


September 2017

The Arbors At ISLANDIA EAST

Tel: 631-232-3131
www.thearborsassistedliving.com

RECREATION CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>STAFF KEY A - Anne C - Carol G - Geraldine J - Jan KE - Kerry M - Melissa MI - Michelle T - Tammy W - Wendy V - Volunteer I - Independent E - Everyone</p> <p>LOCATION KEY O - Outing B - Bistro CO - Courtyard LO - Lobby DR - Dining Room M - Media Room A - Activity Room</p>	<p>FOR YOUR DINING PLEASURE BREAKFAST 8AM LUNCH 12NOON DINNER 5PM</p> <p>*All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board.</p> <p>Your Director Jan Seiler will be happy to answer any questions you may have regarding this calendar.</p>			
<p>3 8:30 ST. THOMAS MORE CHURCH KE O 9:30 FITNESS EXPRESS MI M 10:00 WII BOWLING MI M 10:15 CATEGORIES MI LO 11:00 INDEPENDENT BOARD GAMES I B 11:00 LEGENDS IN CONCERT MI M 11:30 TRIP TO DUCKS BASEBALL GAME A O 1:00 SUNDAY AFTERNOON MOVIE MI M 1:15 AFTERNOON BINGO MI A 2:00 CONCIERGE GAME HOUR I C 2:15 WORD SCRAMBLE MI LO 3:00 SUNDAY SOCIAL RS B 4:00 BEAN BAG TOSS A LO 6:00 EVENING BINGO MI A 7:00 SUNDAY EVENING MOVIE MI M</p>	<p>4 LABOR DAY 9:30 MOVE AND GROOVE T M 10:00 PET THERAPY W/ ORLAGH V LO 10:15 INDEPENDENT BOARD GAMES I B 10:00 HOROSCOPES/THIS DATE IN HISTORY KE CY 10:15 FACT OR FICTION T LO 11:00 HEADS UP! T M 1:00 MOVIE MATINEE T M 1:15 AFTER LUNCH BINGO T A 2:00 CONCIERGE GAME HOUR I C 2:00 BAKING CLUB: CARAMEL APPLE SLICES T B 2:15 SCRABBLE GAME T LO 3:00 AFTERNOON SOCIAL RS B 3:30 BOOK CLUB MEETING R A 4:00 DANCE MUSIC A GO GO R B 6:00 B-I-N-G-O R A 7:00 MOVIE NIGHT R M</p>	<p>5 9:30 MORNING YOGA KE M 10:00 FOOD COUNCIL T LO 10:30 RESIDENT COUNCIL MI LO 11:00 BALLOON VOLLEYBALL V B 11:00 TRAVEL SERIES: AUSTRALIA T M 11:15 LEFT, RIGHT, CENTER T B 11:30 HOROSCOPES T M 11:45 BBQ PERFORMANCE BY JOHNNY WHIMPLE RS CY 1:00 INDEPENDENT BOARD GAMES I B 1:15 AFTER LUNCH BINGO MI A 1:15 TRIP TO WALGREENS T/KE LO 2:00 CONCIERGE GAME HOUR I C 2:15 SPELLING BEE CHALLENGE MI LO 3:00 AFTERNOON SOCIAL RS B 4:00 MANICURES T B 4:00 INTRO TO MAH JOGH W/MICHELE T LO 6:00 BINGO FEVER MI A 7:00 TWILIGHT MOVIE MI M</p>	<p>6 9:30 WORKOUT WEDNESDAY W M 10:00 SERVICE WITH PASTOR MIKE W LO 10:00 NEWS & VIEWS T M 11:00 MONTH OF SEPTEMBER TRIVIA W LO 11:00 MELLOW MEDITATION KE A 1:15 AFTER LUNCH BINGO W A 1:15 TRIP TO STOP & SHOP/BANK KE/T O 1:00 BALLOON VOLLEYBALL R LO 2:00 CONCIERGE GAME HOUR I C 2:00 DOG SHOW M M 3:00 HEALTH NUT SOCIAL RS LO 4:00 MEN'S CLUB: INTRODUCTION TO POKER B 4:15 GLEE CLUB W LO 6:00 BINGO BASH R A 7:00 MOVIE NIGHT R M</p>	<p>7 9:30 YOGA WITH BONNIE T M 10:00 PET THERAPY T LO 10:00 COMEDY HOUR T M 10:15 UNO T B 10:30 NEWS AND VIEWS T LO 11:00 HOLLYWOOD BIOGRAPHIES: JERRY LEWIS T M 11:00 TRIP TO FRIENDLY'S KE/T O 11:15 WALKING CLUB MI CY 2:15 BALLOON VOLLEYBALL MI LO 3:00 SOCIAL HOUR RS B 4:00 WII BOWLING MI M 4:15 DANCE PARTY T LO 6:00 BINGO BLITZ MI A 7:00 TWILIGHT MOVIE MI M</p>	<p>8 FASHION 2 GO 9:30 EXERCISE TO THE MUSIC A M 9:45 PRAYER AND COMMUNION A M 10:15 ROSARY GROUP A M 10:30 BRIDGE GAME A B 10:45 "FAITH SHARING" GROUP MEETING TH M 11:15 TRIVIA TIME R LO 1:00 HEROES WELCOME MATINEE R M 1:15 AFTERNOON BINGO R A 1:15 CROCHETING CLUB A B 2:00 CONCIERGE CHEESE AND CRACKER SOIREE I C 2:15 STORIES IN A BAG R LO 3:00 VET'S CHAT WITH PAT A A 3:00 T.G.I. FRIDAY SOCIAL RS B 4:30 SHABBAT SERVICE A M 4:00 BEAN BAG TOSS R LO 6:00 BINGO FUN R A 7:00 EVENING MOVIE R M</p>	<p>9 9:30 EXERCISE CLASS C M 10:00 COFFEE CAFE SOCIAL J C 10:00 NEWS AND VIEWS C B 10:30 TRIVIA CHALLENGE C LO 11:15 HORSE SHOE R CY 1:00 SATURDAY MATINEE R M 1:15 AFTER LUNCH BINGO R A 2:00 CONCIERGE GAME HOUR I C 2:00 FANTASTIC FUN FACTS J LO 3:00 ICE CREAM SOCIAL RS B 3:45 ADULT EDUCATION R M 4:00 INDEPENDENT BOARD GAMES I C 4:00 MANICURES R A 6:00 BINGO MANIA R A 7:00 SATURDAY NIGHT MOVIE R M</p>
<p>10 GRANDPARENTS DAY 8:30 ST. THOMAS MORE CHURCH KE O 9:30 FITNESS EXPRESS MI M 10:00 WII BOWLING MI M 10:00 INDEPENDENT BOARD GAMES I A 10:00 GRANDPARENTS DAY: CHARACTER BREAKFAST, MAGIC SHOW & BALLOON TWISTER KE/A CM 11:00 PARTY PETS ANIMAL SHOW V W 1:00 SUNDAY AFTERNOON MOVIE MI M 1:15 AFTERNOON BINGO MI A 2:00 CONCIERGE GAME HOUR I C 2:15 PICTONARY MI LO 3:00 SUNDAY SOCIAL RS B 4:00 CHARADES MI LO 6:00 EVENING BINGO MI A 7:00 SUNDAY EVENING MOVIE MI M</p>	<p>11 9:30 MOVE AND GROOVE T M 9:30 TRIP TO SHOP RITE/BANK T M 9:30 PET THERAPY W/ ORLAGH A/GO 10:00 INDEPENDENT BOARD GAMES V LO 10:15 9/11 REMEMBRANCE CEREMONY HEADS UP! T B 11:00 MOVIE MATINEE T LO 1:00 TRIP TO DOLLAR TREE T M 1:15 AFTER LUNCH BINGO KE/A O 1:15 CASINO TRIP: JAKES 58 KE/T O 2:00 CONCIERGE GAME HOUR I C 2:15 FAMILY FEUD CHALLENGE R M 3:00 AFTERNOON SOCIAL T LO 3:30 BOOK CLUB MEETING I A 4:00 DANCE MUSIC A GO GO A/R LO 6:00 B-I-N-G-O R A 7:00 MOVIE NIGHT R M</p>	<p>12 9:30 MORNING YOGA KE LO 10:00 HANG MAN T LO 10:00 BALLOON VOLLEYBALL T LO 11:00 HAUPPAUGE BOOKS ON WHEELS V B 11:00 ARTS & CRAFTS: CREATE YOUR FAMILY TREE T M 11:00 LEFT, RIGHT, CENTER MI B 11:30 HOROSCOPES T LO 1:15 AFTER LUNCH BINGO MI A 1:15 CASINO TRIP: JAKES 58 KE/T O 2:00 CONCIERGE GAME HOUR I C 2:30 PENNY AUCTION MI LO 3:15 AFTERNOON SOCIAL RS LO 4:00 MANICURES T B 4:00 INTRO TO MAH JOGH W/MICHELE MI A 6:00 BINGO FEVER MI A 7:00 TWILIGHT MOVIE MI M</p>	<p>13 9:30 WORKOUT WEDNESDAY W M 9:30 AMERICAN ARMOR MUSEUM & LUNCH V M 10:00 SERVICE WITH PASTOR MIKE W M 10:15 DEAR ABBY I B 10:45 HOROSCOPES/THIS DATE IN HISTORY W B 11:00 FAMOUS FACES KE A 1:00 MOVIE MATINEE W M 1:15 AFTER LUNCH BINGO W A 2:00 CONCIERGE GAME HOUR I C 2:15 NAME THAT TUNE W CY 3:00 HEALTH NUT SOCIAL RS B 3:30 MEN'S CLUB: INTRO TO POKER W B 4:00 GLEE CLUB W LO 6:00 BINGO BASH R A 7:00 MOVIE NIGHT R M</p>	<p>14 9:30 SIT AND BE FIT T M 10:00 PET THERAPY T LO 10:00 COMEDY HOUR V M 10:15 SCRABBLE GAME T B 11:00 HOLLYWOOD BIOGRAPHIES: JOHN WAYNE T M 11:15 WALKING CLUB MI M 1:00 AFTERNOON MATINEE MI M 1:00 PETLAND DISCOUNT ANIMAL SHOW RS CY 1:00 TRIVIAL PURSUIT MI LO 1:15 AFTER LUNCH BINGO W LO 2:00 COMPUTER CLUB W A 2:00 CONCIERGE GAME HOUR I C 3:00 SOCIAL HOUR RS B 4:00 WII BOWLING MI M 4:15 DANCE PARTY MI LO 6:00 BINGO BLITZ MI A 7:00 TWILIGHT MOVIE MI M</p>	<p>15 9:30 EXERCISE TO THE MUSIC A M 9:45 PRAYER AND COMMUNION A M 10:15 ROSARY GROUP A M 10:30 BRIDGE GAME A B 10:45 "FAITH SHARING" GROUP MEETING TH M 11:15 TRIVIA TIME R LO 1:00 HEROES WELCOME MATINEE R M 1:15 AFTERNOON BINGO R A 1:15 CROCHETING CLUB R B 2:00 CONCIERGE CHEESE AND CRACKER SOIREE I C 2:30 MUSICAL ENTERTAINMENT FOR THE FAMILY WITH BOBBY G. R LO 3:00 T.G.I. FRIDAY SOCIAL RS B 4:15 SHABBAT SERVICE A LO 4:15 ADULT COLORING CLUB R A 6:00 BINGO FUN R A 7:00 EVENING MOVIE R M</p>	<p>16 9:30 WEEK IN REVIEW C LO 9:30 EXERCISE CLASS C M 10:00 COFFEE CAFE SOCIAL C B 10:00 NEWS AND VIEWS C B 10:30 TRIVIA CHALLENGE C LO 11:15 HORSE SHOE R CY 1:00 SATURDAY MATINEE R M 1:15 FAMILY FUN BINGO R A 2:00 CONCIERGE GAME HOUR I C 2:15 FAMILY TRADITIONS R LO 3:00 ICE CREAM SOCIAL RS B 3:45 ADULT EDUCATION R M 4:00 INDEPENDENT BOARD GAMES I B 4:00 MANICURES R B 6:00 BINGO MANIA R A 7:00 SATURDAY NIGHT MOVIE R M</p>
<p>17 8:30 ST. THOMAS MORE CHURCH KE O 9:30 FITNESS EXPRESS MI M 10:00 WII BOWLING MI M 10:15 INDEPENDENT BOARD GAMES I B 11:00 BALLOON VOLLEYBALL MI LO 11:30 LEGENDS IN CONCERT MI B 1:00 SUNDAY AFTERNOON MOVIE MI M 1:15 TRIP TO DUNKIN DONUTS KE/A O 1:15 AFTERNOON BINGO MI A 2:00 CONCIERGE GAME HOUR I C 2:15 CATEGORIES MI LO 3:00 SUNDAY SOCIAL RS B 4:00 BEAN BAG TOSS A LO 6:00 EVENING BINGO MI A 7:00 SUNDAY EVENING MOVIE MI M</p>	<p>18 9:30 MOVE AND GROOVE T M 9:30 TRIP TO STOP & SHOP/BANK T M 9:30 PET THERAPY W/ ORLAGH A/GO 10:00 INDEPENDENT BOARD GAMES V LO 10:15 HOROSCOPES/THIS DATE IN HISTORY I B 10:00 FACT OR FICTION KE CY 11:00 HEADS UP! T LO 1:00 MOVIE MATINEE T LO 1:00 TRIP TO WALMART T M 1:15 AFTER LUNCH BINGO KE/A O 1:00 CONCIERGE GAME HOUR R A 2:00 BAKING CLUB: BACK TO SCHOOL CUPCAKES I LO 2:15 SCRABBLE WORD GAME T C 3:00 AFTERNOON SOCIAL RS B 3:30 BOOK CLUB MEETING I A 4:00 DANCE MUSIC A GO GO R LO 6:00 B-I-N-G-O R B 7:00 MOVIE NIGHT R M</p>	<p>19 9:30 MORNING YOGA KE M 9:30 HANG MAN T LO 10:30 BALLOON VOLLEYBALL T LO 11:15 LEFT, RIGHT, CENTER T B 11:30 HOROSCOPES KE LO 1:15 AFTER LUNCH BINGO R A 2:00 CONCIERGE GAME HOUR I C 2:00 INDEPENDENT GAMES I B 3:00 50'S SOCK HOP DANCE RS DR 3:00 ICE CREAM SOCIAL RS B 4:00 MANICURES T A 6:00 BINGO FEVER R A 7:00 TWILIGHT MOVIE R M</p>	<p>20 ROSH HASHANAH BEGINS AT SUNDOWN 9:30 WORKOUT WEDNESDAY T M 10:00 SERVICE WITH PASTOR MIKE V M 10:00 NEWS & VIEWS T LO 11:00 MELLOW MEDITATION KE A 11:00 REMINISCE THE GOOD OL'DAYS R LO 1:15 AFTER LUNCH BINGO R A 1:15 NEW MOVIE RELEASE T/KE O 2:00 AFTER LUNCH BINGO T A 2:00 CONCIERGE GAME HOUR I C 2:15 NAME THAT T.V. SHOW RS LO 3:00 HEALTH NUT SOCIAL RS B 3:30 MEN'S CLUB: INTRO TO POKER T B 4:15 GLEE CLUB R A 6:00 BINGO BASH R A 7:00 MOVIE NIGHT R M</p>	<p>21 9:30 SIT AND BE FIT T M 10:00 COMEDY HOUR T M 10:00 PET THERAPY V LO 10:15 SCRABBLE GAME T B 10:30 NEWS AND VIEWS V LO 11:00 OLD DOCK INN T/KE O 11:00 FINISH THE PHRASE MI LO 1:00 AFTERNOON MATINEE MI M 1:15 AFTER LUNCH BINGO MI A 2:00 CONCIERGE GAME HOUR I C 2:15 BALLOON VOLLEYBALL RS LO 3:00 THE ARBORS BIRTHDAY CELEBRATION! RS B 4:00 WII BOWLING T M 4:15 DANCE PARTY MI M 6:00 BINGO BLITZ MI A 7:00 TWILIGHT MOVIE MI M</p>	<p>22 AUTUMN BEGINS/ANOTHER OPTION 9:30 EXERCISE TO THE MUSIC A LO 9:45 PRAYER AND COMMUNION A M 10:15 ROSARY GROUP A M 10:30 BRIDGE GAME A B 10:45 "FAITH SHARING" GROUP MEETING TH A 11:15 TRIVIA TIME R LO 1:00 HEROES WELCOME MATINEE R A 1:00 PET THERAPY WITH DONNA V CM 1:15 AFTERNOON BINGO R A 1:15 CROCHETING CLUB A B 2:00 CONCIERGE CHEESE AND CRACKER SOIREE I C 2:15 STORIES IN A BAG R LO 3:00 T.G.I. FRIDAY SOCIAL RS B 4:15 SHABBAT SERVICE A M 4:15 BEAN BAG TOSS R LO 6:00 BINGO FUN R A 7:00 EVENING MOVIE R M</p>	<p>23 9:30 WEEK IN REVIEW C LO 9:30 EXERCISE CLASS C M 10:00 COFFEE CAFE SOCIAL C B 10:00 NEWS AND VIEWS C M 10:30 TRIVIA CHALLENGE C LO 11:15 HORSE SHOE R CY 1:00 SATURDAY MATINEE R M 1:15 AFTER LUNCH BINGO R A 2:00 CONCIERGE GAME HOUR I C 2:00 PAINT & SIP WITH JAN R LO 3:00 ICE CREAM SOCIAL R B 3:45 ADULT EDUCATION R M 4:00 INDEPENDENT BOARD GAMES I B 4:00 MANICURES R B 6:00 BINGO MANIA R A 7:00 SATURDAY NIGHT MOVIE R M</p>
<p>24 8:30 ST. THOMAS MORE CHURCH KE O 9:30 FITNESS EXPRESS MI M 10:00 WII BOWLING MI M 10:15 INDEPENDENT BOARD GAMES I A 10:45 FILL IN THE BLANKS MI B 11:30 LEGENDS IN CONCERT MI M 1:00 TRIVIAL PURSUIT A LO 1:00 SUNDAY AFTERNOON MOVIE MI M 1:15 AFTERNOON BINGO MI A 2:00 CONCIERGE GAME HOUR I C 2:15 PICTONARY MI LO 3:00 SUNDAY SOCIAL RS B 4:00 CHARADES MI LO 6:00 EVENING BINGO MI A 7:00 SUNDAY EVENING MOVIE MI M</p>	<p>25 9:30 MOVE AND GROOVE T M 9:30 PET THERAPY W/ ORLAGH V LO 10:00 INDEPENDENT BOARD GAMES I B 10:00 TRIP TO SHOPRITE/BANK KE/A O 10:15 WHAT WOULD YOU DO? T CY 11:00 HEADS UP! T LO 1:00 MOVIE MATINEE R M 1:15 AFTER LUNCH BINGO R A 1:15 TRIP TO TARGET KE/A O 2:00 CONCIERGE GAME HOUR I C 2:15 SCRABBLE WORD GAME R LO 2:45 BAKING CLUB: FRENCH ONION DIP & CHIPS T B 3:00 AFTERNOON SOCIAL RS B 3:30 BOOK CLUB MEETING T LO 4:00 DANCE MUSIC A GO GO R/AB 6:00 B-I-N-G-O R D 7:00 MOVIE NIGHT R M</p>	<p>26 9:30 YOGA WITH BONNIE T M 9:30 NEWS AND VIEWS T LO 10:00 HANGMAN T LO 10:30 BALLOON VOLLEYBALL MI LO 11:00 TRAVEL SERIES: GREAT BARRIER REEF T M 11:15 HOROSCOPES/THIS DATE IN HISTORY T B 1:15 AFTER LUNCH BINGO MI A 1:15 TRIP TO SAVERS T LO 2:00 CONCIERGE GAME HOUR I C 2:15 SPELLING BEE CHALLENGE MI LO 3:00 AFTERNOON SOCIAL RS B 4:00 INTRO TO MAH JOGH W/MICHELE T B 6:00 BINGO FEVER MI A 7:00 HOMEMADE POPCORN AND MOVIE SPECIAL: HIDDEN FIGURES MI M</p>	<p>27 9:30 WORKOUT WEDNESDAY T A 10:00 DEAR ABBY T M 10:45 HOROSCOPES/THIS DATE IN HISTORY T B 11:00 MELLOW MEDITATION T LO 11:00 FAMOUS FACES R M 1:15 AFTER LUNCH BINGO R A 2:00 CONCIERGE GAME HOUR I B 2:15 NAME THAT TUNE T LO 3:00 HEALTH NUT SOCIAL RS B 3:30 MEN'S CLUB: INTRO TO POKER T LO 4:15 GLEE CLUB R LO 6:00 BINGO BASH R A 7:00 MOVIE NIGHT R M</p>	<p>28 9:30 SIT AND BE FIT T LO 10:00 COMEDY HOUR T B 10:00 PET THERAPY V LO 10:15 SCRABBLE GAME T B 11:00 HOLLYWOOD BIOGRAPHIES: MARY TYLER MOORE T M 11:00 FINISH THE PHRASE T LO 11:15 WALKING CLUB MI CY 1:00 AFTERNOON MATINEE T LO 1:15 CASINO TRIP: JAKES 58 KE/T O 1:15 AFTER LUNCH BINGO MI A 2:00 CONCIERGE GAME HOUR RS LO 2:00 COMPUTER CLUB T B 3:00 SOCIAL HOUR RS B 4:00 WII BOWLING T M 4:00 CORNHOLE FOR CASH W LO 6:00 BINGO BLITZ MI A 7:00 TWILIGHT MOVIE MI M</p>	<p>29 YOM KIPPUR BEGINS AT SUNDOWN 9:30 EXERCISE TO THE MUSIC A LO 9:45 PRAYER AND COMMUNION A M 10:15 ROSARY GROUP A M 10:30 BRIDGE GAME A B 10:45 "FAITH SHARING" GROUP MEETING TH M 11:15 TRIVIA TIME R LO 1:15 HEROES WELCOME MATINEE R A 1:15 AFTERNOON BINGO R A 1:15 CROCHETING CLUB A B 2:00 CONCIERGE CHEESE AND CRACKER SOIREE I C 2:30 MONTHLY BIRTHDAY PARTY W/ EMILIO R LO 3:00 T.G.I. FRIDAY SOCIAL RS B 4:15 SHABBAT SERVICE A M 4:15 BEAN BAG TOSS R LO 6:00 BINGO FUN R A 7:00 EVENING MOVIE R M</p>	<p>30 9:30 WEEK IN REVIEW C LO 9:30 EXERCISE CLASS C M 10:00 COFFEE CAFE SOCIAL C B 10:00 NEWS AND VIEWS C B 10:30 TRIVIA CHALLENGE C LO 11:15 HORSE SHOE R CY 1:00 SATURDAY MATINEE R M 1:15 AFTER LUNCH BINGO R A 2:00 CONCIERGE GAME HOUR I C 2:15 ARTS & CRAFTS: BIRD PICTURE FRAME R LO 3:00 ICE CREAM SOCIAL RS B 3:45 DOCUMENTARY SERIES R M 4:00 INDEPENDENT BOARD GAMES I B 4:00 MANICURES R B 6:00 BINGO MANIA R A 7:00 SATURDAY NIGHT MOVIE R M</p>