AFTERNOON MOVIE	AN M
1:15 MANICURES BY APPOINTMENT	E S