

# November 2017

# The Arbors At ISLANDIA EAST SAFECARE

Tel: 631-232-3131  
www.thearborsassistedliving.com

# RECREATION CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>STAFF KEY</b> K - Kerry A - Anne T - Tami M - Michelle F - Fran H - Heidi HE - Heather J - Josephine TH - Theresa I - Independent V - Volunteer CS - Care Specialist E - Everyone</p> <p><b>LOCATION KEY</b> A - Activity Room DR - Dining Room 2F - Second Floor FL - Family Living Room O - Outing CY - Courtyard</p>	<p><b>FOR YOUR DINING PLEASURE</b> BREAKFAST 8AM LUNCH 12NOON DINNER 5PM</p> <p>*All trips are if weather permits. All programs are subject to change. All changes will be reflected on the Daily Board.</p> <p>Your Director Ann Marie Brew will be happy to answer any questions you may have regarding this calendar.</p>		<p><b>1 ALL SAINTS DAY</b></p> <p>9:30 MORNING EXERCISE F A 10:00 TODAY'S NEWS F A 10:30 MUSICAL SING-A-LONG F A 11:15 HOLE IN ONE K A 11:15 GOT IT CARD GAME F DR 1:15 PARACHUTE FUN T A 1:15 PAINT A PICTURE F DR 2:00 HOLLYWOOD BIOGRAPHIES F A 3:00 EGG CREAM SOCIAL F/K DR 4:00 READING CORNER F A 4:30 DINING ROOM DETAIL CS DR 6:30 GUESS WHO F A</p>	<p><b>2</b></p> <p>9:30 EXERCISE H A 10:00 TODAY'S NEWS H A 10:30 <b>PET THERAPY WITH ORLAGH</b> V A 10:30 TRIVIA BALL TOSS H A 11:15 HANGMAN H A 1:15 BOWLING FOR FUN H A 2:00 LEGENDS IN CONCERT H A 2:30 <b>ZUMBA FOR SENIORS</b> V A 3:00 AFTERNOON SOCIAL H DR 4:00 REMEMBER WHEN? H A 4:30 <b>DINING ROOM DETAIL</b> CS DR 7:00 EVENING MOVIE CS A</p>	<p><b>3</b></p> <p>9:30 FIT FOR LIFE T A 10:00 <b>COMMUNION</b> V A 10:30 BEAN BAG TOSS T A 11:15 FRIDAY DANCE PARTY J A 1:15 SING-A-LONG J A 1:15 CRAFT CORNER T DR 1:15 NAME TEN J A 2:00 HAND MESSAGES AND MANICURES T DR 2:00 <b>MUSIC BY JOE D.</b> J A 3:00 CHEF'S CHOICE SOCIAL T/J DR 4:00 FAMOUS INVENTIONS J A 4:30 <b>DINING ROOM DETAIL</b> T DR 6:30 THE STORY OF US J A 7:00 EVENING MOVIE J A</p>	<p><b>4</b></p> <p>9:30 EXERCISE F A 10:00 TODAY'S NEWS F A 10:30 SING ALONG TIME F A 11:15 WORD FUN J A 11:15 DAILY LIVING ACTIVITIES F DR 1:15 <b>MUSIC THERAPY WITH JOE</b> F/J A 2:00 PENNY ANTE F DR 2:00 TIC TOC TRIVIA J A 3:00 SATURDAY SOCIAL F/J DR 4:15 NAME THAT CELEBRITY F A 6:30 FAMILY TRADITIONS J A 7:00 EARLY BIRD THEATER J A</p>
<p><b>5 DAYLIGHT SAVINGS TIME ENDS</b></p> <p>9:30 MORNING STRETCH AN A 10:00 TODAY'S NEWS AN A 10:15 COFFEE SOCIAL &amp; DISCUSSION AN DR 10:45 BEGINS AND ENDS WITH AN A 11:15 FLOWER ARRANGING M DR 11:15 <b>GLEE CLUB</b> AN A 1:15 ART EXPRESSIONS AN DR 1:15 HOLE IN ONE M A 2:00 HAND MESSAGES &amp; NAILS AN DR 2:00 FINISH THE PHRASE M A 3:00 <b>ICE CREAM SOCIAL</b> AN/MDR 4:15 WHAT'S IN THE BAG? M DR 4:30 <b>DINING ROOM DETAIL</b> AN DR 6:30 REMINISCE WITH ME M A 7:00 NIGHT @ THE MOVIES M A</p>	<p><b>6</b></p> <p>9:30 A.M. EXERCISE T A 10:00 TODAY'S NEWS T A 10:15 <b>PET THERAPY WITH ORLAGH!</b> I A 10:30 SING-A-LONG T A 11:15 REAL TIME BOWLING J A 11:15 COLOR WITH ME H DR 1:15 COOKING CLUB H DR 1:15 CORNHOLE GAME J A 2:00 PUZZLE TIME H DR 2:00 KARAOKE TUNES J A 3:00 AFTERNOON SOCIAL J/H A 4:15 MUSIC &amp; AROMA-THERAPY J DR 4:30 <b>DINING ROOM DETAIL</b> H A 6:30 FAMOUS FACES J A 7:00 EVENING MOVIE J A</p>	<p><b>7</b></p> <p>9:30 EXERCISE F A 10:00 TODAY'S NEWS F A 10:15 <b>TRAVEL CLUB</b> F A 11:15 PARACHUTE FUN J A 11:15 UNO CARD GAME F A 1:15 <b>CHRISTIAN SERVICE</b> F A 1:15 HAND MESSAGES &amp; NAILS J DR 2:00 MUSICAL BINGO F DR 2:00 CATEGORIES J A 3:00 AFTERNOON SOCIAL F/J DR 4:15 TRIVIA FUN F A 4:30 <b>DINING ROOM DETAIL</b> J DR 6:30 TIME SLIPS J A 7:00 EVENING MOVIE J A</p>	<p><b>8</b></p> <p>9:30 <b>EXERCISE IN THE COURTYARD</b> F CY 10:00 TODAY'S NEWS F A 10:30 MUSICAL SING-A-LONG F A 11:30 FINISH THE PHRASE F A 1:15 <b>GLEE CLUB</b> F DR 2:30 <b>HOLLYWOOD BIOGRAPHIES</b> F A 3:00 HEALTH NUT SOCIAL F/CS DR 4:00 AGELESS YOGA F A 4:30 <b>DINING ROOM DETAIL</b> CS DR 6:30 GUESS WHO CS A 7:00 MOVIE NIGHT CS A</p>	<p><b>9</b></p> <p>9:30 EXERCISE H A 10:00 TODAY'S NEWS H A 10:30 <b>PET THERAPY WITH ORLAGH</b> V A 10:30 TRIVIA BALL TOSS H A 11:15 HANGMAN H A 1:15 BOWLING FOR FUN H A 2:00 LEGENDS IN CONCERT H A 3:00 AFTERNOON SOCIAL H DR 4:00 REMEMBER WHEN? H A 4:30 <b>DINING ROOM DETAIL</b> CS DR 7:00 EVENING MOVIE CS A</p>	<p><b>10</b></p> <p>9:30 FIT FOR LIFE T A 10:00 <b>COMMUNION</b> V A 10:30 BEAN BAG TOSS T A 11:15 FRIDAY DANCE PARTY J A 1:15 SING-A-LONG J A 1:15 CRAFT CORNER T DR 1:15 NAME TEN J A 2:00 HAND MESSAGES AND MANICURES T DR 2:00 <b>MUSIC BY WYNN</b> J A 3:00 CHEF'S CHOICE SOCIAL T/J DR 4:00 FAMOUS INVENTIONS J A 4:30 <b>DINING ROOM DETAIL</b> T DR 6:30 THE STORY OF US J A</p>	<p><b>11 VETERANS DAY</b></p> <p>9:30 EXERCISE F A 10:00 TODAY'S NEWS F A 10:30 SING ALONG TIME F A 11:15 WORD FUN J A 11:15 DAILY LIVING ACTIVITIES F DR 1:15 <b>A MUSICAL SALUTE TO VETERANS WITH JOE</b> F/J A 2:15 PENNY ANTE F DR 2:15 TIC TOC TRIVIA J A 3:00 SATURDAY SOCIAL F/J DR 4:15 NAME THAT CELEBRITY F A 6:30 FAMILY TRADITIONS J A 7:00 EARLY BIRD THEATER J A</p>
<p><b>12</b></p> <p>9:30 MORNING STRETCH AN A 10:00 TODAY'S NEWS AN A 10:15 COFFEE SOCIAL &amp; DISCUSSION AN DR 10:45 BEGINS AND ENDS WITH AN A 11:15 FLOWER ARRANGING M DR 11:15 <b>GLEE CLUB</b> AN A 1:15 ART EXPRESSIONS AN DR 1:15 HOLE IN ONE M A 2:00 HAND MESSAGES &amp; NAILS AN DR 2:00 FINISH THE PHRASE M A 3:00 <b>ICE CREAM SOCIAL</b> AN/MDR 4:15 WHAT'S IN THE BAG? M DR 4:30 <b>DINING ROOM DETAIL</b> AN DR 6:30 REMINISCE WITH ME M A 7:00 NIGHT @ THE MOVIES M A</p>	<p><b>13</b></p> <p>9:30 A.M. EXERCISE T A 10:00 TODAY'S NEWS T A 10:15 <b>PET THERAPY WITH ORLAGH!</b> I A 10:30 SING-A-LONG T A 11:15 REAL TIME BOWLING J A 11:15 COLOR WITH ME H DR 1:15 COOKING CLUB H DR 1:15 CORNHOLE GAME J A 2:00 PUZZLE TIME H DR 2:00 KARAOKE TUNES J A 3:00 AFTERNOON SOCIAL J/H A 4:15 MUSIC &amp; AROMA-THERAPY J DR 4:30 <b>DINING ROOM DETAIL</b> H A 6:30 FAMOUS FACES J A 7:00 EVENING MOVIE J A</p>	<p><b>14</b></p> <p>9:30 EXERCISE F A 10:00 TODAY'S NEWS F A 10:15 <b>TRAVEL CLUB</b> F A 11:15 PARACHUTE FUN J A 11:15 UNO CARD GAME F A 1:15 <b>CHRISTIAN SERVICE</b> F A 1:15 HAND MESSAGES &amp; NAILS J DR 2:00 MUSICAL BINGO F DR 2:00 CATEGORIES J A 3:00 AFTERNOON SOCIAL F/J DR 4:15 TRIVIA FUN F A 4:30 <b>DINING ROOM DETAIL</b> J DR 6:30 TIME SLIPS J A 7:00 EVENING MOVIE J A</p>	<p><b>15</b></p> <p>9:30 MORNING EXERCISE F A 10:00 TODAY'S NEWS F A 10:30 MUSICAL SING-A-LONG F A 11:15 HOLE IN ONE K A 11:15 GOT IT CARD GAME F DR 1:15 PARACHUTE FUN T A 1:15 PAINT A PICTURE F DR 2:00 HOLLYWOOD BIOGRAPHIES F A 3:00 EGG CREAM SOCIAL F/K DR 4:00 READING CORNER F A 4:30 <b>DINING ROOM DETAIL</b> CS DR 6:30 GUESS WHO F A 7:00 EVENING MOVIE F A</p>	<p><b>16 OPEN HOUSE</b></p> <p>9:30 EXERCISE H A 10:00 TODAY'S NEWS H A 10:30 <b>PET THERAPY WITH ORLAGH</b> V A 10:30 TRIVIA BALL TOSS H A 11:15 HANGMAN H A 1:15 BOWLING FOR FUN H A 2:00 LEGENDS IN CONCERT H A 2:30 <b>ZUMBA FOR SENIORS</b> V A 3:00 AFTERNOON SOCIAL H DR 4:00 REMEMBER WHEN? H A 4:30 <b>DINING ROOM DETAIL</b> CS DR 7:00 EVENING MOVIE CS A</p>	<p><b>17</b></p> <p>9:30 FIT FOR LIFE T A 10:00 <b>COMMUNION</b> V A 10:30 BEAN BAG TOSS T A 11:15 FRIDAY DANCE PARTY J A 1:15 SING-A-LONG J A 1:15 CRAFT CORNER T DR 1:15 NAME TEN J A 2:00 HAND MESSAGES AND MANICURES T DR 2:00 WORD TIME J A 2:30 <b>PIANO MUSIC WITH JIM</b> T/J DR 3:00 CHEF'S CHOICE SOCIAL T/J DR 4:00 FAMOUS INVENTIONS J A 4:30 <b>DINING ROOM DETAIL</b> T DR 6:30 THE STORY OF US J A 7:00 EVENING MOVIE J A</p>	<p><b>18</b></p> <p>9:30 EXERCISE F A 10:00 TODAY'S NEWS F A 10:30 SING ALONG TIME F A 11:15 WORD FUN J A 11:15 DAILY LIVING ACTIVITIES F DR 1:15 <b>MUSIC THERAPY WITH JOE</b> F/J A 2:00 PENNY ANTE F DR 2:00 TIC TOC TRIVIA J A 3:00 SATURDAY SOCIAL F/J DR 4:15 NAME THAT CELEBRITY F A 6:30 FAMILY TRADITIONS J A 7:00 EARLY BIRD THEATER J A</p>
<p><b>19</b></p> <p>9:30 MORNING STRETCH AN A 10:00 TODAY'S NEWS AN A 10:15 COFFEE SOCIAL &amp; DISCUSSION AN DR 10:45 BEGINS AND ENDS WITH AN A 11:15 FLOWER ARRANGING M DR 11:15 <b>GLEE CLUB</b> AN A 1:15 ART EXPRESSIONS AN DR 1:15 HOLE IN ONE M A 2:00 HAND MESSAGES &amp; NAILS AN DR 2:00 FINISH THE PHRASE M A 3:00 <b>ICE CREAM SOCIAL</b> AN/MDR 4:15 WHAT'S IN THE BAG? M DR 4:30 <b>DINING ROOM DETAIL</b> AN DR 6:30 REMINISCE WITH ME M A 7:00 NIGHT @ THE MOVIES M A</p>	<p><b>20</b></p> <p>9:30 A.M. EXERCISE T A 10:00 TODAY'S NEWS T A 10:15 <b>PET THERAPY WITH ORLAGH!</b> I A 10:30 SING-A-LONG T A 11:15 REAL TIME BOWLING J A 11:15 COLOR WITH ME H DR 1:15 COOKING CLUB H DR 1:15 CORNHOLE GAME J A 2:00 PUZZLE TIME H DR 2:00 KARAOKE TUNES J A 3:00 AFTERNOON SOCIAL J/H A 4:15 MUSIC &amp; AROMA-THERAPY J DR 4:30 <b>DINING ROOM DETAIL</b> H A 6:30 FAMOUS FACES J A 7:00 EVENING MOVIE J A</p>	<p><b>21</b></p> <p>9:30 EXERCISE F A 10:00 TODAY'S NEWS F A 10:15 <b>TRAVEL CLUB</b> F A 11:15 PARACHUTE FUN J A 11:15 UNO CARD GAME F A 1:15 <b>CHRISTIAN SERVICE</b> F A 1:15 HAND MESSAGES &amp; NAILS J DR 2:00 MUSICAL BINGO F DR 2:00 CATEGORIES J A 3:00 AFTERNOON SOCIAL F/J DR 4:15 TRIVIA FUN F A 4:30 <b>DINING ROOM DETAIL</b> J DR 6:30 TIME SLIPS J A 7:00 EVENING MOVIE J A</p>	<p><b>22</b></p> <p>9:30 MORNING EXERCISE F A 10:00 TODAY'S NEWS F A 10:30 MUSICAL SING-A-LONG F A 11:15 HOLE IN ONE K A 11:15 GOT IT CARD GAME F DR 1:15 PARACHUTE FUN T A 1:15 PAINT A PICTURE F DR 2:00 HOLLYWOOD BIOGRAPHIES F A 3:00 EGG CREAM SOCIAL F/K DR 4:00 READING CORNER F A 4:30 <b>DINING ROOM DETAIL</b> CS DR 6:30 GUESS WHO F A 7:00 EVENING MOVIE F A</p>	<p><b>23 HAPPY THANKSGIVING</b></p> <p>9:30 EXERCISE H A 10:00 TODAY'S NEWS H A 10:30 <b>PET THERAPY WITH ORLAGH</b> V A 10:30 TRIVIA BALL TOSS H A 11:15 HANGMAN H A 1:15 BOWLING FOR FUN H A 2:00 LEGENDS IN CONCERT H A 3:00 AFTERNOON SOCIAL H DR 4:00 REMEMBER WHEN? H A 4:30 <b>DINING ROOM DETAIL</b> CS DR 7:00 EVENING MOVIE CS A</p>	<p><b>24</b></p> <p>9:30 FIT FOR LIFE T A 10:00 <b>COMMUNION</b> V A 10:30 BEAN BAG TOSS T A 11:15 FRIDAY DANCE PARTY J A 1:15 SING-A-LONG J A 1:15 CRAFT CORNER T DR 1:15 NAME TEN J A 2:00 HAND MESSAGES AND MANICURES T DR 2:00 <b>MONTHLY BIRTHDAY CELEBRATION WITH RAY LANI</b> J A 3:00 <b>BIRTHDAY CAKE SOCIAL</b> T/J DR 4:00 FAMOUS INVENTIONS J A 4:30 <b>DINING ROOM DETAIL</b> T DR 6:30 THE STORY OF US J A 7:00 EVENING MOVIE J A</p>	<p><b>25</b></p> <p>9:30 EXERCISE F A 10:00 TODAY'S NEWS F A 10:30 SING ALONG TIME F A 11:15 WORD FUN J A 11:15 DAILY LIVING ACTIVITIES F DR 1:15 <b>MUSIC THERAPY WITH JOE</b> F/J A 2:00 PENNY ANTE F DR 2:00 TIC TOC TRIVIA J A 3:00 SATURDAY SOCIAL F/J DR 4:15 NAME THAT CELEBRITY F A 6:30 FAMILY TRADITIONS J A 7:00 EARLY BIRD THEATER J A</p>
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