











Daily Menu Sample

Breakfast

Choice of Juice
Cold Cereal or Fresh Fruit Cup
Scrambled Eggs with Sausage
Toast with Jams and Jellies
Brewed Coffee or Tea



French Onion Soup

&

Caesar Salad Yankee Pot Roast Simmered with Fresh Seasonal Vegetables

Or

Chicken Sante Fe

Both Served with your Choice of Roasted Potatoes or Rice Pilaf & Pencil Thin Asparagus Sautéed in Olive Oil and Garlic

Dessert

Bailey's Irish Crème Cheese Cake with Fresh Whipped Cream Sprinkled with Brown Cinnamon Or

Baked Brownie Delight



Supper

Tomato, Basil Salad, Eggplant Parmesan and Spaghetti with Marinara Sauce, Garlic Bread

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Roast Beef Au Jus on a Warm Freshly Baked Roll

Or

Choose from one of our daily lite & fit selections such as Baked Salmon, Rice Pilaf, Cauliflower/Broccoli

Dessert Strawberry Shortcake